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Website: <http://www.ipswichathletics.org.au>

Newsletter

30th September 2026

PRESIDENT'S MESSAGE

Just a reminder for everyone it is time to renew for current members and register if you are just joining our Club for the new Track & Field season. That way, athletes are eligible to compete when the new club season begins i.e. 1/10/2026.

If in doubt about registering especially for the first time, information is at the clubhouse on training nights – and also become familiar with the QA calendar of events for the 2026-27 season on the QLD Athletics website at www.qldathletics.org.au

It was a pleasure and a highlight for our Club members competing at the ANQ Championships last weekend in Townsville. I am delighted to see a plentiful haul of medals returning to Ipswich and I was so proud having to see the athletes competing and more importantly they had fun.

Congratulations to our Ipswich Sports Awards Finalist, the IDAC is a Sporting Organisation of the year finalist. The awards ceremony will be held on 29/10/2026 at the Ipswich Civic Centre.

Vic

LOOKING AHEAD!

I do know there are PB's being made at some of the track meets and I believe they will have an excellent chance for further improvement whilst training hard with our Club.

There are plenty of important events in the near future. The list is as follows;

1 st Oct – 4 th October 2026	QLD All Schools Athletics Championships, QSAC
3 rd October 2026	QLD 10,000m Championships, QSAC
16 th October 2026	GPS Track & Field, QSAC
28 th October 2026	1500M Classic, UQ St Lucia
31 st October 2026	Gary Brown Shield, SAF, QSAC
7 th November 2026	Pan Pacific Masters Games, Runaway Bay, Gold Coast
14 th November 2026	Benita Willis 5000m & Walk Championships, SAF, QSAC
14 – 15 th November 2026	QLD Relay Championships, SAF, QSAC.
21 st November 2026	Denise Boyd Shield Meet, SAF
28 th November 2026	Benita Willis Shield Meet, SAF
4 th – 6 th December 2026	Australian All Schools Championships, Perth
9 th December 2026	Midweek Shield Meet #1, SAF

Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th October 2026** at 7.30pm.

Just a Thought'

I've learned that.... *The secret of health for both mind and body is not to mourn for the past, not to worry about the future, nor to anticipate troubles, but to live the present moment wisely and earnestly.*

Happy September Birthdays for Club Members

Emily Bolden Marcia Lucero Hansen Clarah Turnbull
Malia Tuli Cohen Pegg Patrica Entwistle Lester Sabijon
Darcy Leadbetter Grayson Pearsall Lemashon Lasiti Isabel Joffe
Alice Ireland Jaizaya Reeve Andrew Wilson Slater Walsh Neve Hellowell
Joanne Molloy Declan Ross Alice Ferrando Tahnee Sparke Tina Schutz
Milla Collett Isabella Turnbull Kelly Heintze James Sedman
Pippa Ellis Isabelle Schodde T/F60 Irene Dobbie **(Life Member)**

Track & Field

All Track and Field events are now scheduled on the **Queensland Athletics website**

Registration for the new 2026-2027 season is now **OPEN**. Members may now renew their registration.

The season runs from 1st October 2026 to 30th September 2027.

All current QA memberships will expire on Tuesday 30th September 2026, so renew now to ensure that your membership remains current.

If you need any assistance with your membership renewal, please contact Queensland Athletics on **07 2111 5135** or email info@qldathletics.org.au

www.qldathletics.org.au

QAL have events scheduled on their website www.qal.org.au

Club Training Nights

Training nights on Monday and Wednesday nights 6.15pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at club meets.**

Points are allocated for each Club meet performance for all Club athletes. These points are then tallied for award presentations of the 2024/25 season.

IDAC Uniform Price List

Ladies Crop Top	\$45.00	Ladies shorts/bike pants	\$57.00
Singlet	\$35.00	Men Shorts	\$52.00
Polo Short Sleeves	\$57.00	Polo Long Sleeves	\$62.00
Hoodie no zip	\$50.00	Hoodie with zip	\$77.00
Leggings	\$67.00	Tracksuit Pants	\$77.00
Coach Jacket	\$82.00		

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Answer to the Question

The winner of the **August** question was **No Correct Answers.**

The correct answer was: **"A Bed."**

A new question is as follows:

I am used to bat with, yet I never get a hit.
I am near a ball, yet I am never thrown.
What am I?

Think carefully!!!

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com



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Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star or Encouragement award. **Please phone Vic on 0409 754 884.**

This year we have finalists Christina Tukuafu and Lily Hanley, the 2026 Sports Star Dinner will be Friday 6th November at 6.30pm, dress smart casual and tickets can be purchased \$45 per person to be paid into IDAC account. RSVP by the 31st October 2026

World One Mile Road Championships, Copenhagen 19/09/2026

It was a fantastic race to watch live running on the streets of Copenhagen, Denmark where our Club Captain Jude Thomas finished 9th in a time of 3.54.92. The Australian teams of both men and women won the Silver medal, congratulations to you all.

It was marvelous to see Jude's dad Michael attend to not only watch his son race but to get some great action photos.



QLD Athletics Awards presentation night 17/09/2026

It was a great night of mixing with like-minded athletes, Coaches, Officials and parents. Our Club finished 3rd in the Cross Country category and 3rd overall T & F, well done to all who participated.



Theresa & Ryan Stolberg

Vic Pascoe

Richard Wood

ANQ Championships, Townsville 25th to 27th September 2026

Having a great team of 6 athletes at these Championships has enhanced our ability to compete with the best anywhere in Australia if not at some international events in the future. The conditions were windy and cold at times. Setting 1 ANQ Record is a testament of an amazing group of athletes.

Isabelle Heeley	14yrs	90m Hurdles	2 nd	17.86	
		Discus	4 th	24.46m	
		Heptathlon	2 nd	2440pts	PB
Sophie Whitfield	14yrs	100m	1 st	12.52	heat 12.82 1 st
		200m	1 st	25.04	Heat 25.00 REC PB
		90m Hurdles	1 st	14.09	PB
		200m Hurdles	1 st	30.04	
		Long Jump	5 th	4.72m	PB
Indiana Platen	18yrs	Javelin	3 rd	25.62m	
		Shot Put	3 rd	7.90m	
Latisha Wilson	19yrs	3000m	1 st	15.01.66	
		800m	2 nd	2.35.29	
Kaiden Heeley	10yrs	100m	4 th	15.28	PB
		60m Hurdles	1 st	11.55	
		750gm Discus	3 rd	16.00m	PB
		Shot Put	1 st	7.06m	PB
		Long Jump	3 rd	3.71m	PB

Sebastien Sills

17yrs

1.5kg Discus
5kg Shot Put

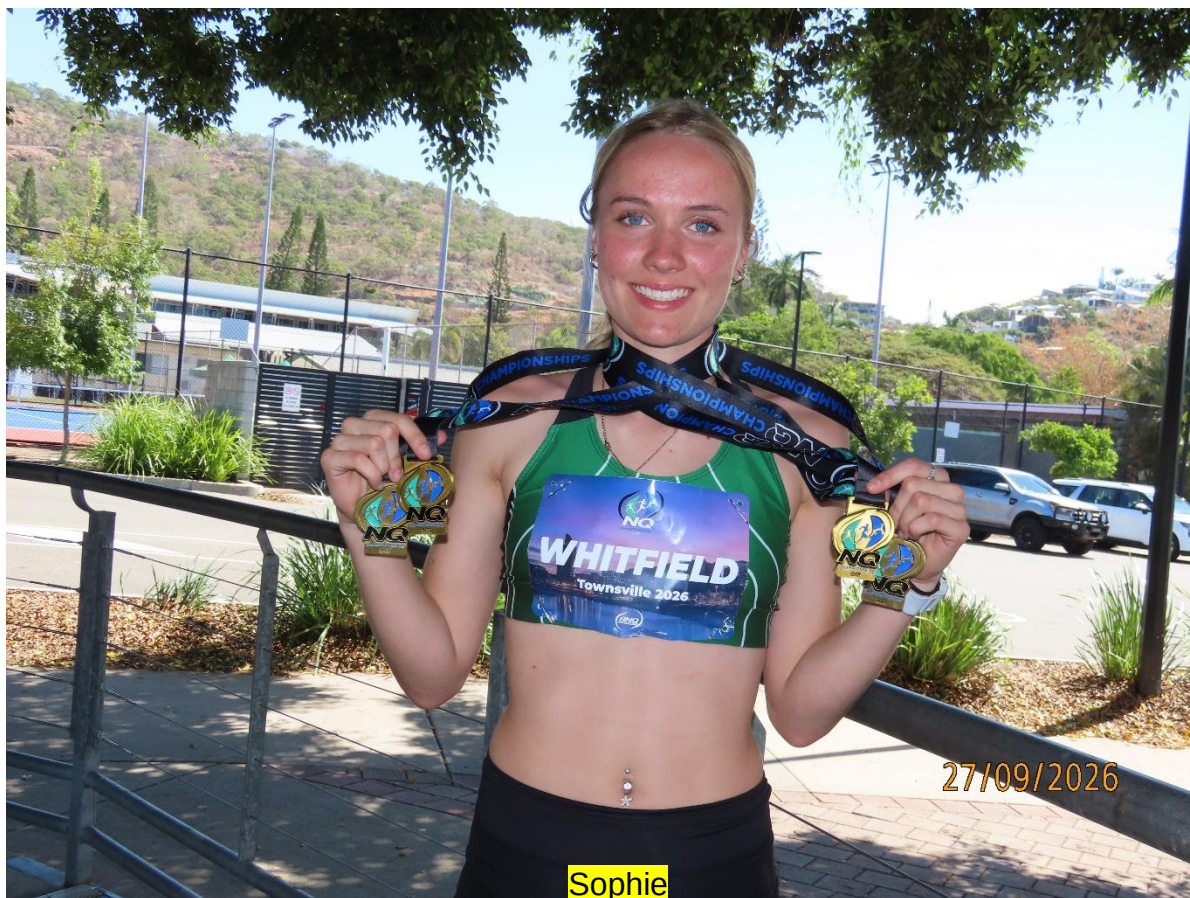
5th
1st

34.39m
13.47m

PB
PB

The ANQ Championships of 2026 has proved to be an opportunity to improve and getting a National qualification.

I have attached a few photos of our amazing athletes and wonderful supporters.



Sophie



Latisha Wilson

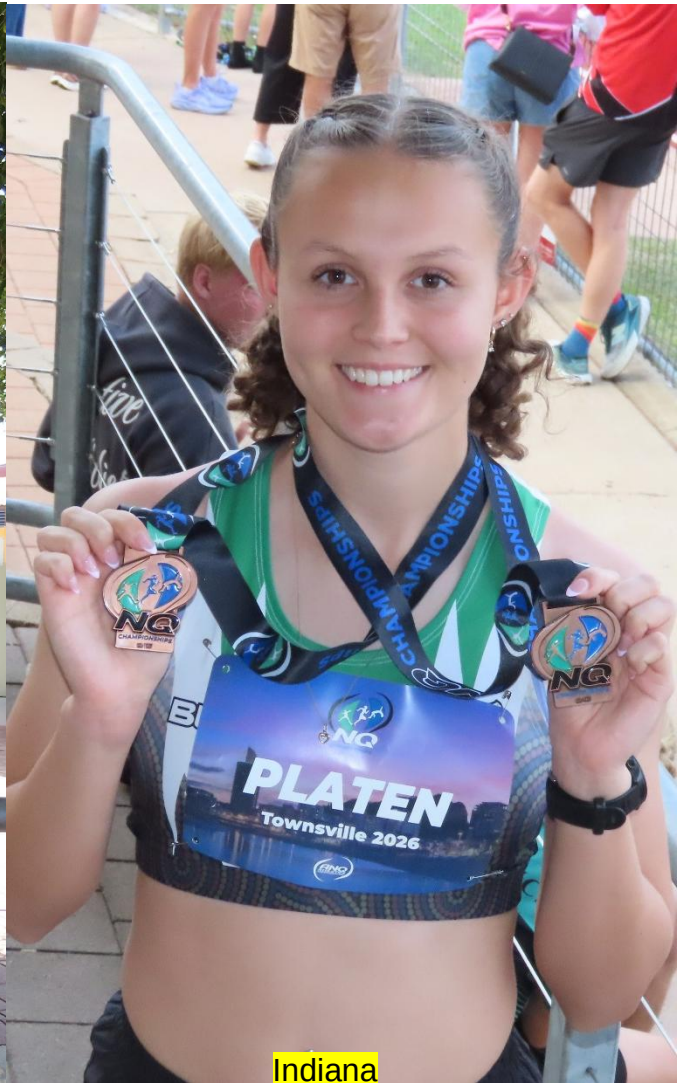


Kaiden

Isabelle



Sebastien



Indiana



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