

31st May 2022

<u>President's Message</u>:

The AGM was held on Sunday 29th May 2022 at 11.00am with all Committee positions declared vacant. Congratulations to all committee members who were elected for their various positions.

A huge thank you to the volunteers who assisted in the Canteen for the GPS X-Country titles especially the Canteen Convener Grace Basubas.

It is great to see Laylani Va'ai, and Zane Paterson U20yrs, Charlize Goody, Jessica Rowe and Toby Stolberg U18yrs being selected for the Oceania Championships being held in Mackay from 7th – 11th June 2022. An U16yrs Club Team is also competing, see list below.

Charlize Goody has made another Australia Junior Team to compete at the Mini Pacific Game in Saipan, Northern Mariana Islands from 17-25th June 2022. She will be competing in the Discus.

Whether it is X-Country or Track & Field, hopefully the athletes will train even harder to achieve even better PB's. Looking forward to an exciting season for 2022/2023.

Vic.

Like us on Facebook,

please search for Ipswich and District Athletic Club and request to join. It is for members, family and sponsors

Committee Notes

Our next Monthly committee meeting is on **Tuesday 28th June 2022** at 7pm. All welcome.

The structure for our Club as it now stands, congratulations to all, looking forward to a great year.

President	Vic Pascoe
Vice President	Theresa (Marty) Stolberg
Secretary / Registrar	Kym Goody
Treasurer	Jo Compson
Canteen Convenor	Mandy Van Deventer
Committee	Darin Coombs
	Brad Robinson
Head Coach	Mark Sills

Les Scott

Patron



IpswichNewsToday



Bremer Chiropractic

Congratulations

The club's U16yrs male and female team competing in the Oceania Championships, but will be competing for the Ipswich & District Athletic Club against another 8 teams.

Daniel Harlow	100m & 300m Hurdles, 400m and Hammer Throw.
Angus Dine	100m, 200m, Javelin, Triple Jump.
Felix Yen	100m Hurdles, High Jump, Long Jump, Triple Jump.
Joel Jakimowicz	100m Hurdles, 300m Hurdles, 200m, Discus
Dakota Stewart	3000m, 800m, 1500m, Shot Put.
Sophie Schutz	200m, 3000m, 800m, 1500m.
Abbie Severinsen	100m Hurdles, 300m Hurdles, High Jump, Long Jump.
Mackenzie Crowley	Discus, Javelin, Shot Put, Hammer Throw.
Hayley Condon	Discus, Javelin, Shot Put, Hammer Throw.
Charlotte Parsons	1500m, 400m, 3000m, 100m.
Tiana Parsons	1500m, 400m, 3000m, Triple Jump.
Isabella Willshire	100m, 200m, 400m, Long Jump.
Saskia Josipovic	Javelin, Discus, Shot Put.

There has to be a boy and a girl competing in the same events for the Club to score points.

4 x 100m team to be decided on the day which consists of 2 boys and 2 girls.

Medley Relay of 100m, 200m, 300m & 400m to be decided with 2 boys & 2 girls.

There will be at least 18 countries competing which includes New Zealand, PNG and all of the Pacific countries.

Just a Thought'

I'Ve learned that Always look for that glimmer of life, then nurture it and watch it blossom again.

Track & Field InterClub Competition

All Track and Field events are scheduled on the Queensland Athletics website

www.qldathletics.org.au

Happy Birthday to our Club Members during May

Toby StolbergJo CompsonKyran WilliamsTiana McKimmonConor MathewsonVarian PlatenHarsith RameshkumarJaime Van RensburgLian JacobsRiley CrossJessica RoweKy DalbyJames GreyElizabeth MelroseMatthew LearoydElke McAuleyCharlotte ParsonsTiana ParsonsLauren BrownDenika MurraySohind Singh RaukeAndrew WebberZayden GallagherSophie WilkinsNarelle Crowley

Training Sessions

Monday and Wednesday nights are on from 6.30pm to 8.30pm.

Any other extra training sessions can be arranged with your Coach.

A water bottle, towel and appropriate warm clothing are required for all sessions.

Answer to the Question

The winner of the April question was: **Toby Stolberg**.

The correct answer was: "The Moon".

A new question is as follows:

A man is asked what his daughters look like. He answers, "They are all blondes but two, all brunettes but two and all redheads but two." How many daughters does he have?

Think Carefully!!!

The first club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

QAL schedule events on their website www.qal.org.au

Club Uniform

The Club uniform <u>must</u> be worn at all interclub meets, e.g. All comers at St. Lucia, QSAC and Gold Coast etc. If the uniform is not worn, no points or performances will be recorded at club meets.

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Presentation Awards 2021/2022

Club Champion	of 2021 / 2022	Jude Thom	as	
Club Achiever of the year		Daniel Har	Daniel Harlow	
President's Awa	rd Jude Thomas 1 st	Aust Chps, U20yrs	3000m Aust Record 7.47.26	
Les Scott Encou	ragement	Leah Leem	bruggen & Tahnee Beckers	
U/20yrs Male	Bremer Chiropractic	Connor Sh	aw	
U/20yrs Female	Bremer Chiropractic	Erin Wright	t	
Most Club Partic	ipation of 2021/2022	Indiana Pla	iten	
Australian Title I	-	Daniel Harlow	U15 Heptathlon 4116Pts PB U15 100m Hurdles 13.75 PB U15 200m Hurdles 26.96 PB	
		Angus Dine	U15 100m 11.37	
		Charlize Goody	U17 Discus 45.78m	
		Allira Takau	U16 Shot Put 14.70m	
		Jessica Rowe	U18 Hammer 58.74m	
		Jade Lally	Open Discus 59.29m	
	Jude Thom	as 3000m 7.47.26	& U20 Australian Record PB	
Club Captains Recognition Award Toby Stolberg		erg		
Volunteer of the	Year 2021/2022	Narelle & S	Shaun Crowley	
IDAC Recognitio	on Award	Mia Kertes	Z	
Club Rookies M	& F of 2021 / 2022	Daniel Harlow (T)) & Daniel Harlow (F)	
		Sophie Schutz (T) & Olivia Windolf (F)	
Club Development Lily Vine, Monique Williams, Zane Paterson, Dempsey Russell, Allira Takau, Camryn Novinetz, Jude Thomas, Laylani Va'ai, Charlize Goody, Toby Stolberg, Jessica Rowe, Erin Wright, Jaime Van Rensburg				
Highest Points for 2	X-Country Senior Male	Jude Thoma	as	
High Points for X-C	Country Senior Female	NIL		
Lighaat paints for)	Country Junior Molo	Conor Moth	0.W2022	

Highest points for X-Country Junior Male Conor Mathewson

Highest Points for X-Country Junior Female Olivia Agiannitis

Highest points for Senior Male Sprinters Highest points for Senior Female Sprinters Highest points for Senior Male Distance Highest points for Senior Female Distance Highest points for Senior Male Jumpers Highest points for Senior Female Jumpers Highest points for Senior Male Throwers Highest points for Senior Female Throwers Highest points for Junior Male Sprinters Highest points for Junior Female Sprinters Highest points for Junior Male Distance Highest points for Junior Female Distance Highest points for Junior Male Jumpers Highest points for Junior Female Jumpers Highest points for Junior Male Throwers Highest points for Junior Female Throwers Highest Points for Track Masters Male Highest Points for Field Masters Male Highest Points for Track Masters Female **Highest Points for Field Masters Female**

Ethan Platen Abbie Severinsen **Connor Shaw Rylee Novinetz** Dempsey Russell **Toby Stolberg** Ky Dalby Charlize Goody **Daniel Harlow** Addison Farinazzo Dakota Stewart Sophie Schutz Hallam Cooper Indiana Platen Sebastien Sills Mackenzie Crowley Varian Platen Darin Coombs Janet Webber Janet Webber

Club Recognition of QLD Team

Acacia Wohlsen	U14yrs	Addison Farinazzo	U14yrs
Simeon Anstey	U14yrs	Dakota Stewart	U15yrs
Holly-Maree Matthew	U15yrs	Isabella Willshire	U15yrs
Indiana Platen	U15yrs	Joel Jakimowicz	U15yrs
Mackenzie Crowley	U15yrs	Olivia Windolf	U15yrs
Daniel Harlow	U15yrs	Angus Dine	U15yrs
Hayley Condon	U16yrs	Abbie Severinsen	U16yrs
Allira Takau	U16yrs	Monique Williams	U16yrs
Ethan Platen	U17yrs	Lily Vine	U17yrs

Toby Stolberg	U/17yrs	Charlize Goody	U/17yrs
Kobe Blake	U17yrs	Aldora Tuilaepa	U18yrs
Jessica Rowe	U18yrs	Ky Dalby	U18yrs
Zane Paterson	U20yrs	Sophie Wilkins	U/18yrs
Camryn Novinetz	U20yrs	Jamie Van Rensburg	U20yrs
Laylani Va'ai	U20yrs	Jude Thomas	Open
Jade Lally	Open		

Club Recognition of International Athletes

Jude Thomas

World Junior Championships

Nairobi, Kenya 2021

Anyone who was unable to attend the awards presentation, your award will be at the Clubhouse on training nights or you can ring Vic on 0409 754 884 to make arrangements to collect.

















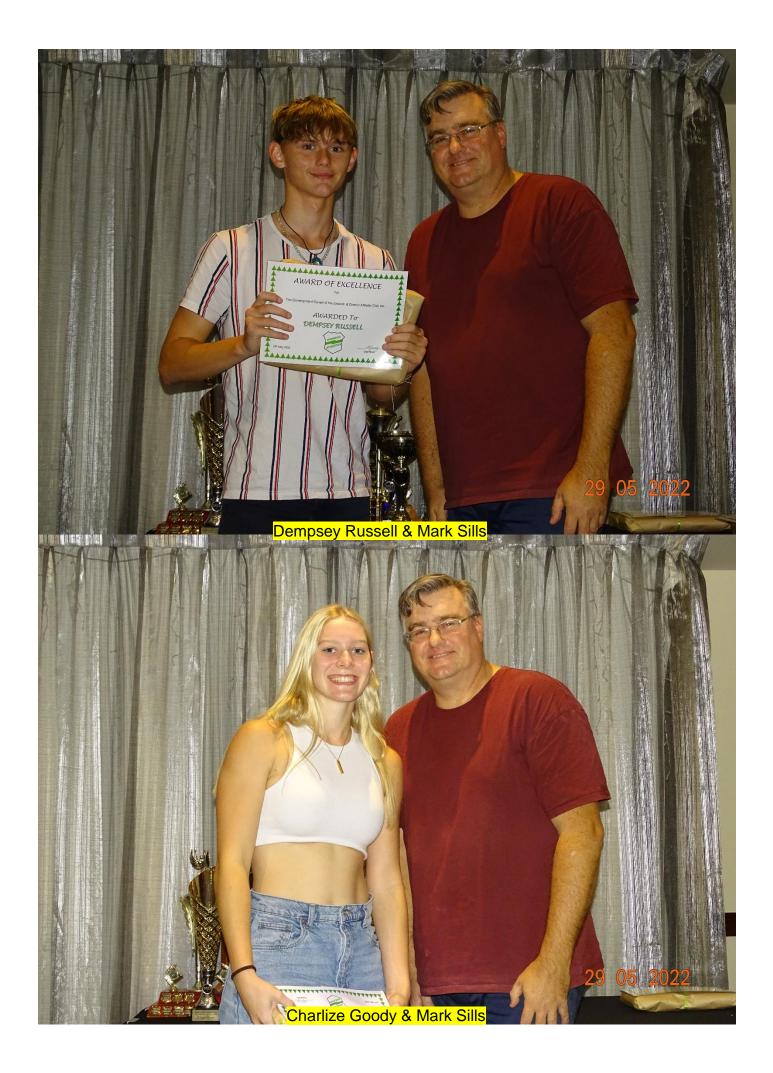


Annette & Shane Mathewson



Varian & Jennifer Platen

Melissa Scull & Cindy Morfee





Rylee Novinetz & Mayor Teresa Harding

The Club Captains 2022 Recognition Award

The fabled Captains choice Award.

Firstly, all athletes that compete under the IDAC name deserves recognition for their week in and week out efforts and a huge thankyou must be rewarded to the parents too.

After a very competitive season competing at the highest level, this athlete has raised the bar for the competition. After picking up medals around the country her eyes were set on nationals. Although not feeling at 100%, in true IDAC spirit she tackled the challenges head on and finished with a stellar second place.

These efforts throughout the season and at nationals confirmed her spot in the World Junior Team. Despite being one of the younger members of the World Junior Team she is set to produce something special. Her maturity and mindset show volumes and embodies what it means to be an athlete.

She has the whole Ipswich athletic community behind her and we are very proud to announce that Toby Stolberg is this year's Captains choice Award Recipient.

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<mark>Jude Thomas and Laylaní Va'aí</mark> Club Captains



Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award. (11yrs to 17yrs)



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884**.

"FLASH BACK in Time"



Do you recognize our young stars of the past?

I'm sure you will, it's from an Exhibition held in April of 2018 at Limestone Park.

Two of them have now being selected as international athletes.

Let me know if you do know, which ones, also the others?

There is a prize for the Club member who can give the most correct names.

Email: - vgpascoe1@bigpond.com.au

Hopefully there will be future editions of "Flashback".