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Newsletter

28th January 2021

President's Message: Now that we are back to school and work including new jobs, I wish you all a very successful and prosperous new year, hopefully it will be better than 2020.

There have been some wonderful performances so far this season, many PB's and I congratulate those who have competed in the recent competitions.

Covid-19 restrictions still require everyone who attends a training session to check in on the QR code at the clubhouse and sanitize before training commences. This includes all athletes, parents and coaches. A 1.5m apart rule in place where possible, stay safe.

Just a short note to say that all positions of the Club committee will become vacant as per our constitution at the annual AGM. The AGM will be held in May 2021. I encourage all parents, friends and athletes to nominate for a position at the AGM. Support for these positions will be given to those interested.

Vic

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics FB page**.

Entries are open QA 3000m Championships entries close Friday 12th February 2021 at 9.00am, Runaway Bay on the 13th February 2021..

Australian Combined Championships U15-U18 on 24th – 25th March 2021, Lakeside Stadium, Albert Park, Melbourne.

The **Queensland Athletics Championships (U14 to Open)** are being held at the QSAC from **Thursday 11th – 13th Sunday March 2021**.

Stawell Gift is on 3rd – 5th April 2021, entries are now open.

Australian Athletics Championships 12th – 21st April 2021, Sydney.

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au



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Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Girls Crop Tops	\$50-00
Girls Singlet's	\$37-00
Girls Shorts	\$30-00
Boys Singlet's	\$37-00
Boys Shorts	\$30-00
Club Polo Shirt	\$50-00

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Happy January Birthdays

Jade Hardy-Synnott

Kylie Fouracre

Olivia Hine

Craig Thomas

Charlize Goody

Aidan Titman

Monique Williams

Elli Pedroni

Ethan Platen

Tamika Ritchie

Thaiday "Ted" Ruben

Darin Coombs

Andrew Wheeler

Answer to the Question

The winners of the **December** questions were: *Sophie Dunne & Sharyn Wells*

The correct answer was: **"Thursday."**

A new question is as follows:

A man is asked what his daughters look like. He answers, "They are all blondes but two, all brunettes but two and all redheads but two."

How many daughters does he have?

The **first** club member (who has not won in the past 3 months) to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com



XVIII AUSTRALIAN
MASTERS GAMES
PERTH
9-16 OCTOBER 2021

GAMES eNEWS



ENTRIES NOW OPEN!

GO FOR GOLD AT THE 2021 AUSTRALIAN MASTERS GAMES BY ENTERING NOW...

YOUR GOLD ENTRY INCLUDES:

- A GOLD ACCREDITATION PASS
- PRIORITY ACCESS AT THE GAMES ACCREDITATION CENTRE
- A COMMEMORATIVE PIN (NOT AVAILABLE VIA THE MERCHANDISE RANGE)

Games Entry Costs \$115 (plus a sport entry fee) during the Gold period

CLICK HERE TO ENTER

www.AustralianMastersGames.com

Just a Thought'

**I've learned that....Life is empty without passion –
get involved.**

Parkrun every Saturday

Some of our families really enjoy the challenge at Limestone Park on a Saturday morning starting at 7am. It is a 5km walk, jog or run depending on your ability, personally I try all three at some stage of the run.

Come on and have a go, it's free and our club is now listed for you to be attached when you register online. That way it means anywhere you go, our club gets publicity when you run at a different Parkrun.

Club Training Nights

Training nights on Monday and Wednesday nights 6.30pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 23rd February 2021** at 7pm. All welcome.



Bremer Chiropractic



Congratulations

Each year, Ipswich City Council takes the opportunity to celebrate the achievements of those who have contributed to the community in an exceptional way. The awards also mark an important occasion to celebrate the diversity of the Ipswich community.

Nominations of merit recognise the excellence of Ipswich residents in their chosen field, and how they have enriched the lives of others in the community. The awards are given to deserving recipients in the following categories:

- **Citizen of the Year**
Nominees must be 26 years or older as at 26 January 2020
- **Senior Citizen of the Year**
Nominees must be 60 years or older as at 26 January 2020
- **Young Citizen of the Year**
Nominees must be under 26 years of age as at 26 January 2020
- **Cultural Award**
- **Sports and Recreation Award**
- **Community Event of the Year**
- **Spirit of Ipswich Award**

Thank you for joining in the recognition of inspiring role models in the community at the 2021 Ipswich Australia Day award ceremony.



Inspiring locals, inspiring stories.

2021 Ipswich Australia Day Awards

Wednesday 20 January 2021



2021 IPSWICH AUSTRALIA DAY AWARD NOMINEES

Sports and Recreation Award

Pat Boyle	Haddon Kilmartin
Ali Brigginslaw	Simon Knechtli
Byron Davies	Clifford Langer
Calvin Hegvold *	Peter Reeves

Community Event of the Year

2020 Volunteers Cup	Old Fire Appeal - Cent Auction *
Ipswich Hospital Foundation Park2Park	Riverview Neighbourhood Watch Newsletter
Monsters On Mahogany	White Rock Trail Festival

Spirit of Ipswich Award

Pamela Coyle	Joe McGhee
Donna Hanlon	John (Stomper) Winterburn
Zoe Knorre *	

Cultural Award

Julie Cochrane	Magenta Quinn
Trevor Fourmile	Toni Risson *
Paris Morgan	

Young Citizen of the Year

Keegan Peace	Blake Wesbro *
Andy Sinclair	d'Arcy Witherspoon

Senior Citizen of the Year

Alan Brims	Pamela Lane *
Michael Church	David Pahlke
Ian Dainer	David Smith
Denise Hanly	Darryl Wensley

Citizen of the Year

Catherine Braun	Amanda Pickering
David Clarke	John Siaki
David Cullen	Terry Slaughter
Billy (William) Diehm	Glen Smith *
Liz Grech	Hayley Wesbro
Pastor Fred Muys	

The winners of the Ipswich Australia Day Awards for 2021 have an asterisk after their name. We have in the past had nominees and winners, so it would be appropriate we nominate someone for next year's awards, entries normally close during November of each year. A story of each winner can be seen on the Ipswich City Council website, emphasis the importance of these awards.

Australia Day – Kilcoy Gift

This was the second year in a row, after a hiatus of about 10 years that the Kilcoy Gift of 120m with total prizemoney of \$10,000, Open 70m Gift, Open 300m Gift, Youths 120m Gift and Youths 70m Gift were the highlights of the day. They were sponsored by Searle Family Kilcoy, Kilcoy Global Foods, Butler McDermott Lawyers and the Kilcoy Race Club Inc. It was a fabulous way to celebrate Australia Day along with the horse racing, mini trotting races and fashion parades.

Our club athletes participated in all five events and I am proud to say thank you to all the parents who volunteered especially **Chris Johnson** and **Varian Platen** in helping out to ensure things ran smoothly.

The athletes who registered and competed from our club were Elizabeth Melrose, Mickeelie Johnson, Taya Beckers, Patrick McCarthey, Michael Berlin, Ethan Platen and Harrison Bowman.

Ethan Platen fought out the finish of the 120m Youths Gift finishing 3rd, just missing first place by centimetres. Then to finish the day **Michael Berlin** ran a great race in the 300m Open Gift Final to finish 3rd, Michael was the oldest competitor in the race, well done.



Sunburn, "**Ouch**", this is what happens to you if you don't slip slop slap sun cream lotion on your body when competing in the hot sun.

You have only one body, look after yourselves.





Congratulations

A sensational performance by **Jude Thomas** (18yrs) setting a time of 3.42.95 in the Open 1500m when he ran second at the Dane Bird-Smith Shield meet on 23rd January 2021.

This time will be a new record for the U20yrs once it is ratified by Queensland Athletics. The old record had stood for 41yrs.

The run smashed the U20yrs World Junior Qualifier of 3.48.

Peter Reeves of the renowned "NANCI" running group is Jude's Coach and he is so proud of all his athletes becoming "on the rise" as Peter encourages athletes of all abilities to his group.

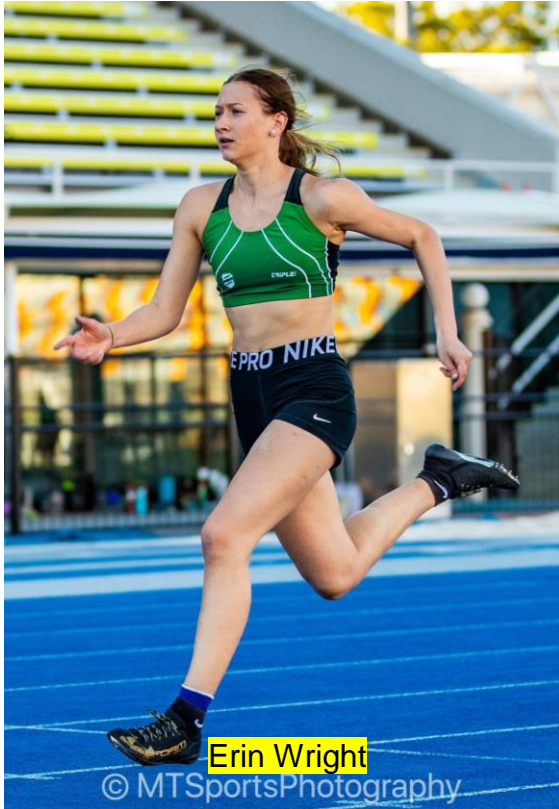
I believe that Jude can now be called the "Flying Pencil" for this truly amazing performance.

Well done.

A wonderful story was in the QT newspaper and the video is on Utube.

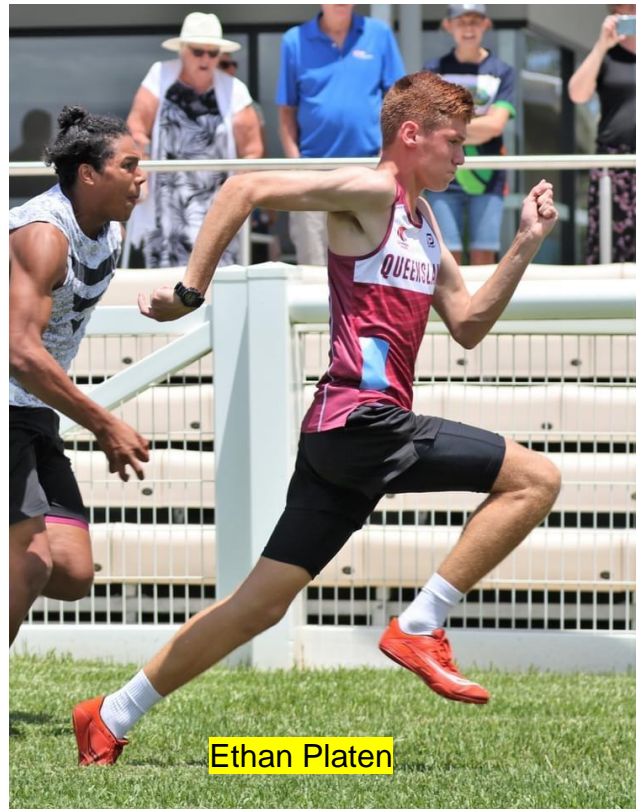


SPINE
STREET
STUDIOS



Erin Wright

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Ethan Platen



Harrison Bowman



Michael Berlin