



President's MESSAGE:

It was a pleasure to watch the Oceania Athletics Championships at the Mackay Aquatic and Recreation Complex. It gave athletes another chance to qualify for this year's Commonwealth Games to be staged in Birmingham.

Covid-19 restrictions have eased considerably, but sanitizer is available at any club training who attend training sessions including Coaches, parents and friends.

Stay home (if unwell, get tested), Stay safe, Stay active and Stay social.

With the **39th Winter Carnival happening 21st August 2022**, it includes the 31st running of the 120m Lightning Gift and we are looking for the support of local businesses and individuals to make this Carnival a huge success. Any contribution is much appreciated as many international athletes have competed to make this spectacular event.

This Sunday 3rd July we are holding a BBQ sausage sizzle at Bunnings, Bundamba to raise much needed funds for our talented athletes, just pop in and purchase one or two.

Vic

Committee Notes

Our next Monthly committee meeting is on **Tuesday 26th July 2022** at 7.30pm. All welcome.

Congratulations

Club members proved to everyone that they are world class even though they are U20yrs of age, whilst competing at the Oceania Championship staged in Mackay from 7th – 11th June 2022. If only we had a tartan track here in Ipswich central to allow these potential stars compete at their best. Having to travel to Brisbane several times a week is downright a burden we all could do without.

Jessica Rowe, Laylani Va'ai, Charlie Goody and Toby Stolberg all brought home bling from this exciting competition.

A young team of U16yrs also competed at these Championships in a team challenge format, several setting PB's during the competition, thus gaining valuable experience at an International event. Brad Robinson and Shaun Crowley managed this wonderful team of youngsters.

Laylani Va'ai	U20yrs	Discus	3 rd	46.25m
Toby Stolberg	U20yrs	High Jump	2 nd	1.78m
	U18yrs	High Jump	3 rd	1.71m
Charlie Goody	U18yrs	Heptathlon	2 nd	4438pts
		Javelin	3 rd	41.95m
		Discus	4 th	43.99m
Jessica Rowe	U18yrs	Hammer Throw	1 st	58.92m

The U16yrs Team challenge consisted of male and female athletes where most competed in three or more events.

Tiana Parsons	U16yrs	400m	7 th	63.65	PB
		1500m	10 th	5.10.75	
		Triple Jump	15 th	8.75m	
Charlotte Parsons	U16yrs	100m	20 th	13.92	
		400m	5 th	63.04	
		1500m	8 th	5.06.56	
Abbie Severinsen	U16yrs	90m Hurdles	8 th	14.39	PB
		300m Hurdles	7 th	51.62	
		Long Jump	10 th	4.75m	
		High Jump	6 th	1.45m	
		4 x 100m Relay	4 th	50.12	
Mackenzie Crowley	U16yrs	Javelin	7 th	26.20m	
		Shot Put	7 th	10.31m	
		Discus	9 th	27.41m	
		Hammer Throw	6 th	35.43m	
		Swedish Relay	9 th	2.29.66	
Hayley Condon	U16yrs	Shot Put	5 th	11.76m	
		Discus	13 th	24.84m	
		Hammer Throw	5 th	35.43m	
Isabella Willshire	U16yrs	100m	17 th	13.60	PB
		200m	13 th	27.69	
		400m	8 th	64.01	
		Long Jump	---	ND	
		4 x 100m Relay	4 th	50.12	
Sophie Schutz	U16yrs	200m	20 th	29.38	PB PB
		800m	4 th	2.22.22	
		1500m	5 th	4.57.64	
		3000m	6 th	11.04.80	
		Swedish Relay	9 th	2.29.66	
Sashia Josipovic	U16yrs	Javelin	4 th	32.34m	
		Discus	1 st	38.85m	
Angus Dine	U16yrs	100m	6 th	11.70	
		200m	9 th	24.56	
		Triple Jump	6 th	11.76m	
		Javelin	10 th	2.20m	
		4 x 100m Relay	4 th	50.12	
Dan Harlow	U16yrs	100m Hurdles	4 th	14.13	PB
		300m Hurdles	2 nd	42.14	
		400m	5 th	54.53	
		Hammer Throw	17 th	20.91m	
		4 x 100m Relay	4 th	50.12	
Joel Jakimowicz	U16yrs	200m	16 th	28.01	

		100m Hurdles	8 th	16.15	PB
		300m Hurdles	10 th	49.46	
		Discus	17 th	24.24m	
		Swedish Relay	9 th	2.29.66	
Dakota Stewart	U16yrs	800m	4 th	2.12.57	
		1500m	5 th	4.32.07	
		3000m	6 th	9.52.09	
		Shot Put	14 th	9.26m	
		Swedish Relay	9 th	2.29.66	
Felix Yen	U16yrs	100m Hurdles	7 th	15.78	
		Long Jump	11 th	5.52m	
		Triple Jump	9 th	11.46m	
		High Jump	7 th	1.60m	

The masters' athletes did very well in their particular age group.

Miranda Ramsden	35-39yrs	Shot Put	1 st	9.30m	
		Discus	2 nd	21.32m	
		Javelin	2 nd	18.49m	
		Hammer Throw	2 nd	24.09m	
		Weight Throw	1 st	9.78m	
Janet Webber	45-49yrs	60m	2 nd	9.10	
		100m	2 nd	14.62	
		200m	2 nd	30.89	
		400m	1 st	70.54	
		80m Hurdles	2 nd	15.12	
		Long Jump	2 nd	4.09m	
		High Jump	2 nd	1.35m	
		Javelin	1 st	29.37m	
Theresa Stolberg	50-54yrs	Shot Put	4 th	8.89m	
Andrew McLean	45-49yrs	60m	2 nd	7.69	
		Long Jump	1 st	5.84m	
		Triple Jump	1 st	11.93m	
Michael Berlin	50-54yrs	100m	1 st	12.14	
		200m	2 nd	24.73	
		High Jump	1 st	1.60m	





Toby



Charlize



Janet

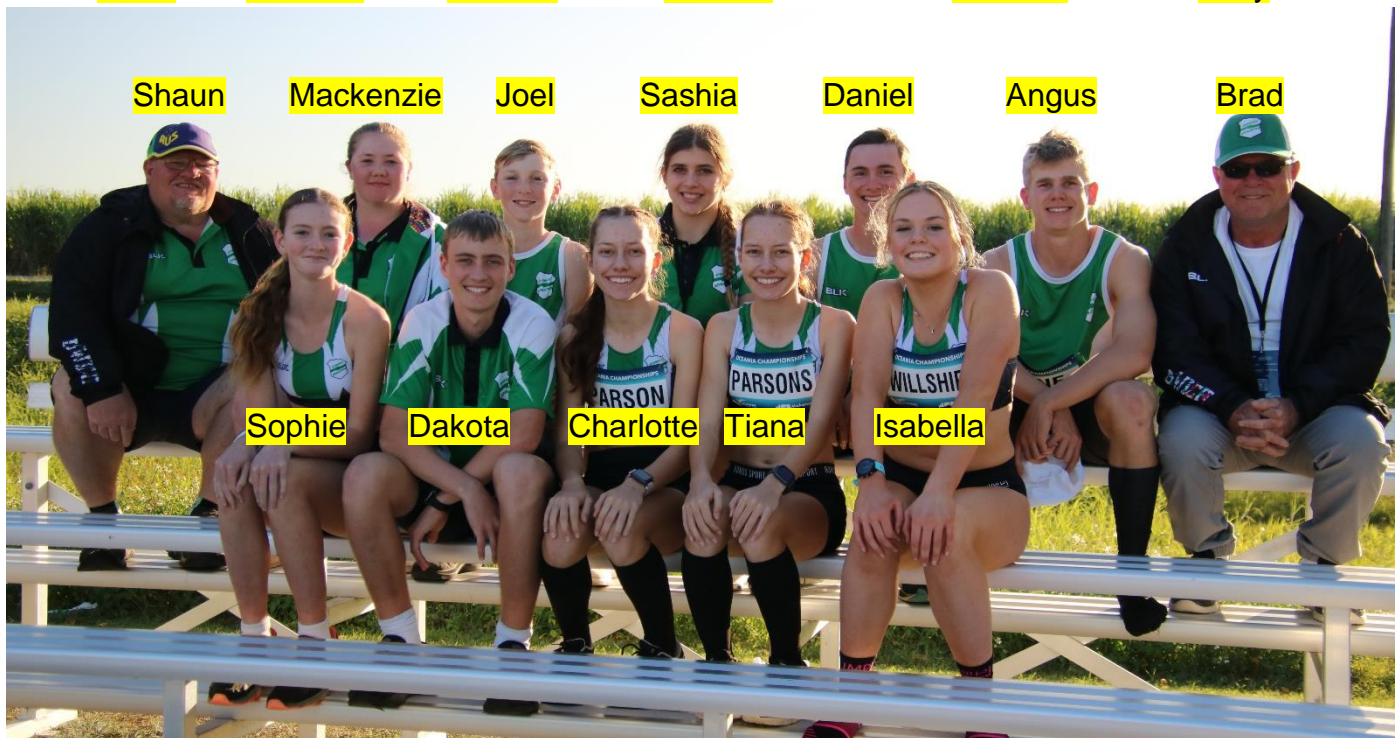
Theresa

Michael

Andrew

Miranda

Toby



Shaun

Mackenzie

Joel

Sashia

Daniel

Angus

Brad

Sophie

Dakota

Charlotte

Tiana

Isabella

Track & Field InterClub Competition

All Track and Field events to be scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

QAL has events scheduled on their website www.qal.org.au

Just a Thought'

I've learned ... hope abandons only those who
turn her away.

Happy June Birthdays for Club Members

Ashlea Gibbs Emry Pitman Cooper Blake Kobe Blake

Lois Kelly Boden Ritchie Janet Webber Yvonne Crowley

Grace Battersby Hayden White Catherine Tamate Joel Jakimowicz

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

IDAC Uniform Price List

Ladies Crop Top	\$32.00
Bummers / Bike pants	\$40.00
Singlet	\$30.00
Shorts	\$44.00
Polo – Short Sleeves	\$46.00
Polo – Long Sleeves	\$57.00
Hoodie	\$77.00
Tracksuit Pants	\$72.00
Coach Jacket	\$82.00

Club Training Nights

Monday and Wednesday nights training at 6.30pm to 8.30pm

Any other training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.



PRESENTED BY



MAIN EVENT: SUNDAY 31 JULY 2022 | BILL PATERSON OVAL, LIMESTONE PARK

VIRTUAL EVENT: 23 JUL – 6 AUG | ANYWHERE

SUPPORTING LOCAL RESEARCH BY LOCAL RESEARCHERS

The event consists of ½ Marathon, ½ Marathon Relay, 10km, 5km, 5km Walk, 2.5km, Family Challenge and the Mascot Marathon.

Registrations are now open, go to <https://park2park.com.au>

Our **Club** will be running a stall to sell bacon & egg rolls along with a sausage sizzle. We need a few parents to help out to feed the masses. Athletes can also assist to make it a great day.

Get along and support this great cause. No excuses.

**SPINE
STREET
STUDIOS**



UNIVERSITY
OF SOUTHERN
QUEENSLAND



 **walkerpendergroup**
LAWYERS



“FLASH BACK in Time”

Last month, a question was to name the most athletes in the photo.

There were no correct answers, so we have another photo.



Do you recognize our young stars of the past?

I'm sure you will, it's from the 2017 team members for Australian All Schools Championships.

There is a prize for the Club member who can answer the most number of correct names.

Email: - vgpascoe1@bigpond.com.au

Answer to the Question

The winner of the **May** question was **Adelaide Bailey**

The correct answer was: "He has 3 daughters. One blonde, one brunette, and one redhead."

A new question is as follows:

I am feared by many people, but scramble my letters and I become hated.
What am I?

The **first club member** to reply by email with the correct answer wins a prize.
This is too easy.

Email: - vgpascoe1@bigpond.com.au



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281

EXTRA, EXTRA news

Club Champion **Jude Thomas** 20yrs has departed Australia to train and compete in Europe to gain valuable experience on how to race against some of the best.



This may be of interest

The **North Queensland Championships** will be held from 23rd – 25th September 2022 in Townsville.

It has come to be a great opportunity for our athletes to compete before the new season starts. If you are interested in attending this event the club will chase up possible accommodation and travel to help with costs etc. As a club, we have been very successful over the years.

There is even events for masters, younger athletes i.e. U10yrs as well as the usual age groups.

Please contact our Secretary Kym Goody on 0429 470581 via messenger or email goodykym@gmail.com before Saturday 9th July 2022 of your interest so any arrangements can be made.

Congratulations

The competition in Saipan at the Pacific Mini Games 21st – 25th June 2022 saw Charlize Goody win the gold medal in the Discus with a throw of 43.58m in blustery conditions.

A tremendous achievement for a 16yr old in Open competition where 9 women from various pacific islands competed. Her mum Kym and dad Tyne traveled to Saipan to watch Charlize do her best.

Michael Moore is Charlize coach for this event.



Charlize Goody



Jade Lally competed at the UK Track & Field Championships from 24th – 26th June 2022 in Manchester, England. It was an awesome effort for Jade who is a Club member to win the Gold medal in the Discus and hit 61.42m in the final round. This is the 8th time Jade has won this event at these Championships.

It will also be Jade's 4th time she will be competing at the Commonwealth Games to be staged in Birmingham, England from 28th July to 8th August 2022.

Club promotion with Jade wearing the Club colours during the UK Championships, so cool.