



P O Box 220, Booval Qld 4304
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Newsletter

29th June 2023

President's MESSAGE:

Congratulations to **Toby Stolberg** and **Charlize Goody** for making another Australian Team to compete at the Commonwealth Youth Games in Trinidad and Tobago from 4th-11th August 2023. Toby will be competing in the High Jump and Charlize in the Discus after attending a training camp in Sydney in July 2023. We cannot forget superstar **Mia Kertesz** who will be competing in the World Dwarf Games 8th edition in Cologne, Germany from 28th July - 5th August 2023.

With the **40th Winter Carnival happening 20th August 2023**, it includes the 32nd running of the 120m Lightning Gift and we are looking for the support of local businesses and individuals to make this Carnival a huge success. Any contribution is much appreciated as many international athletes have competed to make this spectacular event.

Vic

Congratulations

On Friday 9th June 2023 Club members Lisa White, Larissa Chambers, Jo Compson, Mia and Deanne Kertesz and myself attended the inaugural Championing of Women in Sport Luncheon at Brothers Leagues Club.

Hosted by Jennifer Howard MP, member for Ipswich, the guests were Bo De La Cruz, Dakota Davidson, Holyee Jackson, Hani Watson and Veronica White with Pye Augustine as MC, at least 160 people enjoyed a fantastic event.

Just to listen to their stories of the ups and downs of their journeys was simply inspirational, a shining light to all of the women present including us men. It is something that if you are available to attend the next event being held, make sure you do as these sporting women are a credit to society.



Committee Notes

Our next Monthly committee meeting is on **Tuesday 25th July 2023** at 7.30pm. All welcome.

The U20 Europe Team Tour

Vice President Theresa (Marty) Stolberg is the U20 Australian team coach whilst touring the UK and Europe. Having this experience can only enhance Marty's ability to coach our Club athletes to even higher levels.



Track & Field InterClub Competition

All Track and Field events to be scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

QAL has events scheduled on their website www.qal.org.au

Just a Thought'

I've learned ... to accept the love and support of friends.

Happy June Birthdays for Club Members

Luca Gigliotti Amanda Burt Cooper Blake Kobe Blake
Elliot Dock Cooper Friend Isabelle Heeley Joshua Lehmann
Mitchell McNiven Thomas Pearsall Kimberley Prickett
Boden Ritchie Janet Webber Hayden White Catherine Tamate
Joel Jakimowicz Charlie Wellings

Club Uniform

The Club uniform ***must*** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the IDAC uniform is as follows:

Ladies Crop Top	\$40.00
Ladies shorts/bike pants	\$40.00
Singlet	\$34.00
Men Shorts	\$52.00
Polo – Short Sleeves	\$57.00
Polo – Long Sleeves	\$62.00
Hoodie no zip	\$50.00
Hoodie with zip	\$77.00
Leggings	\$67.00
Tracksuit Pants	\$75.00
Coach Jacket	\$85.00

THE
IPSWICH TRIBUNE

Club Training Nights

Monday and Wednesday nights training at 6.15pm to 8.30pm

Any other training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.



MAIN EVENT: SUNDAY 30 JULY 2023

BILL PATERSON OVAL, LIMESTONE PARK

VIRTUAL EVENT: 23 JUL – 6 AUG | ANYWHERE

SUPPORTING LOCAL RESEARCH BY LOCAL RESEARCHERS

The event consists of ½ Marathon, ½ Marathon Relay, 10km, 5km, 5km Walk, 2.5km, Family Challenge and the Mascot Marathon.

Registrations are now open, go to <https://park2park.com.au>

Our **Club** will be running the canteen to sell bacon & egg rolls along with a sausage sizzle. We need a few parents to help out to feed the masses. Athletes can also assist to make it a great day.

Get along and support this great cause. No excuses.

Reimbursements for Athletes

There is several athletes who have not answered our Treasurer Jo Compson treasurer@ipswichathletics.org.au requests for your bank details. Once given athletes who competed in the 2023 Australian Athletic Championships are eligible. **Please supply ASAP.**

Parents Volunteering

On training nights when our Committee are unable to have someone at the clubhouse window to take training fees etc. it would be wonderful if some parents could help out on a roster system. It is not hard and is only for about 30 minutes at start of training. This may include the sale of Club Uniforms.

With your help, this action would make our club run a whole lot better.



A list for athletes to sign will be back in place for athletes who attend any Club training session, the light fee of \$3, this covers you insurance wise. If this not paid the club suffers as a result with no chance of surviving into the future.



Answer to the Question

The winner of the **May** question was **Harsith Rameshkumar**

The correct answer was: **Gloves**

A new question is as follows:

Fill in the blanks below with three 4-letter words that are anagrams of each other (they all contain the same four letters):

"The man ____ of money because he couldn't walk away from the ____ machines.

What are they?

The **first club member** to reply by email with the correct answer wins a prize.
This is too easy.

Email: - vgpascoe1@bigpond.com.au



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This may be of interest



The **North Queensland Championships** will be held from 22nd – 24th September 2023 in Mackay.

It has come to be a great opportunity for our athletes to compete before the new season starts. As a club, we have been very successful over the years.

There is even events for masters, younger athletes i.e. U10yrs as well as the usual age groups.

Please contact Narelle Crowley on 0413 727 322 via messenger or FB of your interest so any arrangements can be made as a 25 seater bus is being organized. Some seats already taken.

