

P O Box 220, Booval Qld 4304

Website:

http://www.ipswichathletics.org.au

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Newsletter 31st May 2021

## President's Message:

The AGM was held on Sunday 30<sup>th</sup> May 2021 at 11.00am with all Committee positions declared vacant. Under strict COVID-19 guidelines we were able to stage this event at the Brothers leagues club. Social distancing was the order of the day with sanitisers available. Congratulations to all committee members who were elected for their various positions.

A huge thank you to the volunteers who assisted in the Canteen for the GPS X-Country titles especially our Canteen Convener Yvonne Crowley.

It was great to have Laylani Va'ai and Jude Thomas named Club captains for the next three years after Liz Melrose and Ben Thomas stood down from the positions. I wish Liz and Ben all the best in their future endeavours as they were wonderful during the three years as Captains

Whether it is X-Country or Track & Field, hopefully the athletes will train even harder to achieve even better PB's. Looking forward to an exciting season for 2021/2022.

Vic.

Like us on Facebook,

please search for Ipswich and District Athletic Club and request to join. It is for members, family and sponsors

### Committee Notes

Our next Monthly committee meeting is on Tuesday 22<sup>nd</sup> June 2021 at 7pm. All welcome.

The structure for our Club as it now stands, congratulations to all, looking forward to a great year.

President Vic Pascoe

Vice President Theresa (Marty) Stolberg

Secretary / Registrar Kym Goody

Treasurer Narelle Crowley

Canteen Convenor Yvonne Crowley

Committee Shaun Crowley

Darin Coombs
Brad Robinson

Head Coach Mark Sills
Patron Les Scott









## **Congratulations**

Jude Thomas ceases to amaze everyone with his performances over this last season. Having run an Australian record for U20yrs at the 1500m Australian Open Championships in Box Hill, Victoria where his time of 7minutes and 52.11 seconds beat the old record set in 2009.

Jude Thomas has now been selected to compete for Australia in the 1500m, 3000m and 5000m at the World Junior Championships which was to be held in Nairobi, Kenya. However Athletics Australia cancelled the event for all the obvious reasons and the team will be given an opportunity to compete in the Green and Gold at various meets in the near future.



Jude has now set his sights on competing at the National Cross Country Championships later this year with an excellent chance of making the Australian Team for the World Cross Country Championships to be held early next year.

# Just a Thought'

I've learned that .... Hope is to dreams what baking powder is to biscuits.

# Track & Field InterClub Competition

All Track and Field events are scheduled on the Queensland Athletics website

www.qldathletics.org.au

QAL schedule events on their website www.qal.org.au

### **Club Uniform**

The Club uniform <u>must</u> be worn at all interclub meets, e.g. All comers at St. Lucia, QSAC and Gold Coast etc. If the uniform is not worn, no points or performances will be recorded at club meets.

## Happy Birthday to our Club Members during May

Toby Stolberg Scarlett Long Sienna Coulson

Tiana McKimmon Conor Mathewson Varian Platen

Harsith Rameshkumar Maggie Butler Jaime Van Rensburg

Imogen Vine Riley Cross Jessica Rowe Ky Dalby

Elizabeth Melrose Matthew Learoyd Alex Davies

Connor O'Leary Charlotte Parsons Tiana Parsons

Sophie Wilkins Narelle Crowley Jo Compson Kyran Williams

### **Training Sessions**

Monday and Wednesday nights are on from 6.30pm to 8.30pm.

Any other extra training sessions can be arranged with your Coach following COVID-19 guidelines.

A water bottle, towel and appropriate warm clothing are required for all sessions.

### **Answer to the Question**

The winner of the April question was: Toby Stolberg.

The correct answer was: "A sunset".

A new question is as follows:

I am extremely heavy, yet I fly through the air.

Not many people understand how I stay up there.

Almost everyone sees me, as overhead I fly by.

Not seen on the ground, found only in the sky.

What am I?

Think Carefully!!!

The first club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

#### Presentation Awards 2020/2021

**Club Champion of 2020 / 2021 Jude Thomas** 

Club Achiever of the year Charlize Goody

**President's Award** Jade Lally Open Discus 60.36m

Jude Thomas U20yrs 3000m Australian Record & WJQ of 7.52.11

Les Scott Encouragement Kobe Blake & Cooper Blake

U/20yrs Male **Bremer Chiropractic Jude Thomas** 

**U/20yrs Female Bremer Chiropractic** Laylani Va'ai

Most Club Participation of 2020/2021 Charlize Goody

Australian Title Holders 2020/21 Charlize Goody U16 Heptathlon 5041Pts **PB** 

Jessica Rowe U18 Hammer Throw 53.57m

Jude Thomas U20 1500m 3.47.44 WJQ

Jude Thomas U20 3000m 7.52.11 Aust Rec & WJQ

Jude Thomas U20 5000m 13.57.86 WJQ & Meet Record

**Club Captains Recognition Award Jude Thomas** 

Volunteer of the Year 2020/2021 Rachelle & Kris Johnson

**IDAC Recognition Award** Joshua Owens RR3

Club Rookies M & F of 2020 / 2021 Connor Shaw (T) & Jaimie Van Rensburg (F)

Acacia Wohlsen (T) Acacia Wohlsen (F)

**Club Development** Erin Wright, Camryn Novinetz, Jude Thomas, Laylani Va'ai,

Charlize Goody, Toby Stolberg, Jessica Rowe

Highest Points for X-Country Male **Jude Thomas** 

High Points for X-Country Female Tamara Carvolth

Highest points for X-Country Junior Male Conor Mathewson

Highest Points for X-Country Junior Female Tamika Ritchie

Highest Points for Track Senior Male Benjamin Thomas

Highest Points for Field Senior Male Pharrell Eliu

Highest Points for Track Senior Female Lily Vine

Highest Points for Field Senior Female Charlize Goody

Highest Points for Track Junior Male Joel Jakimowicz Highest Points for Field Junior Male Sebastien Sills

Highest Points for Track Junior Female Isabella Willshire

Highest Points for Field Junior Female Mackenzie Crowley

Highest Points for Track Masters Male Michael Berlin

Highest Points for Field Masters Male Darin Coombs

Highest Points for Track Masters Female Sharyn Wells & Theresa Stolberg

Highest Points for Field Masters Female Janet Webber

## Club Recognition on QLD Team Selection

Holly-Maree Matthew	U14yrs	Isabella Willshire	U14yrs
Abbie Severensin	U15yrs	Joel Jakimowicz	U14yrs
Mackenzie Crowley	U14yrs	Riley Novinetz	U15yrs
Hayley Condon	U15yrs	Kali Taylor	U15yrs
Lily Vine	U16yrs	Toby Stolberg	U/16yrs
Charlize Goody	U/16yrs	Aldora Tuilaepa	U17yrs
Jessica Rowe	U17yrs	Pharrell Eliu	U17yrs
Sophie Wilkins	U/17yrs	Erin Wright	U/18yrs
Jamie Van Rensburg	U18yrs	Laylani Va'ai	U20yrs
Jude Thomas	U/20yrs	Jade Lally	Open

Anyone who was unable to attend the awards presentation, your award will be at the Clubhouse on training nights or you can ring Vic on 0409 754 884 to make arrangements to collect.























Theresa Stolberg with Des Johnston & Sharyn Wells





### **Brothers Kindred Club**

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award. (11yrs to 17yrs)



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. Please phone Vic on 0409 754 884.

# "FLASH BACK in Time"



Do you recognize our young stars of the past?

I'm sure you will, it's from a Seminar held in October of 2014 at the clubhouse.

Three of them are now or have been international athletes.

Let me know if you do know, which ones?

There is a prize for the Club member who can give the most correct names.

Email: - vgpascoe1@bigpond.com.au

Hopefully there will be future editions of "Flashback".