P O Box 220, Booval Qld 4304 Ph: 0409 754 884 Website:

http://www.ipswichathletics.org.au

31st July 2021

President's Message:

Many thanks to the volunteers who assisted in the Canteen at the Districts Cross country and the Park2Park BBQ. Yvonne Crowley is a special lady to convene these important events.

Many PB's have been set at the various school districts with a good number of club athletes making it to regionals, well done everyone.

The 39th Winter Carnival is almost upon us, get your registrations in, whether it's for the professional races i.e. 31st lightning Gift or the other events available on the day. You can get entry forms at the clubhouse or you can download from our website.

With this latest lockdown, I hope everyone stays home and be safe, only to go out for essentials.

Víc

Committee Notes

Our next Monthly committee meeting is on Tuesday 24th August 2021 at 7pm. All welcome.



at Riverlink assists us by any purchases

made, the club gets a kick back from every sale made. Please ensure that when you make a purchase, you ask for the Kickback to go to the Ipswich & District Athletic Club.

Track & Field

All Track and Field events are scheduled on the Queensland Athletics website

www.qldathletics.org.au

QAL have events scheduled on their website www.gal.org.au

Just a Thought'

I've learned that Hope is a periscope which enables us to see over our present problems to future possibilities.

Happy July Birthdays

Tamara Carvolth Ruby Gibbs Kate Brent Sophie Dunne Rylee Novinetz Jack Thomas Harrison Bowman Eliana van Deventer Carley Stieler

Shaun Crowley Jenny Shard Daniel Harlow Pharrell Eliu Vic Pascoe Kasharlia Sullivan Ashton Mcguire Allen Watts

Club Uniform

The Club uniform <u>must</u> be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. If the uniform is not worn, no points or performances will be recorded at interclub meets.







Volunteers Required

We need volunteers to assist on Club training nights.

By being available to be at the clubhouse window as athletes arrive to check in, this would enable athletes to have a better understanding of what happens around the Club.

Assistance can be provided as in training, please contact.

Vic Pascoe re any queries.

0409 754 884



Club Training Nights

Training nights on Monday & Wednesday nights 6.30pm to 8.30pm.

A water bottle, towel and appropriate warm clothing are required for all sessions.

COVID protocols are in place where social distancing and use of sanitizers are mandatory.

Answer to the Question

The winner of the June question was Nicholas Williams

The correct answer was: "A library"

A new question is as follows:

Though my beauty is becoming, I can hurt you just the same. I come in many colours. You will always know my name. Some love me for one reason. Some may dislike me just as well. More than one of any colour of me will surely always sell.

What am T?

Think carefully!!!

The first club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. Please phone Vic on 0409 754 884.







Club Captains Laylani Va'ai and Jude Thomas



Park2park

Lots of people ran for fun or went out to create history on a cold and windy Sunday morning in Limestone Park on the 25th July 2021.

Jude Thomas wrote himself into the record books by winning the 10km feature in a record time of 31 minutes and 38 seconds, whilst his younger brother Jack ran 2nd in the same race with a time of 37 minutes and 40 seconds. It was a real family affair.

Now a young 10 year old club member by the name of Conor Mathewson ran the last 5km leg of the winning team of Half Marathon relay in an amazing time of 18 minutes and 49 seconds. Conor was part of the "Nanci team" which included his dad Shane and Pop Noel as part of the team along with Paul Shard. The overall time was one hour, 22 minutes and 46 seconds.



Congratulations

With the lockdown announcement the Queensland X-country Championships were staged on the Toogoolawah Golf Course where several club members did exceptionally well, even with the schedule times of events being brought forward on Saturday 31st July 2021.

Avery Jones	U9yrs	1000m	4.23.00	4 th
Conor Mathewson	U11yrs	2000m	7.56.00	1 st
Mikaela Learoyd	U12yrs	3000m	12.57.00	9 th
Ashton McGuire	U12yrs	3000m	11.29.00	6 th
Holly- Maree Matthews	U14yrs	3000m	11.52.00	12 th
Rylee Novinetz	U15yrs	3000m	16.56.00	21 st
Jack Thomas	U17yrs	6000m	21.30.00	13 th
Connor Shaw	U18yrs	6000m	21.43.00	16 th
Jude Thomas	Open	10,000m	31.04.00	3 rd





