



President's Message:

It was an excellent day at the Award presentation at Brothers Leagues Club as it was wonderful to see so many supporters coming along to applaud the winners of the different categories. It was special to show off our talented athletes to the visiting guests and sponsors. Our guest speaker Tom Yates of the Ipswich Hospital foundation gave a good example on healthy living.

Having Mayor Paul Pisasale and club patron Councillor Andrew Antonioli at the awards was wonderful with their words of encouragement and motivation to our athletes, well done.

The AGM proved to have a successful outcome. Congratulations to all the new committee members and many thanks to the outgoing crew.

See below in the newsletter, a list of Committee members.

Whether it is X-Country or Track & Field, hopefully the athletes will train even harder to achieve even better PB's. Looking forward to an exciting season for 2015/16.

Vic.

Like us on Facebook, please search for Ipswich and District Athletic Club and request to join. It is for members and family and sponsors.



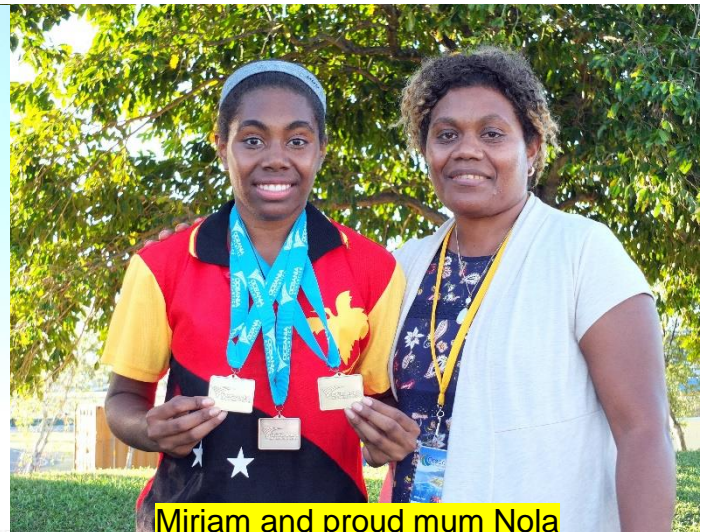
Lady Robot & Miriam Peni

It was a magnificent three days of competition where **Miriam Peni** grabbed her first international medal (Bronze) in the U/18yrs 100m in 12.43 in Cairns 8th – 10th May 2015.

Miriam then performed extremely well in the open women 4 x 100m and 4 x 400m relays to gain the gold medal in both events



The Open 4 x 400m Relay PNG team



Miriam and proud mum Nola

Club Breakup

We had a fantastic breakup, the Awards and AGM at Brothers League Club, Raceview, Ipswich.



Club Champion, **Rochelle Vidler** had her award presented to her by Mayor Paul Pisasale.



Les and Anne presented the Les Scott Encouragement Award to **Indira Rakuita**, **Renae Mitchell** and **Daniel Parnell**. Both presenters were pleasantly surprised by the quality of the athletes we have in the club and wished them all the best.



Jack Warner with Theresa (Marty) Stolberg with his U/20yrs Award sponsored by Bremer Chiropractic



Miriam Peni with Mayor Paul Pisasale for most interclub participation.



Larissa Chambers with Mayor Paul Pisasale Achiever of the Year



Brigid Parnell receiving the Volunteer of the Year from Vic Pascoe and Michael Moore



Clare Sullivan receiving Rookie Award from Greg Parnell



Patrick McCarthy receiving Award Highest Points from Brad Robinson



Aeysha Granzien receiving National Recognition Award from Tom Yates (Guest Speaker of Ipswich Hospital Foundation)



A wonderful array of trophies for 2014/15 season

Club Champion of 2014/15

Rochelle Vidler

Club Achiever of the year

Larissa Chambers

Les Scott Encouragement

**Daniel Parnell
Indira Rakuita
Renae Mitchell**

U/20yrs Male Bremer Chiropractic

Jack Warner

U/20yrs Female Bremer Chiropractic

Erika Berlin

Most Interclub Participation of 2013

Miriam Peni

President's Award...Top Single Performance 2014/15

**Rochelle Vidler
46pts**

U/15Hammer 50.62m 2015

Australian Title Holder 2014/15

Rochelle Vidler

U/15yrs Discus / Hammer

Club Rookie of 2014/15

**Female
Male**

**Clare Sullivan
Jack Treschman**

Highest Points for X-Country Male

Alastair Stevenson

Highest Points Track & Field Male

Patrick McCarthy

Highest Points Track & Field Female

Miriam Peni

Highest Points Track & Field Junior Male

Yoo Bin Miller

Highest Points Track & Field Junior Female

Rochelle Vidler

Club Recognition at National Championships

Darrin Norwood Masters 35-39yrs / Open

Larissa Chambers Open

Jack Warner U/20yrs

Daniel Parnell U/18yrs

Tori Langton U/18yrs

Emily Beston U/18yrs

Miriam Peni U/17yrs

Aeysha Granzien U/17yrs

Jack Treschman U/16yrs

Indira Rakuita U/16yrs

Kirra Csurhes U/16yrs

Rochelle Vidler U/15yrs

Clare Sullivan U/15yrs

Rhys Carr U/14yrs

Ryan Stewart U/14yrs



Committee Notes

Our next Monthly committee meeting is on **Tuesday 23rd June 2015** at 7pm. All welcome.

The new structure for our Club is as follows;

President	Vic Pascoe
Vice President	Theresa (Marty) Stolberg
Secretary / Registrar	Russell Miller
Treasurer	Sue Warner
Canteen Convenor	Daniel Parnell
Committee	Brad Robinson
	Renae Mitchell
	Patrick McCarthy
Head Coach	Theresa (Marty) Stolberg
Patron	Andrew Antonioli

Just a Thought'

**I've learned that Serving others give
life meaning and purpose.**

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

Happy May Birthdays

Ethan Casey Erika Berlin Elizabeth Melrose

Marie Musters Aliva Paris Casey Bell Connor O'Leary

QAL now has several events scheduled on their website www.qal.org.au

Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

Club Training Nights

Monday and Wednesday nights from 7pm to 9pm.

That's right this year right through winter we train two nights a week.

Any other extra training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Answer to the Question

The winner of the **April** question was: **Ryan Stewart**

The correct answer was: **"A comma"**.

A new question is as follows:

I can be quick and then I'm deadly, I am a rock, shell and bone medley. If I was made into a man, I'd make people dream, I gather in my millions by oceans, seas and streams.

What can I be?

Think Carefully!!!

The **first** person to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

GPS CROSS COUNTRY

Date: Wednesday 3rd June 2015.

Where: Limestone Park.

The Club is running a canteen for this important event.

Canteen helpers are required between 6am and 12pm midday. If you are able to assist please contact our Canteen Convener Greg Parnell on your availability. **Ph. 0408 858 551**

RSVP your availability by Monday 1st June 2015

We need at least 2 people from 6am to 8am and 6 people from 8am to 12pm noon.

Please do not let the Club down, show your support by helping out as all funds raised goes back to the athletes. Remember it is your Club.

ONE MILE GIFT 2nd May 2015



One Mile Gift near finish



Ipswich One Mile Gift Placings
Murray Goodwin Stawell Gift winner of 2015 presents Daniel Parnell, Jack Warner & Patrick Hagan



The proud Parnell family



QAL 300m Gift Finish



QAL 300m Gift Place getters

Andrew McCabe, Lindsay Shard, Koffi Agbaleti, Scott Tuohy, Patrick McCarthey & Ian Adams



On Track Helpers

Vic Pascoe, John Musters, Darin Norwood & Brad Robinson



The fabulous Ipswich Hospital Foundation Team



THE 2015 ONE MILE GIFT FIELD

It was marvelous to see so many Club members supporting the Ipswich Hospital Foundation One Mile Gift Race day. Scott Tuohy was 4th in the QAL 300m Gift with Patrick McCarthy 5th and Lizzy Melrose just missing a cheque.

The Ipswich Hospital Open One Mile Gift had a magnificent winner in Daniel Parnell with a courageous Jack Warner 2nd for the second year in a row.

Well done for a great effort and next year you all will be better.

