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Website: <http://www.ipswichathletics.org.au>

Newsletter

29th October 2023

"President's Message":

I really enjoyed watching the 10-19yrs Secondary Schools State Track & Field Championships staged in Brisbane 10th - 15th October 2023. The performance of our athletes was outstanding and the support of the parents was exceptional. Congratulations to all who competed.

This was just a precursor to the QLD All Schools Championships on 2nd - 5th November 2023 where you can gain selection to be in the Queensland All Schools team to compete in Perth during December from 8-10th at the Australian All Schools Championships.

It is worth becoming familiar with the Queensland Athletics website which has the full calendar of events from now until March 2024.

Vic



Committee Notes

Our next Monthly committee meeting is on **Tuesday 28th November 2023** at 7pm. All welcome.

We need parents to put forward ideas for our Christmas breakup party in December, see below for more information.

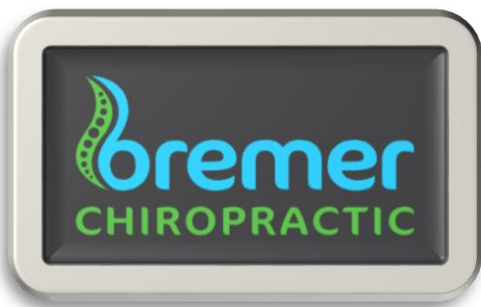
Just a Thought'

I've learned that..... Leave everyone you touch feeling a little brighter.



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281





Congratulations 1st October 2023

Jade Lally at 37yrs has to be admired for her commitment and tenacity as she was delayed by flights making it a 21 hour trip, but just making it to the Athletic Challenge Cup held in the Denka Big Swan Stadium, Nigata Japan was still a winning performance.

Jade threw 58.53m and was pleased with her effort considering the time of the year and her high level of training in strength and conditioning.

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Hair Studio



CLUB REGISTRATION

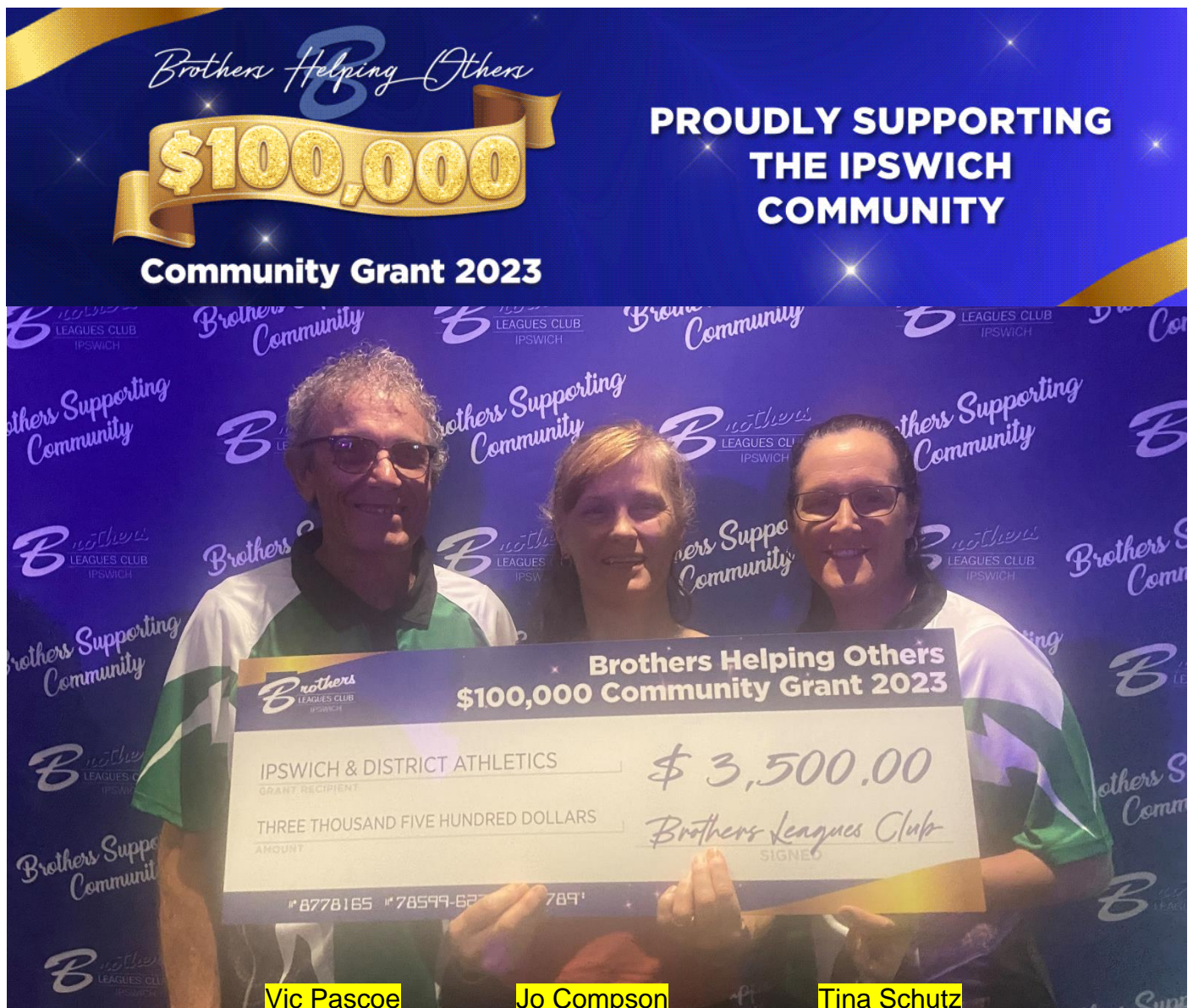
Members may now renew their registration for the **2023 - 2024**.

The season runs from 1st October 2023 to 30th September 2024.

To join/renew your registration, you will have to go online at the **Queensland Athletics website**. If you need any assistance with your membership renewal, please contact Queensland Athletics on 07 2111 5135 or email info@qldathletics.org.au

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au



Many exceptional applications (in excess of 50), inspired the Brothers Leagues Club to increase their contribution to the Ipswich community to a total of \$122,394!

A massive thank you to Brothers Leagues Club for your dedication and commitment to making a positive impact within our community, is truly inspiring. Everyone who joined us had an incredible evening.

Our Club is grateful to have received \$3500.00 for some much needed equipment, a Fridge, First Aid Courses and First Aid Kits.

Committee members Tina Schutz, Jo Compson and myself attended this marvellous night.



The 1500m Classic at UQ St Lucia on Thursday 26th October 2023

Distance athletes were rewarded at this meet where all races were over 1500m including walks. More than 300 competitors participated in dry and wet conditions.

Below is a list of runners in race order with a few photos.

Olive Barrett	12yrs & Under	1500m	Race 1	5.25.55	16 th	PB
Conor Mathewson	12yrs & Under	1500m	Race 1	4.27.62	1st	PB
Gilbert Barrett	12yrs & Under	1500m	Race 1	4.50.23	11 th	
Tyler Rundle	12yrs & Under	1500m	Race 2	5.05.52	6 th	PB
Charlotte Parsons	13-19yrs	1500m	Race 3	4.59.11	6 th	
Sasha Josipovic	13-19yrs	1500m	Race 3	5.05.42	11 th	
Tiana Parsons	13-19yrs	1500m	Race 3	5.07.54	15 th	
Dakota Stewart	13-19yrs	1500m	Race 2	4.07.00	2nd	PB
Joshua Lehmann	13-19yrs	1500m	Race 2	4.26.00	13 th	PB
Elke McAuley	13-19yrs	1500m	Race 2	4.52.00	4 th	PB
Connor Shaw	13-19yrs	1500m	Race 1	4.07.13	13 th	PB
Connor Whittet	Open	1500m	Race 2	4.07.70	4 th	PB

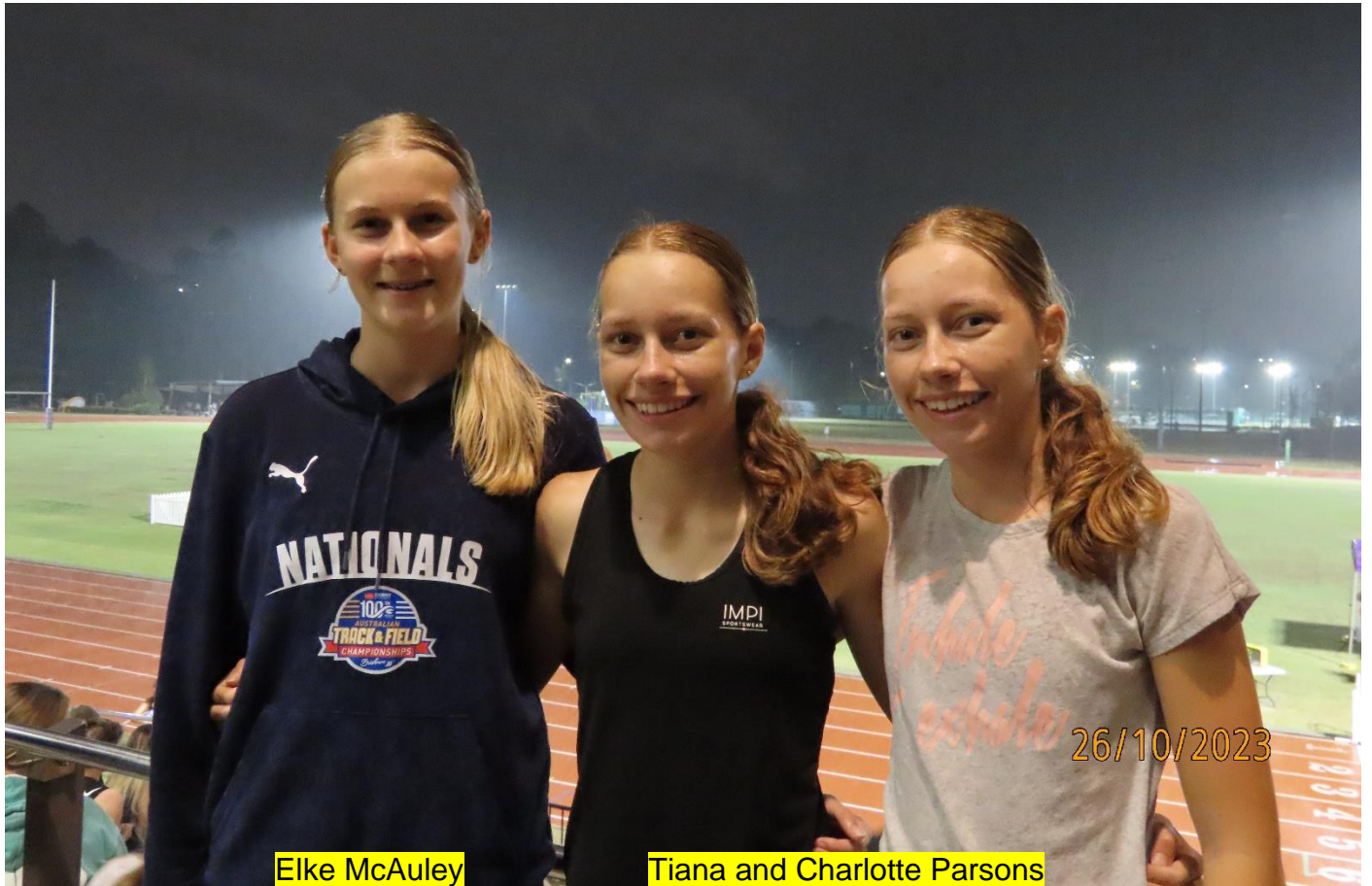




Conor Mathewson



Dakota Stewart



Elke McAuley

Tiana and Charlotte Parsons



Connor Shaw

Connor Whittet





Club Training Nights

Training nights on Monday and Wednesday nights 6.15pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

The Club *Christmas Party*



The Club is making arrangements for our Xmas breakup party to be held at Brothers Leagues Club, Raceview on **Wednesday 20/12/2023 starting at 6.00pm**, please **RSVP** by Wednesday 13/12/2023.

There will be heaps of games along with trivia and plenty of prizes to be won.

Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

IDAC Uniform Price List

Ladies Crop Top	\$40.00
Bummers / Bike pants	\$40.00
Singlet	\$34.00
Men Shorts	\$52.00
Polo – Short Sleeves	\$57.00
Polo – Long Sleeves	\$62.00
Hoodie no Zip	\$50.00
Hoodie with Zip	\$77.00
Tracksuit Pants	\$75.00
Coach Jacket	\$85.00

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Happy October Birthdays

Vanessa Newham Taya Beckers Archer Crowley Sophie McGeehan
Abbie Severinsen Nicole Jones Latisha Wilson Kerryn White

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

QAL have events scheduled on their website at qal.org.au

Answer to the Question

The winner of the **September** question was *Tahnee Beckers*

The correct answer was: "One Hamburger cost \$2.50 and one Popsicle cost \$1.50".

A new question is as follows:

Four men can build four boats in four days.
How long does it take one man to build one boat?

The **first** club member to reply by email with the correct answer wins a prize.

Think carefully, this is a tough one!

Email: - vgpascoe1@bigpond.com.au

The Queensland Relay Championships will be held at the State Athletics Facility, Kessels Road, Nathan, on Sat 18th and 19th November 2023.

List sheets will be available at training nights, from this, teams will be selected at no cost to the athlete. Please get your name down.

Ted Ruben is the Chief Manager, **Marty Stolberg** looking after the master's ladies, whilst **Mark Sills** will be assisting where necessary for these teams.

Benita Willis Shield 11/11/2023, SAF

QLD Relay Championships 18-19/2023, SAF

Alana Boyd Shield 25/11/2023, SAF

Glynis Nunn Shield 16-17th December 2023, SAF and Combined Events Championships.

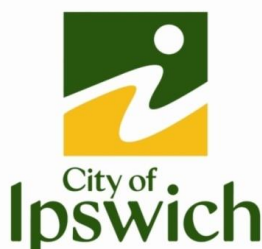
Entries are now open

Congratulations

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**



IPSWICH | SPRINGFIELD

