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Newsletter

28th November 2014

PRESIDENT'S MESSAGE:

The start of the season has many new faces joining our club and many thanks goes to Marty for encouraging young athletes (especially Ipswich Little 'A's) to become more skillful and adept in all events they compete in. Hope to see you all either at training or at the competitions.

The Ipswich City Sports Awards was fantastic in that many categories were catered for and it was priceless to listen to some of the speeches of the recipients. Well done to all.

What a night at the Brothers Kindred Junior Sports Awards seeing so many athletes from different sports being acknowledge for their magnificent efforts. We thank Bailey for being our club delegate for the 2013/14 season and his support of our athletes.

Vic

Parents Volunteering

On training nights when our Committee are unable to man the clubhouse window to take training fees etc. it would be wonderful if some parents could help out on a roster system. It is not hard and is only for about 45 minutes at start of training.

Please see Greg Parnell or Vic Pascoe so a list can be drawn up.

With your help this action would make our club run a whole lot better.

Queensland Relay Championships

These **Championships** will be held on Saturday 13th – 14th December 2014 at QSAC.

Ted Ruben our Jumps Coach is the manager of these teams.

Entry to these championships are free to the athlete, the Club pays these fees. The team lists will be available on Monday night at training.

All names should have been in by the training night Wednesday 26/11/2014 so teams can be notified and entered by the official closing date of 4/12/2014.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th January 2015** at 7pm. All welcome.

Congratulations

Our golden oldies can still show us how it's done at the Pan Pacific Master Games, Gold Coast. This event was held from 1/11/2014 – 3/11/2014.

For the number of events these club athletes competed in, I would need a week to recover and some more. They must be made of iron. Following is a list;

Patrick McCarthy			30-34yrs	Darrin Norwood			35-39yrs
60m	2 nd	7.56		60m	2 nd	8.11	
100m	2 nd	12.11		200m	3 rd	26.66	
200m	2 nd	24.33		400m	1 st	60.95	
400m	1 st	57.59		Long Jump	3 rd	5.38m	
Long Jump	1 st	5.98m		High Jump	3 rd	1.45m	
High Jump	2 nd	1.35m		Triple Jump	1 st	10.51m	
Triple Jump	1 st	10.63m		Shot Put	2 nd	13.16m	
Shot Put	1 st	9.82m		Discus	1 st	36.95m	
Discus	2 nd	30.41m		Hammer	2 nd	34.60m	
Javelin	2 nd	35.98m		Javelin	1 st	42.23m	
				Weight Throw	2 nd	11.60m	
				Pole Vault	1 st	3.20m	
				Throws Pentathlon	2 nd	2757 Points	



Patrick McCarthy



Darrin Norwood



A fabulous medal tally by both athletes, well done.

The Club *Christmas Party*



We will be holding a breakup fun night with games at the Clubhouse, Bill Paterson Oval on Wednesday 17th December 2014 for a 6.30pm start.

RSVP is required by Monday 15th December 2014 on any training night.

The Club is providing pizzas and nibbles, tea and coffee etc.

Costume dress theme is to be festive fancy dress. After judging, prizes will be on offer for male and female entrants. **Don't miss out.**

Just a Thought'

I've learned that....
The secret of getting ahead is getting started.

QAL now has several events scheduled on their website www.qal.org.au

Future Stars to Demonstrate their Expertise

The Australian Primary Schools Championships are being held at Penguin, Tasmania from the 27th Nov – 2nd Dec 2014.

Casey Bell 12yrs High Jump and Long Jump

The 2014 Australian Secondary All Schools Championships will see our excellent **Club** athletes competing in Adelaide, December 5th - 7th December 2014.

A School Knock out competition will be on December 8th 2014 in Adelaide.

Hayley Wright U/14yrs 80m Hurdles and 4 x 100m Relay squad.

Rochelle Vidler U/14yrs Discus and Hammer

Miriam Peni U/16yrs 100m, 4 x 100m relay and Swedish Relay squad.

Tori Langton U/18yrs Discus.

Cameron Kelland U/14yrs Triple Jump.

Joel Walk U/14yrs High Jump.

Rhys Carr U/14yrs Hammer

Track & Field InterClub Competition

All Track and Field events are now scheduled on the [Queensland Athletics website](#)

QLD COMBINED EVENTS CHAMPIONSHIPS

10 - 11 JANUARY 2015

UQ ATHLETICS TRACK, ST LUCIA

The 2015 QLD Combined Events Championships will be held at the University of Queensland Athletics Track on 10-11 January.

A QA Meet will be held in conjunction with this event.

South Queensland Regional Cup

31/01/2015

Queensland Junior Athletics Championships

19/02/2015 - 22/02/2015

The Australian Junior Championships will see about 2,000 athletes and their families converge on Sydney for 5 days of competition in March 2015. The championships will take place at the Sydney Olympic Park Athletic Centre and will include events for age groups from U14 to U20, from the 11th to 15th of March

A draft program is now available.

AM I ELIGIBLE?

To be eligible for selection athletes must be a current member of Queensland Athletics and a minimum of 12 years of age as at the 31 December 2015. Athletes are also required to compete in the Queensland Junior Athletics Championships (19 - 22 February 2015), and at least one other QA competition during the 2014-2015 QA Summer Series.#

HOW DO I QUALIFY?

To qualify to compete in the Australian Junior Athletics Championships athletes must satisfy at least one of the following criteria:

- **Place 1st, 2nd or 3rd in:**
 - Queensland Secondary Schools Track and Field Championships (23 -26 October 2014)*
 - Queensland Junior Athletics Championships (19 - 22 February 2015)
- **Place 1st or 2nd in:**
 - Athletics North Queensland Track & Field Championships (3 - 5 October 2014)*
- **Any athlete that achieves the entry standard is also automatically qualified.**

If you believe you have qualified for the Australian Junior Athletics Championships then we strongly encourage you to nominate for the Queensland Heat Team.

There is no cost to nominate and it only takes a few minutes. **Nominations close on midnight Sunday 22nd February 2015.**

Queensland Athletics will notify nominees of the success of their nomination on a weekly basis. A Team List will also be updated on this page on a weekly basis. If your name does not appear on the team list and your nomination has been approved please contact the QA Office.

The final team list will be available from **Tuesday 24th February** following the close of nominations.

Please note that athletes selected in the Queensland Heat Team will not have their place in the team officially confirmed until the team registration and payment form has been completed by the due date.

Queensland Open Athletics Championships

5/03/2015 - 8/03/2015

www.qldathletics.org.au

Happy November Birthdays

Amelia Parnell

Savinika Wijeyewickrema

Tyla Stolberg

Emily Kitching

Larissa Chambers

Tameeka Catterall

Connor McNamara

Richard Bavister

Alistair Wells

Brad Robinson

Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Girls Crop Tops	\$50-00
Girls Singlet's	\$37-00
Girls Shorts	\$52-00
Boys Singlet's	\$37-00
Boys Shorts	\$57-00

Old Stock is on sale at \$10-00 apiece. These can be used for training etc.

Congratulations

It was wonderful to see a committee member and an athlete gain awards at the Ipswich Sports Awards on 1/11/14 where our Head coach Theresa (Marty) Stolberg received the Coach of the Year Award (Ipswich Little 'A's) and Larissa Chambers winning the Junior Sports Award.



At the Brothers Kindred Club Junior Sports Awards 7/11/2014 saw Cassie Purdon get the Junior Sports Star Award for 17yrs and under. The Sports star of the month were each given a jacket and State / Australia Representatives a plaque to remember their achievements for the year.



Jacob Wells Kelly Mcnamara, Emily Beston, Tori Langton, Rochelle Vidler & Yoo Bin Miller
Absent: Clinton Suthers, Zain & Rhys Carr

Athletes who have moved on to other clubs are: Majella Pearl, Majella Cassidy, Johnanthon Taylor, Dayspring Koop, Annie & Madeline McGuire, Carley & Ashley Stieler, Jaxson Samuels & Cassie Purdon. It is sad to see them go but we wish them all the best in their future endeavours.



Cassie & Ruth Purdon

Answer to the Question

The winner of the **October** question was *Maddy Wells*

The correct answer was: "you would go through the door with the magnifying glasses in it at night"

A new question is as follows:

Count the number of the letter 'o' in the sentence below. How many are there?

'Over on Fourth Street, many children found lots of fun and lots of entertainment by climbing on the beautiful trees lining the street.'

Think carefully!!!

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

Club Training Nights

Training nights on Monday and Wednesday nights 7pm to 9pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

The last official training session for the year will be the Monday 16th December 2013 and the **first session** for the New Year will be Monday 5th January 2015.

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star monthly award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement monthly award. **Please phone Vic on 0409 754 884.**

Congratulations go to **Rochelle Vidler** for receiving the Junior Sports Star Award of the month for October 2014.

