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Newsletter

24th June 2021

President's MESSAGE:

It was a pleasure to watch the Oceania Invitational Series 1 & 2 at the Gold coast Performance Centre, Runaway Bay. It gave our athletes another chance to qualify for this year's Olympic Games to be staged in Tokyo. A further qualification was held in Townsville.

It was disappointing for our volunteers who put in the hard yards in preparing food for the IGS athletic carnival to see it cancelled due to the weather conditions. However the organization "Meals on Wheels" were most appreciative in receiving food from our club.

Covid-19 is still on the agenda, so social distancing will be the order of the day with sanitisers available at any club training and we have the app of Check in QLD to ensure tracking is carried out by all who attend training sessions including Coaches, parents and friends.

Stay home (if unwell, get tested), Stay safe, Stay active and Stay social.

With the **39th Winter Carnival happening 22nd August 2021**, it includes the 31st running of the 120m Lightning Gift and we are looking for the support of local businesses and individuals to make this Carnival a huge success. Any contribution is much appreciated as many international athletes have competed to make this spectacular event.

Vic

Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th July 2021** at 7pm. All welcome.

Congratulations

Club member **Jade Lally** competed at all these meets to give herself an opportunity to qualify for the Tokyo Olympics to be held from 23rd July to the 8th August 2021.

Unfortunately **Jade** did not qualify even with a best throw in the Discus of 54.80m in Townsville.

We are all looking forward to see **Jade** compete next season as she is an inspiration to all the young throwers in the club.



Track & Field InterClub Competition

All Track and Field events to be scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

QAL has events scheduled on their website www.qal.org.au

Just a Thought'

I've learned ... no matter how dreary, miserable, or bitter the weather, birds always can be heard singing.

Happy June Birthdays for Club Members

Ashlea Gibbs

Cooper Blake

Kobe Blake

Lois Kelly

Janet Webber

Yvonne Crowley

Grace Battersby

Catherine Tamate

Joel Jakimowicz

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

A new uniform will be worn for the start of next season and is available to view at the clubhouse on training nights. However to have sufficient uniforms available we need to know your size and what you actually want. Please advise us ASAP so orders can be placed.

IDAC Uniform Price List

Ladies Crop Top	\$32.00
Bummers / Bike pants	\$40.00
Singlet	\$30.00
Shorts	\$44.00
Polo – Short Sleeves	\$46.00
Polo – Long Sleeves	\$57.00
Hoodie	\$77.00
Tracksuit Pants	\$72.00
Coach Jacket	\$82.00

Club Training Nights

Monday and Wednesday nights training at 6.30pm to 8.30pm

“Check in QLD” is mandatory for all athletes, Coaches and volunteers.

All Covid-19 restrictions will be adhered to i.e. social distancing and sanitisers will be available and must be used as required.

Any other training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.



This year the Park2Park will be held on Sunday the 25th July 2021 starting from Bill Paterson Oval, registrations are now open for all events at <https://park2park.com.au>

A VIRTUAL EVENT IS ON SATURDAY 17-31 JULY 2021

The event consists of ½ Marathon, ½ Marathon Relay, 10km, 5km, 5km Walk, 2.5km, Family Challenge and the Mascot Marathon.

Included with each registration is a;

FREE OFFICIAL RACE CAP



FREE FINISHERS MEDAL



FREE RACE BIB



Our **Club** will be running a stall to sell bacon & egg rolls along with a sausage sizzle. We need a few parents to help out to feed the masses. Athletes can also assist to make it a great day.

Get along and support this great cause. No excuses.

**SPINE
STREET
STUDIOS**



“FLASH BACK in Time”

Last month, a question was to name the most athletes in the photo.

There were no correct answers, so we have another photo.



Do you recognize our young stars of the past?

I'm sure you will, it's from the 2016 team members for All Schools Championships.

There is a prize for the Club member who can answer the most number of correct names.

Email: - vgpascoe1@bigpond.com.au

Answer to the Question

The winner of the **May** question was **Larissa Chambers**

The correct answer was: **"A Cloud"**

A new question is as follows:

What building has the most stories?

The **first club member** to reply by email with the correct answer wins a prize.
Think carefully.

Email: - vgpascoe1@bigpond.com.au



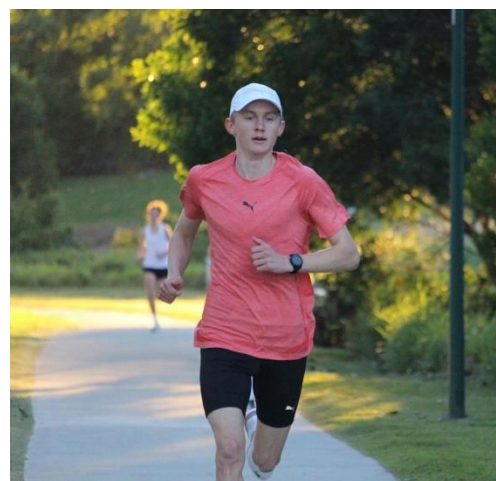
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Congratulations

Club Member **Jude Thomas** 19yrs sets an Australian record at the Kedron Parkrun on Saturday 19th June 2021 running a blistering time of 14 minutes and 2 seconds. 🙌 🙌

It was only his second time tackling this course but it was his 103rd Parkrun as he is a regular at the Ipswich Parkrun on a Saturday morning starting at 7.00am.

Jude is part of a training squad the "NANCI" crew run by Coach Peter Reeves who is also an excellent mentor.



This may be of interest

The **North Queensland Championships** will be held from 24th – 26th September 2021 in Townsville.

It has come to be a great opportunity for our athletes to compete before the new season starts. If you are interested in attending this event the club will chase up possible accommodation and travel to help with costs etc. As a club, we have been very successful over the years.

There is even events for masters, younger athletes i.e. U10yrs as well as the usual age groups.

Please contact our Secretary Kym Goody on 0429 470581 via messenger or email goodykym@gmail.com before Saturday 3rd July 2021 of your interest so any arrangements can be made.

