



P O Box 220, Booval Qld 4304
Website: <http://www.ipswichathletics.org.au>

Ph: 0409 754 884

Newsletter

27th November 2015

PRESIDENT'S MESSAGE:

The start of the season has many new faces joining our club and many thanks goes to Theresa (Marty) for encouraging young athletes (especially Ipswich Little 'A's) to become more skillful and adept in all events they compete in. Hope to see you all either at training or at the competitions.

The Ipswich City Sports Awards were fantastic in that many categories were catered for and it was priceless to listen to Rupert McCall poems on sports. Well done to all.

What a night at the Brothers Kindred Junior Sports Awards seeing so many athletes from different sports being acknowledged for their magnificent efforts.

Two of our committee have resigned, Renae Mitchell and Daniel Parnell. I thank them for their contributions to the club and wish them well in their future endeavours. Anybody wishing to fill these positions please contact myself or our secretary Russell Miller on a training night.

Vic

Parents Volunteering

On training nights when our Committee are unable to man the clubhouse window to take training fees etc. it would be wonderful if some parents could help out on a roster system. It is not hard and is only for about 45 minutes at start of training.

Please see Russell Miller or Vic Pascoe so a list can be drawn up.

With your help this action would make our club run a whole lot better.

Queensland Relay Championships

These **Championships** will be held on 12th – 13th December 2015 at QSAC.

Ted Ruben our Jumps Coach is the manager of these teams.

Entry to these championships are free to the athlete, the Club pays these fees. The team lists will be available on Monday night at training.

All names should have been in by the training night Monday 30/11/2015 so teams can be notified and entered by the official closing date of 3/12/2015.

We are on Facebook and it is open to members and family and sponsors, so look for us and ask to join so you can be added to the closed group.

Congratulations



Sports Star of the Month Winners



Diane Pascoe

Sharon Condon

Jodie Taylor

Theresa Stolberg



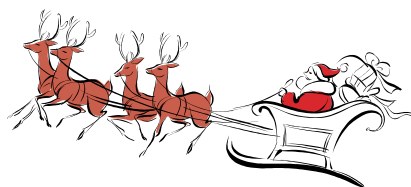
Jack & Miriam Peni, Anne & Rochelle Vidler

An excellent night at the awards was held by all at the Brothers League Club.

The support by parents was terrific to see our juniors be amongst the best athletes of the Brothers Kindred Clubs.

The eleven athletes who vied for the Sports Star Award for 2014-15 had some wonderful performances with the winner being Layla Eleison of Hancocks Hockey Club. Congratulations.

The Club *Christmas Party*



We will be holding a breakup fun night with games at the Clubhouse, Bill Paterson Oval on Wednesday 16th December 2015 for a 6.30pm start.

RSVP is required by Monday 14th December 2015 on any training night.

The Club is providing pizzas and nibbles, tea and coffee etc.

Costume dress theme is to be festive cartoon character dress. After judging, prizes will be on offer for male and female entrants. **Don't miss out.**

Just a Thought'

I've learned that.....Send a thankyou card to someone you've recently shared a happy time with, no matter how small the occasion.

QAL now has several events scheduled on their website www.qal.org.au

Future Stars to Demonstrate their Expertise

The Australian Primary Schools Championships are being held at Canberra, ACT from the 4th Nov – 6th Dec 2015.

Erin Wright 12yrs Multi event Tetrathlon

Joshua Carrick 12yrs 200m



The 2015 Australian Secondary All Schools Championships will see our excellent **Club** athletes competing in Melbourne, December 4th - 6th December 2015.

A School Knock out competition will be on December 7th 2015 in Adelaide.

Casey Bell U/14yrs Long and Triple Jump, School Knock Outs.

Breeanna Betzold U/14yrs 3000m Walk

Hayley Wright U/16yrs 90m Hurdles and 4 x 100m Relay squad.

Rochelle Vidler U/14yrs Discus, Hammer and Pole Vault

Tara Chaplin U/16yrs 200m, 4 x 100m relay and Swedish Relay squad.

Tori Langton U/18yrs Discus.

Zac Caterson U/14yrs Discus, Shot Put and Javelin.

Rhys Carr U/16yrs Hammer Throw.

Track & Field InterClub Competition

All Track and Field events are now scheduled on the [Queensland Athletics website](#)

QLD COMBINED EVENTS CHAMPIONSHIPS

9 - 10 JANUARY 2016

The 2016 QLD Combined Events Championships will be held at the University of Queensland Athletics Track on 9-10 January.

A QA Meet will be held in conjunction with this event, the [Glynnis Nunn Shield](#).

[Denise Boyd Shield](#) at QSAC 16/01/2016

[Sally Pearson Shield](#) at QSAC 23/01/2016

[South Queensland Regional Cup](#) 31/01/2015 at QSAC

[Garry Brown Shield](#) 6/02/2016 at QSAC

Queensland Junior Athletics Championships

11/02/2016 - 14/02/2016 at QSAC

The [Australian Junior Championships](#) will see about 2,000 athletes and their families converge on Perth for 6 days of competition in March 2016. The championships will take place at the WA Athletics Stadium and will include events for age groups from U14 to U20, from the 8th to 13th of March.

Draft Timetable and further information can be found on the Athletics Australia [website](#)



AM I ELIGIBLE?

To be eligible for selection athletes must be a current member of Queensland Athletics and a minimum of 12 years of age as at the 31 December 2016. Athletes are also required to compete in the Queensland Junior Athletics Championships (11 - 14 February 2016), and at least one other QA competition during the 2015-2016 QA Summer Series.#

HOW DO I QUALIFY?

To qualify to compete in the Australian Junior Athletics Championships athletes must satisfy at least one of the following criteria:

- **Place 1st, 2nd or 3rd in:**
 - Queensland Secondary Schools Track and Field Championships (22 -25 October 2015)
 - Queensland Junior Athletics Championships (11 - 14 February 2016)*
- **Place 1st or 2nd in:**
 - Athletics North Queensland Track & Field Championships (25 - 27 September 2015)*

- **Any athlete that achieves the entry standard is also automatically qualified**

Athletes that live further than 200 km from the Queensland Sport and Athletics Centre, or who have extenuating circumstances, may apply to the Queensland Athletics CEO for an exemption. Athletes registered with ANQ are not required to compete in the Queensland Junior Athletics Championships.

* Due to the year change athletes will compete up in the next age division – i.e. if they qualified in U15 they will compete in U16 at the Australian Junior Championships.

APPROVED NOMINATIONS (AVAILABLE SOON)

If you believe you have qualified for the Australian Junior Athletics Championships then we strongly encourage you to nominate for the Queensland Heat Team.

There is no cost to nominate and it only takes a few minutes. **Nominations close on 9am Monday 15th February 2016.**

Queensland Athletics will notify nominees of the success of their nomination on a weekly basis. A Team List will also be updated on this page on a weekly basis. If your name does not appear on the team list and your nomination has been approved please contact the QA Office.

The final team list will be available from Monday 15th February 2016 following the close of nominations.

Please note that athletes selected in the Queensland Heat Team will not have their place in the team officially confirmed until the eligibility requirements have been met and team registration and payment has been completed by the due date.

REGISTRATIONS AVAILABLE 1ST FEBRUARY

Athletes whose nominations have been approved for the Queensland Heat Team to compete at the 2016 Australian Junior Athletics Championships in Perth must register and pay the Team Levy of \$150. All approved nominations will appear on the team list. Only those who appear on the team list may register.

Athletes are not confirmed members of the team until they have completed this registration form.

The Team Levy for these championships is \$150. This fee includes:

- Team Selection
- Team Administration Costs
- Team Management Services; Queensland Athletics will be providing an experienced management team of 16 managers to assist with athlete management throughout the championships
- Access to three physiotherapists

Event entry for these championships is \$25 per event (*\$25 per event additional charge for late entries).

ACCOMMODATION

Accommodation packages are available. The package is for a minimum of 2 nights and costs \$390 (\$195 per each additional night).

Athletes are **not** required to stay with the Team. Packages are only available for athletes under 18 years of age as at 8 March 2016, who are traveling to Perth unaccompanied. The accommodation package includes accommodation (twin share), breakfast and transport between the Perth Airport, Team hotel and WA Athletics Stadium. Athletes who choose to stay with the team must make arrangements to find transport to Perth Airport and must also inform Queensland Athletics of their travel details in writing.

Please note that Queensland Athletics does NOT book flights for athletes. Athletes are required to book their own flights. Athletes are not required to stay in Perth for the entire championships; athletes may stay in Perth for their event competition days only if they choose.

To book accommodation with Team Management or to find out more, Email QLD Athletics.

www.qldathletics.org.au

Happy November Birthdays

Breeanna Betzold

Savinika Wijeyewickrema

Tyla Stolberg

Emily Kitching

Larissa Chambers

Connor McNamara

Richard Bavister

Brad Robinson

Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Girls Crop Tops	\$50-00
Girls Singlet's	\$37-00
Girls Shorts	\$52-00
Boys Singlet's	\$37-00
Boys Shorts	\$57-00

Old Stock is on sale at \$10-00 apiece. These can be used for training etc.

Congratulations

It was wonderful to see two of our corporate sponsors, **Leisure Riders Touring Motorcycle Club** and the **Ipswich Hospital Foundation** as nominees contesting for the Corporate Sponsor of the year at the Annual City of Ipswich Sports Awards, the winner being Boettcher Nissan.

Miriam Peni was a nominee for the Sports Excellence of the Year.

Barry Wenzel of Ipswich Little A's was a nominee for volunteer of the Year.





Ann Bell Barry Wenzel Mel Smith



Josh, Nola, Jack & Miriam Peni

Answer to the Question

The winner of the **October** question was **Larissa Chambers**

The correct answer was:

1. The cut on his **heel** won't **heal** in time for the race, so **he'll** have to drop out.
2. A bloodthirsty pirate will wander the **seas** and essentially **seize** everything he **sees**.

A new question is as follows:

What is in the church, but not in the steeple? The parson has it, but not the people.

Think carefully!!!

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

Club Training Nights

Training nights on Monday and Wednesday nights 7pm to 9pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

The last official training session for the year will be the Wednesday 16th December 2015 and the **first session** for the New Year will be Monday 4th January 2016.

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star monthly award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement monthly award. **Please phone Vic on 0409 754 884.**

Congratulations go to **Rochelle Vidler** for receiving the Junior Sports Star Award of the month for October 2015.



Committee Notes

Our next Monthly committee meeting is on **Tuesday 19th January 2016** at 7pm. All welcome.
