



P O Box 220, Booval Qld 4304
Website: <http://www.ipswichathletics.org.au>

Ph: 0409 754 884

Newsletter

31st January 2022

President's Message: Now that we are about to start school and work including new jobs, I wish you all a very successful and prosperous new year, hopefully it will be better than 2021.

There have been some wonderful performances so far this season, many PB's and I congratulate those who have competed in the recent competitions. An announcement has been made on the **Oceania Area Championships** to be staged in Mackay from 7-11th June 2022, check out the details on their website, extra categories have been added for this major event, don't miss out.

Covid-19 and Omicron restrictions still require everyone who attends a training session to check in on the QR code at the clubhouse and sanitize before training commences. This includes all athletes, parents and coaches. A 1.5m apart rule in place where possible, stay safe.

Just a short note to say that all positions of the Club committee will become vacant as per our constitution at the annual AGM. The AGM will be held in May 2022. I encourage all parents, friends and athletes to nominate for a position at the AGM. Support for these positions will be given to those interested.

Vic

Track & Field Competition

All Track and Field events are now scheduled on the **Queensland Athletics FB page**.

Queensland Athletics Championships (U14 to Open), QSAC, **3rd – 6th March 2022**.

Australian Combined Championships U15-U18 on 12th – 13th February 2022, Sydney.

Australian 3000m Championships on 12th March 2022, Sydney.

Australian Athletics Championships 26th March – 3rd April 2022, Sydney.

Stawell Gift is on Saturday 16th – Monday 18th April 2022, Stawell, Victoria, entries open soon.

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281



Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Ladies Crop Top	\$32.00
Bummers / Bike pants	\$40.00
Singlet	\$30.00
Shorts	\$44.00
Polo – Short Sleeves	\$46.00
Polo – Long Sleeves	\$57.00
Hoodie	\$77.00
Tracksuit Pants	\$72.00
Coach Jacket	\$82.00

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Happy January Birthdays

Lilah Hooper Leah Leembruggen Kylie Fouracre Olivia Hine
Abbey Crocker Charlize Goody Tanya Dalby Aidan Titman
Monique Williams Elli Pedroni Ethan Platen Tamika Ritchie
Thaiday "Ted" Ruben Dalton Schutz Isaac Dundas Darin Coombs
Reagan Wood Isa Bella Snyman Andrew Wheeler

Answer to the Question

The winners of the **December** questions were: *Harsith Rameshkumar & Sarah Mawer*

The correct answer was: **"Lettuce."**

A new question is as follows:

How many times does the letter ' f ' appear in the following text? --begin counting now -- Fancy Fourtiner was of the impression that eighty-six years of history show that scientific research is of the utmost importance in every case of future generations. -- Obviously stop counting.

The **first** club member (who has not won in the past 3 months) to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com



Just a Thought'

I've learned that.... Many people give up just when they are about to achieve success.

Parkrun every Saturday

Some of our families really enjoy the challenge at Limestone Park on a Saturday morning starting at 7am. It is a 5km walk, jog or run depending on your ability, personally I try all three at some stage of the run.

Come on and have a go, it's free and our club is now listed for you to be attached when you register online. That way it means anywhere you go, our club gets publicity when you run at a different Parkrun.

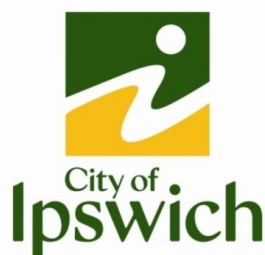
Club Training Nights

Training nights on Monday and Wednesday nights 6.30pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 22nd February 2022** at 7pm. All welcome.



Bremer Chiropractic



Congratulations

A great performance by **Jude Thomas** (19yrs) setting a time of 3.49.20 in the Open 1500m when he ran second at the Zatopek Meet, Lakeside Stadium in Melbourne on 26th January 2022.

Peter Reeves of the renowned "NANCI" running group is Jude's Coach and he is so proud of all his athletes becoming "on the rise" as Peter encourages athletes of all abilities to his group.

Well done.



Jude Thomas is the **Number 6**

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**

