



P O Box 220, Booval Qld 4304

Ph: 0409 754 884

Website: <http://www.ipswichathletics.org.au>

Newsletter

30th March 2021

President's Message:

With the Coronavirus disrupting our normal way of life, it is very important that we stay safe and healthy during this health crisis. Restrictions have eased but we still need to follow all Covid-19 regulations and ensure washing hands for 20 seconds with soap and water etc.

The Australian Track and Field Athletics Championships are now scheduled for 12th – 19th April 2021. Without the support of family and friends this will not happen. A photo shoot of team members will occur when restrictions allow, watch for postings on FB.

The AGM and presentation is to be held on Sunday 30th May 2021 at Brothers Leagues Club at 11.00am barring any Covid-19 restrictions.

The Winter Carnival for 2021 is scheduled to run 22nd August 2021.

The GPS X-Country Championships will be at Limestone Park on Thursday 20th May 2021, volunteers are required to operate canteen.

Stay safe everyone during these traumatic and terrible times.

Vic

QLD Track & Field Championships 11th March - 14th March 2021

Many of the athletes who have qualified for the Australian 2021 Track & Field Championships will do their best at Olympic Park, Sydney, a team should be announced within a few days.

To gain a place into the final ten is a marvelous achievement for our athletes. They are a wonderful group of youngsters.

Holly-Maree Matthew	U14yrs	800m	6 th	2.24.28	PB
		1500m	10 th	5.12.50	Heat 4.57.24 PB
Abbie Severinsen	U/14yrs	High Jump	8 th	1.45m	
		90m Hurdles	4 th	15.00	PB
		200m Hurdles	3rd	33.17	PB
Mackenzie Crowley	U14yrs	Javelin	3rd	30.69m	
		Shot Put	4 th	11.14m	PB
		Discus	5 th	26.00m	
		Hammer Throw	5 th	29.25m	
Isabella Willshire	U14yrs	100m	14 th	13.80	
		200m	9 th	27.97	Heat 27.89
		800m	12 th	2.29.48	
		400m	2nd	62.01	PB
		Long Jump	13 th	3.51m	

Acacia Wohlsen	U14yrs	Long Jump	4 th	4.62m	PB
		High Jump	6 th	1.35m	PB
		100m	9 th	13.51	13.43 heat PB
		200m	10 th	27.97	
Rylee Novinetz	U15yrs	800m	7 th	2.21.80	PB
Hayley Condon	U/15yrs	Hammer	2 nd	35.54m	PB
Maddie Newham	U/15yrs	Triple Jump	8 th	9.21m	PB
		Long Jump	12 th	4.07m	
		200m	20 th	29.91	PB
Tiana McKimmon	U15yrs	Pole Vault	2 nd	1.80m	=PB
Kali Taylor	U15yrs	Long Jump	11 th	4.21m	
		High jump	=3 rd	1.53m	
Abbie Severinsen	U15yrs	90m Hurdles	4 th	15.00	PB
		200m Hurdles	3 rd	33.17	PB
		High Jump	8 th	1.45m	
Sophie Dunne	U16yrs	Shot Put	7 th	10.63m	PB
Toby Stolberg	U16yrs	High Jump	1 st	1.71m	PB
		Javelin	6 th	28.66m	
Lily Vine	U16yrs	100m	7 th	13.09	heat 12.97
		Long Jump	3 rd	5.25m	PB
Charlize Goody	U/16yrs	High Jump	5 th	1.60m	=PB
		Discus	2 nd	40.59m	PB
		Long Jump	4 th	5.08m	PB
		Shot Put	3 rd	14.01m	PB
		Javelin	1 st	43.25m	
		90m Hurdles	1 st	14.03	PB
		Hammer	2 nd	45.66m	PB
Jessica Rowe	U/17yrs	Hammer	1 st	52.11m	
		Discus	1 st	41.71m	
		Shot Put	1 st	14.55m	PB
	Open 4kg	Hammer	5 th	43.59m	PB
Sophie Wilkins	U/17yrs	Shot Put	4 th	11.69m	
		Discus	6 th	30.10m	PB
		100m Hurdles	4 th	15.76	PB
		400m Hurdles	2 nd	71.19	PB
Aldora Tuilaepa	U17yrs	Hammer	3 rd	36.48m	
Taya Beckers	U/18yrs	200m	11 th	27.45	PB
Kiara Condon	U/18yrs	Shot Put	2 nd	12.98m	
		100m Hurdles	4 th	15.57	PB

Erin Wright	U/18yrs	100m Hurdles	2nd	14.60	PB
Laylani Va'ai	U/20yrs	Discus	2nd	43.88m	
	Open	Discus	4 th	45.12m	
	U/20yrs	Shot Put	3rd	11.98m	PB
	Open	Shot Put	4 th	11.93m	PB
	U20yrs	Long Jump	4 th	5.22m	PB
		High Jump	---	NH	
		100m	=13 th	13.29	
		100m Hurdles	3rd	16.58	PB
Jade Lally	Open	Discus	1st	56.93m	
Hallam Cooper	U14yrs	Triple Jump	3rd	10.05m	
Joel Jakimowicz	U/14yrs	90m Hurdles	3rd	14.47	PB
	U15yrs	200m Hurdles	5 th	31.81	PB
Jet Nunez	U16yrs	100m	11 th	12.24	
Pharrell Eliu	U/17yrs	Triple Jump	5 th	12.79m	
		Long Jump	7 th	6.19m	
Kobe Blake	U/16yrs	200m Hurdles	4 th	30.83	PB
		100m Hurdles	6 th	17.23	
		2000m Steeplechase	6 th	7.15.42	
		400m	6 th	58.62	PB
		800m	7 th	2.15.81	PB
	Open	400m Hurdles	6 th	65.55	
Cooper Blake	U/16yrs	200m	12 th	26.12	PB
		800m	8 th	2.16.76	PB
		High Jump	4 th	1.65m	PB
Ky Dalby	U17yrs	Discus	6 th	33.07m	PB
		Shot Put	4 th	9.95m	PB
		Long Jump	15 th	5.38m	PB
		Triple Jump	13 th	10.86m	
Jamie Van Rensburg	U18yrs	Hammer	2nd	49.84m	PB
Benjamin Thomas	Open	100m	16 th	11.59 injured	heat 10.90

2020 10 Gold 13 Silver 14 Bronze

2021 7 Gold 10 Silver 10 Bronze

Below is a few pictures that you may like, if you do, please email me and they can be forwarded.



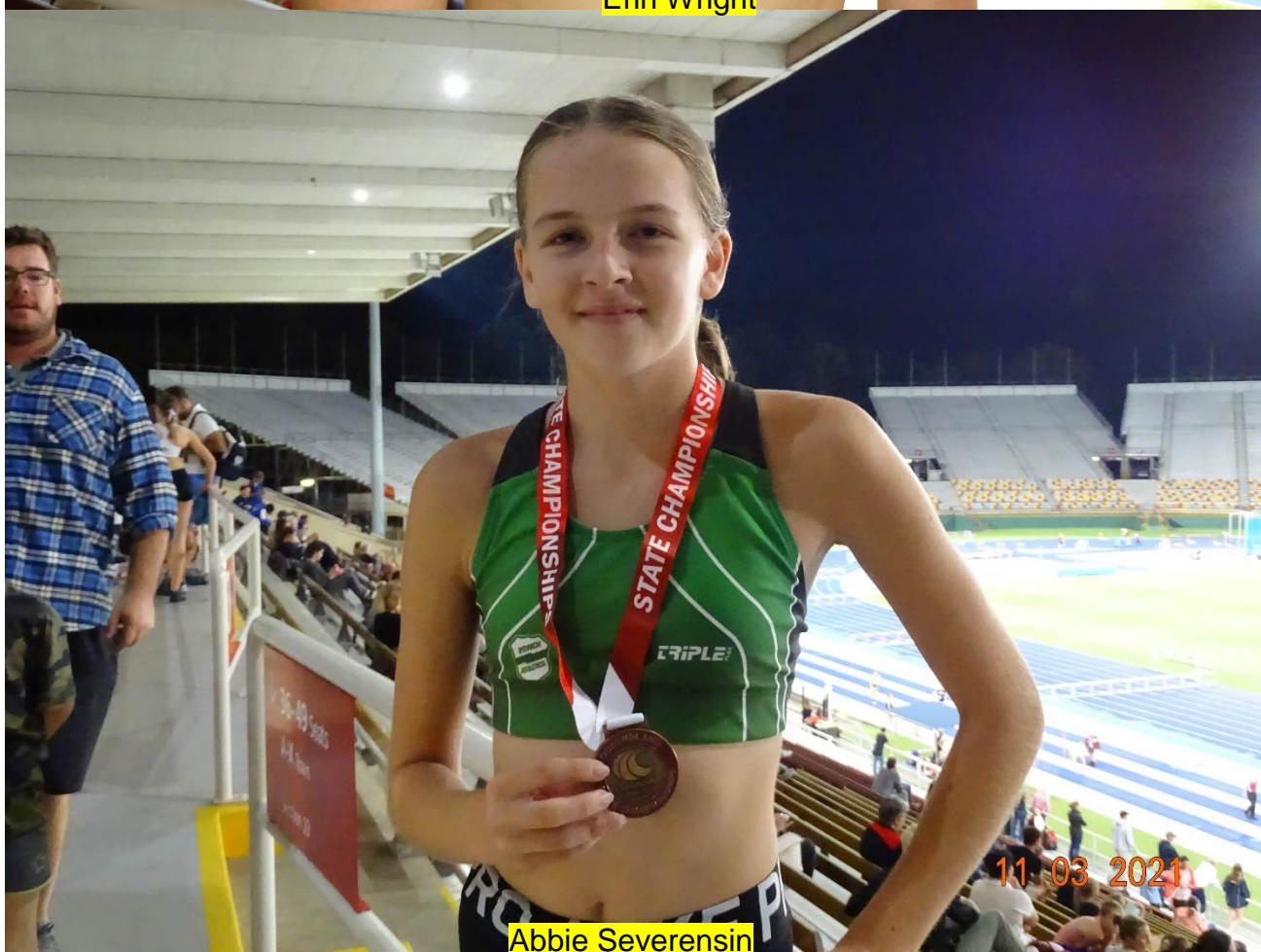
Charlize Goody



Jessica Rowe



Erin Wright



Abbie Severensin



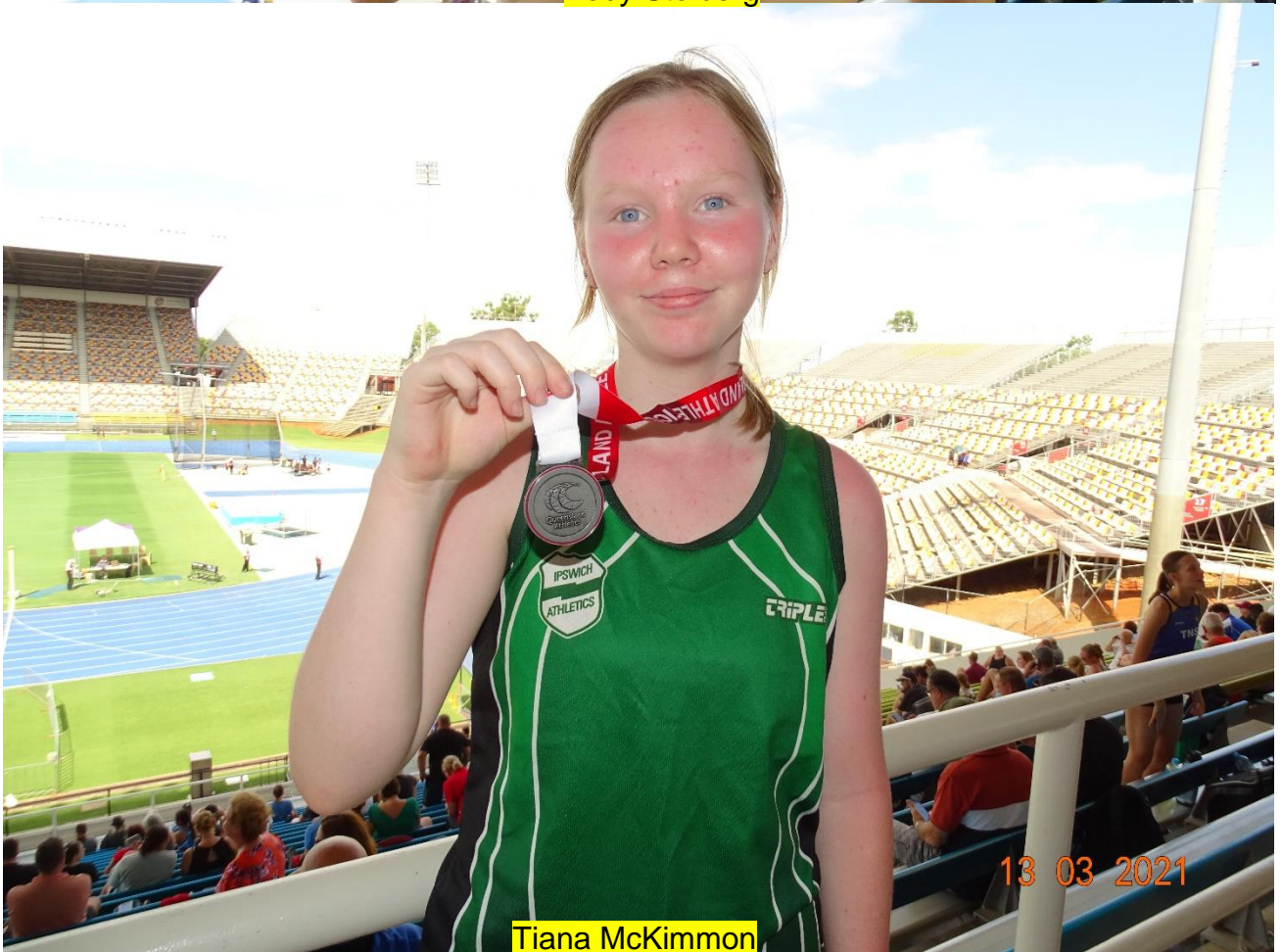
Joel Jakimowicz



Kiara Condon



Toby Stolberg



Tiana McKimmon

13 03 2021



Sophie Wilkins



Hayley Condon & Michael Moore



Jessica Rowe Hayley Condon & Aldora Tuilaepa



Jade Lally

It was a fabulous performance by all Club members along with their parents and supportive friends.

The coaches did a fantastic job in getting athletes to do amazing numbers of PB's, an excellent effort.

With the "Iron Lady" Laylani Va'ai leading the charge with Jessica Rowe, Charlize Goody, Toby Stolberg and Jade Lally made it a memorable occasion for all.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th April 2021** at 7pm. All welcome.

Just a Thought'

I've learned that I never expect to lose.
Even when I'm the underdog. I still prepare a
victory speech just in case.

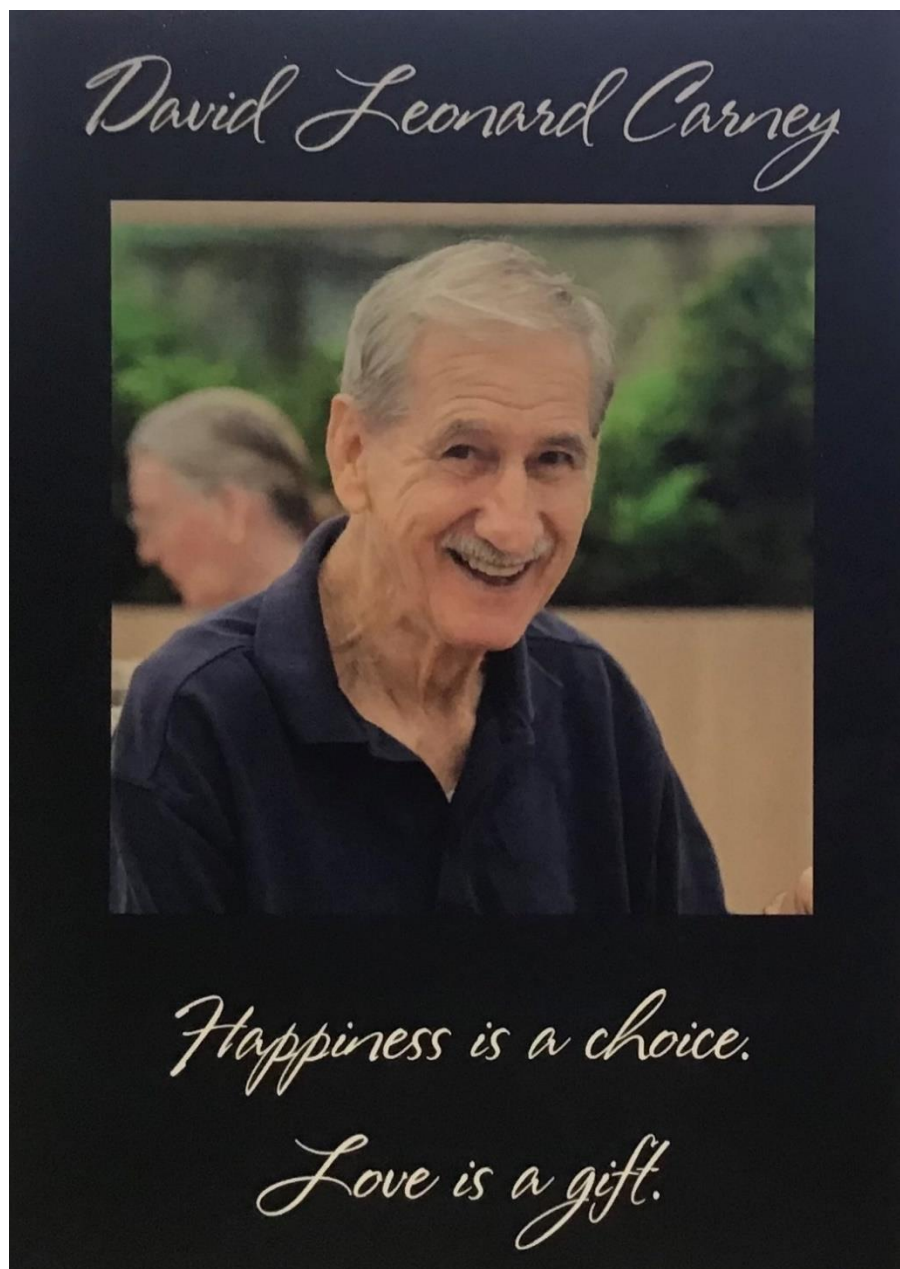
Happy March Birthdays

<i>Isabella Willshire</i>	<i>Olivia Windolf</i>	<i>Cooper Cross</i>	<i>Kjara Condon</i>
<i>Lucas Baker</i>	<i>Jade Lally</i>	<i>Angus Ryan</i>	<i>Sharyn Wells</i>
<i>Jude Thomas</i>	<i>Michael Thomas</i>	<i>Dakota Stewart</i>	<i>Hayley Wright</i>

Memorial Tribute

Dave Carney was a top middle distance Club Coach during the eighties and early nineties. His daughters Julie and Joanne competed for our club and even made it to the nationals over distances of 1500m and 3000m.

Dave passed away on the 26th February 2021, he enjoyed life as some of you may have seen him on billboards on buses and TV commercials involving the "Instant Casket". He was an avid country music lover as his guitar skills were pure entertainment.



Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**.

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au

Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia, QSAC and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

Congratulations

Charlize Goody has done it again, two years in a row to win the U16yrs Australian Heptathlon Championship, this time it was in Melbourne over two days 24-25th March 2021. It was a huge result for Charlize with a final score of 5041pts and a PB to boot.

Her Coach Mark Sills and proud parents Tyne and Kym ventured down to cheer Charlize on for a fantastic win.



Charlize Goody

Mark Sills

Answer to the Question

The winner of the **February** question was **No correct answers**

The correct answer was: **“AVOID, FIDGET, AMIDST, STUPID, HOLIDAY”**

A new question is as follows:

If a solid piece of iron shaped as a doughnut was placed under extreme heat, what would the hole in the middle do?

The **first two** club members to reply by **email** with the correct answer wins a prize. Must be from different families.

Email: - vgpascoe1@bigpond.com.au

Club Training Nights

Training sessions on a Monday and Wednesday night at the Bill Paterson are on from 6.30pm to 8.30pm.

Any other extra fitness sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

The “**Melbourne Track Classic**” on 25th March 2021 saw **Jade Lally** compete in the Open Women’s Discus.

Jade finished 2nd with a throw of 55.67m, not a great day at the office.

The “**Brisbane Track Classic**” which was on 27th March 2021 proved to be a wonderful competition for Jade Lally and Laylani Va’ai in the Open Women’s Discus.

Jade Lally 2nd 58.24m

Laylani Va’ai 5th 44.92

Unfortunately Jade did not qualify for the Olympics this time, but still has a great chance at the Australian Athletics Championships during April in Sydney.

It was a exciting times for Laylani getting a late call-up for this event, but the experience she has gained will all go well in her future endeavours. With her 18th birthday in December, Laylani has a very bright athletic journey.



Jade Lally



Laylani Va'ai



CLUB BREAKUP

Please note that the Club is scheduled for its annual **Trophy Breakup** on Sunday 30th May 2021 at Brothers league Club, Raceview. Due to the Covid-19, Brothers Leagues Club follows all regulations so the presentation day can be held. Many trophies are given out on this day, **so please wait for further announcements.**

Club Champion award

Achiever of the Year award

Les Scott Encouragement Award

Bremer Chiropractic U/20yrs award male & female

Rookie of the year award male and female

Most Club Participation award

Highest points for X-Country, Track and Field, male and female and many more.

A guest speaker will be commencing the breakup, be ready with your questions! Watch this space.

At the breakup our Club's **Annual General Meeting** will be held. **All positions** are declared vacant and this is your opportunity to become part of the Committee. Nomination forms for positions are available. **Ph. 0409 754 884.**



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281

