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Newsletter

31st October 2018

"President's Message":

Performances by some of our junior athletes were excellent at the 10-12yrs School State Championships in Cairns 19 – 20/10/2018. It is wonderful to see medals heading back to Ipswich. These youngsters are the foundation of the future. The Australian 10-12yrs School Championships will be held in Melbourne from 23rd - 27th November 2018.

I really enjoyed watching the Secondary Schools State Track & Field championships staged in Brisbane 25 - 28/10/2018. The performance of our athletes was outstanding and the support of the parents was exceptional. Congratulations to all who competed.

The Australian Secondary School Championships will be held in Cairns from the 7th – 9th December 2018. The Queensland team will be announced and I am proud of the members who made this team.

Congratulations to our coaches, Mick, Brad, Ted, Theresa (Marty) and Darin Coombs for preparing our athletes for this championship.

The Ipswich City Sports Awards acknowledge our sporting greats. Michael Berlin and Rochelle Vidler are finalists at these awards, congratulations.

It is worth becoming familiar with the Queensland Athletics website which has the full calendar of events from now until April 2019.

Vic



Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th November 2018** at 7pm. All welcome.

We need parents to put forward ideas for our Christmas breakup party in December, see below for more information.

Just a Thought'

**I've learned that..... To make a new friend;
you never know what you may learn.**



Les Scott & Associates
A.B.N 34 404 377 930
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Congratulations!



Rochelle Vidler and the Australian team.

What a wonderful and amazing experience for **Rochelle Vidler** competing at the Youth Olympics in Buenos Aires, Argentina. Having injured her back during the games she was 10th in Hammer Throw, a marvelous achievement. Well done.



Queensland School Sport 10-12yrs Track and Field State Championships Date – 19th & 20th October 2018 at Barlow Park, Cairns.

Our primary school athletes have done themselves proud with their performances at the recent championships.

Hemi Rakuita	10yrs	100m	22 nd	14.27
		4 x 100m Relay	3rd	55.72
Hayley Condon	11yrs	Discus	5 th	27.87m
Kamara Stewart	11yrs	100m	10 th	13.74 in heat
		4 x 100m Relay	5 th	13.86 in S/F 56.28
Rylee Novinetz	11yrs	800m	7 th	2.35.14
		1500m	11 th	5.28.00
Rory Smith	11yrs	Discus	10 th	27.78m
Sam Morris	11yrs	Discus	18 th	21.97m
Charlize Goody	12yrs	Shot Put	8 th	10.05m

Clare Bellingham	12yrs	High Jump	3rd	1.52m	
Toby Stolberg	12yrs	High Jump	4 th	1.49m	

Secondary School State Championships – 13 to 19yrs

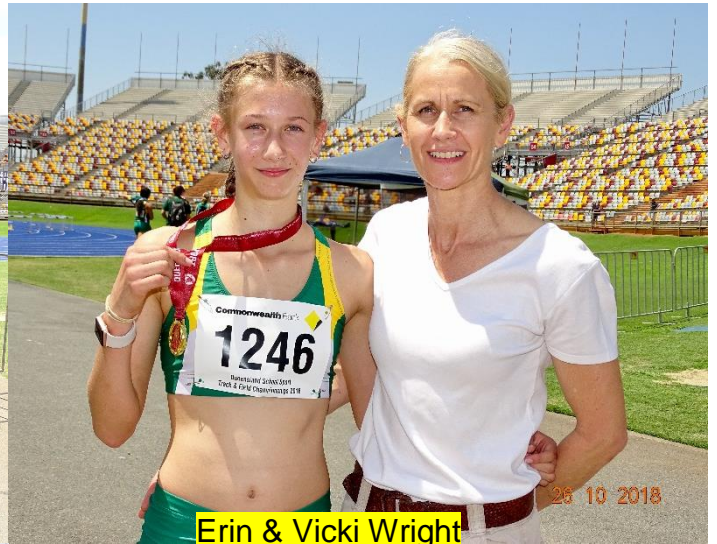
QSAC, Brisbane 25/10/18- 28/10/18, I saw a number of **registered** club athletes do extremely well.

There were some marvelous performances. Just to watch these amazing performances was just magic as getting to this level is a wonderful achievement and I have added a few pictures and hopefully all the results including PB's.

Jessica Rowe	13yrs	Discus	7 th	31.46m	
		Javelin	3rd	32.15m	PB
		Shot Put	6 th	11.19m	PB
		Hammer	1st	38.18m	PB
Sophie Wilkins	13yrs	Discus	8 th	28.84m	PB
		Javelin	7 th	29.20m	PB
		Shot Put	15 th	10.12m	PB
Mikaela Doneley	13yrs	High Jump	---	NH	
Tavia Jensen	14yrs	High Jump	19 th	1.45m	
Erin Wright	14yrs	90m Hurdles	1st	13.09	PB
	13-15yrs	200m Hurdles	1st	28.49	PB
Kiara Condon	14yrs	90m Hurdles	11 th	14.54	PB
		High Jump	19 th	1.45m	
		Javelin	16 th	25.65m	
		Shot Put	10 th	10.67m	PB
Leah Clark	14yrs	400m	21 st	1.04.15	
Dahniella Pedroni	15yrs	High Jump	24 th	1.40m	
		Long Jump	14 th	4.80m	
		Triple Jump	8 th	10.67m	PB
Camryn Novinetz	15yrs	3000m Walk	1st	14.31.78	PB
		3000m	11 th	11.14.61	PB
Laylani Va'ai	15yrs	Discus	2nd	39.64m	PB
		Long Jump	16 th	4.70m	
		Shot Put	2nd	13.06m	PB
		90m Hurdles	5 th	14.16 14.12 in heat	PB
Jordan Unwin	16yrs	High Jump	6 th	1.59m	PB
		Triple Jump	14 th	9.98m	PB
		Long Jump	14 th	4.66m	PB
Rochelle Vidler	17yrs	Hammer	1st	64.00m	Meet Record
Tara Chaplin	17yrs	100m	17 th	13.28	
		400m	19 th	1.05.70	



Michael Moore, Rochelle & Anne Vidler



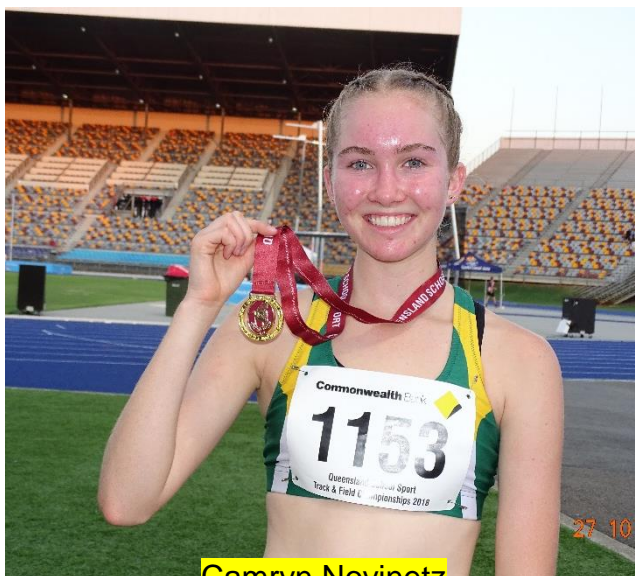
Erin & Vicki Wright



Tavia Jensen, Jordan Unwin & Kiara Condon



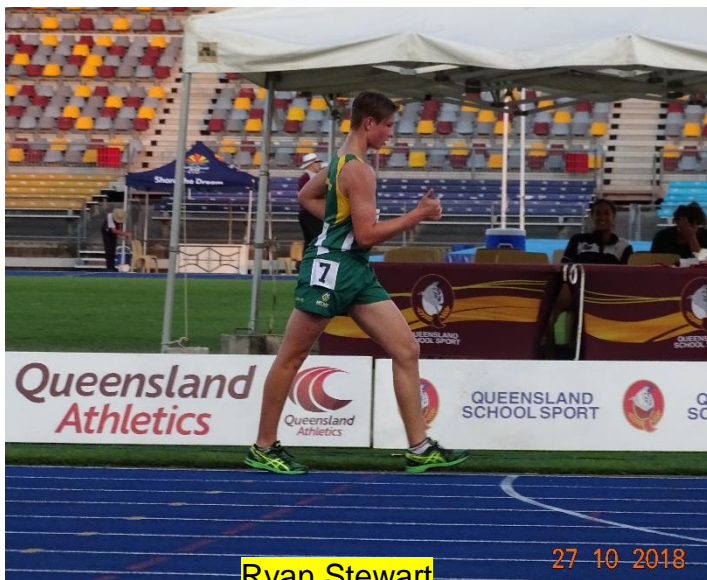
James & Jessica Rowe



Camryn Novinetz



Willie, Laylani & Katrina Va'ai



Ryan Stewart



Joshua Carrick



Sophie Wilkins



Mikaela Doneley

Kerryn Ryan	15yrs	100m	6 th	11.58 Final	PB
		Long Jump	6 th	9.35m	PB
		Triple Jump	6 th	12.86m	PB
		High Jump	8 th	1.74m	PB
Joshua Carrick	15yrs	100m Hurdles	1 st	13.63	PB
		200m hurdles	2 nd	26.65	PB
Alex Davies	16yrs	1500m	4 th	4.07.86	PB
		3000m	1 st	8.54.83	
Ryan Stewart	17yrs	5000m Walk	2 nd	30.13.19	

Jude Thomas 16yrs 1500m **1st** 4.06.04 **PB**

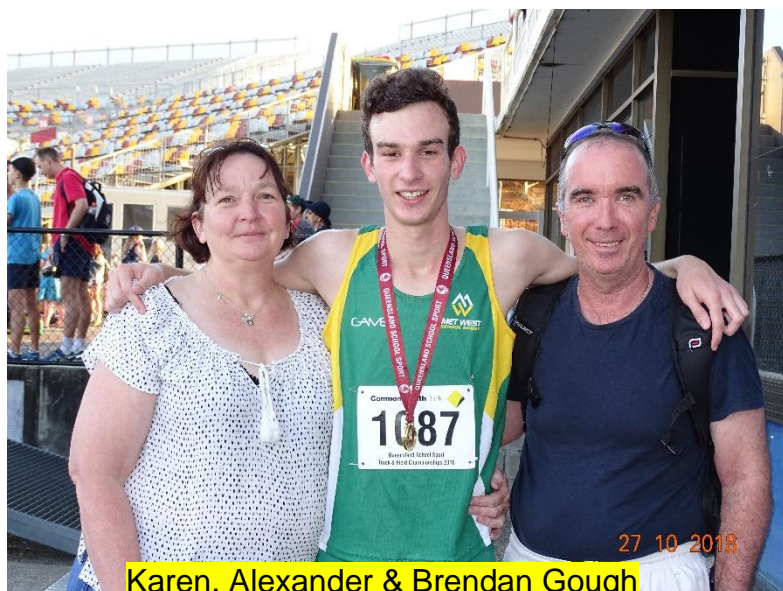
Alexander Gough 17yrs 2000m Steeplechase **1st** 6.24.11



Kerryn Ryan & Ted Tuben



Alex Davies, Peter Reeves & Jude Thomas



Karen, Alexander & Brendan Gough



How times have changed.

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au



Happy October Birthdays

Kamara Stewart

Aeysha Granzien

Taya Beckers

Camryn Novinetz

Abbie Severinsen

Sam Morris

Rhys Jensen

CLUB REGISTRATION

Members may now renew their registration for the **2018 - 2019**.

The season runs from 1st October 2018 to 30th September 2019.

To join/renew your registration, you will have to go online at the **Queensland Athletics website**. If you need any assistance with your membership renewal, please contact Queensland Athletics on 07 3343 0900 or email info@qldathletics.org.au

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au

A Free Membership for Someone

A points system has been in place for many years and this determines who wins what at the club awards day. This is usually held in April/May of each year.

A free platinum membership is offered for any athlete, who gains the highest points and participation throughout the year and this is possible by competing in X-Country and or Track and Field events. It is calculated from the start of the X-Country season 2018 to Australian Open Track & Field Championships 2019.

In others words, the more you compete and do well, the better chance there is of winning the free membership for one year.

Erin Wright won the free membership for 2018 / 2019 season.

Will you be next?

Just give it a go.

Get Organized Athletes – Don't Miss Out!!

9th Annual Noosa Gift Carnival worth Over \$10 000 for Athletes

G'Day Noosa Gift Athletes,

Noosa Gift Runs on Saturday Arvo / Evening 24th November 2018 at the Girraween Sports Complex, Noosa Heads.

(at the intersection of Eenie Creek Road and Langura St)

First event runs at 2:00pm Sharp.

Open Main Events *total \$10000 in prize purses*

Noosa Surf Club Supporters Gift over 110m \$6000 purse.

300m Gallop \$2250

Ladies 110m Invitation Accom Noosa Final \$1000

Pacific Ford 70m Dash \$750

Little A's Events *total \$1200 in prizes.*

Note: *that the U13-U17: 300m and 1 mile events will be handicapped in the heats and final this year, so you will need to provide your 200m or 800m/1500m PB for this event on the entry form.*

Check out the cool new web sites for Details or to download entry forms

<http://littleathleticsnoosa.com.au/index.php/noosa-gift/>

www.thenoosagift.com

Please contact me if you have questions about the Noosa Gift Carnival.

Ian Smith

Noosa Gift Carnival Coordinator

MB: 0409 547401

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Girls Crop Tops	\$50-00
Girls Singlet's	\$37-00
Girls Shorts	\$30-00
Boys Singlet's	\$37-00
Boys Shorts	\$30-00

Old Stock is on sale at \$10-00 apiece. These can be used for training etc.

Club Training Nights

Training nights on Monday and Wednesday nights 6.30pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Answer to the Question

The winner of the **September** question was **Toby Stolberg**

The correct answers are:

1. Buccaneer 2. Butterfly 3. Giraffe 4. Syllable 5. Moon

A new question is as follows:

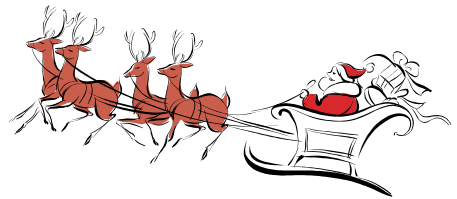
Which is the odd nut out, and why?

Walnut, Macadamia Nut, Hazelnut, Pecan Nut, Cashew Nut.

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

The Club *Christmas Party*



The Club is making arrangements for our Xmas breakup party to be held at the club house on **Wednesday 12/12/2018 starting at 6.30pm**, please **RSVP** by Monday 10/12/2018.

Sports hero theme costumes this year are prizes for best male and female.

The Queensland Relay Championships will be held at the State Athletics Facility, Kessels Road, Nathan, on Sat 24th November 2018.

Ted Ruben is our Jumps Coach and will be the manager of these teams.



IPSWICH | SPRINGFIELD

Congratulations

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star monthly award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement monthly award. **Please phone Vic on 0409 754 884.**



Congratulations go to **Hemi Rakuita** for receiving the Junior Sports Star Award of the month for September 2018.



Friday 7th – 9th December 2018

Barlow Park, Cairns, North Queensland

The QLD team will be announced on Friday 2nd November, check Queensland Athletics website.

Congratulations on your selection.

