



P O Box 220, Booval Qld 4304
Website: <http://www.ipswichathletics.org.au>

Ph: 0409 754 884

Newsletter

29th January 2016

President's Message: Now that we are back to school and work including new jobs I wish you all a very successful year.

There have been some wonderful performances so far this season, many PB's and I congratulate those who have competed in the recent competitions. The club is currently running 7th of 13 clubs on the inter club championship ladder.

The Australia Day Awards was a pleasure to see how well they were organized and the acknowledgement of our nominees for their respective contribution to the community.

Just a short note to say that all positions of the Club committee will become vacant as per our constitution on May 22nd 2016. I encourage all parents, friends and athletes to nominate for a position at the AGM. Support for these positions will be given to those interested.

Vic

Just a Thought'

I've learned that....It's important to tell your parents how much you appreciate them Today!

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

Entries are now open for the **Queensland Open Championships** which are being held at the State Athletics Facility from Friday 26th – 28th Sunday February 2016.

Entries close on Monday 15th February 2016.

www.qldathletics.org.au

Happy January Birthdays

James Lehmann

Xavier Williams

Jade Hardy Synnott

Rhys Carr

Benwah Samy

Thaiday "Ted" Ruben

Andrew Wheeler

QAL now has several events scheduled on their website www.qal.org.au

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Girls Crop Tops	\$50-00
Girls Singlet's	\$37-00
Girls Shorts	\$52-00
Boys Singlet's	\$37-00
Boys Shorts	\$57-00
Club Polo Shirt	\$50-00

Old Stock is on sale at \$10-00 apiece. These can be used for training etc.

Answer to the Question

The winners of the **December** questions were **Clare Sullivan** and **Mark Sills**.

The correct answer was: **"The ice-cream man."**

A new question is as follows:

I drift forever with the current
Down these long canals they've made
Tame, yet wild, I run elusive
Multitasking to your aid.
Before I came, the world was darker
Colder, sometimes, rougher, true
But though I might make living easy,
I'm good at killing people too.
What am I?

The **first** person to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com

Club Training Nights

Training nights on Monday and Wednesday nights 7pm to 9pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Australia Day Awards

The Club representatives had a wonderful day at the Ipswich Australia Day Awards for 2016 sponsored by the Queensland Times and the Ipswich City Council. Great pre-entertainment and food to start off proceedings.



Tori Langton was nominated for the Sports Award with **Darrin Norwood** winning the Sports Award category for 2016. Well done.



Michael Moore was nominated for the Sports Administration Award. Well Done.



Rochelle Vidler was nominated for the Somerset Regional Council Australia Day Sports Award. Well done.



Congratulations

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star monthly award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement monthly award. **Please phone Vic on 0409 754 884.**

Congratulations go to **Tara Chaplin** for receiving the Junior Sports Star Encouragement Award of the month for November 2015.



Parkrun every Saturday



It's wonderful to see some of our members keeping fit over the Christmas break with **Liz Melrose** and her family having their first Parkrun on 2-02-2016

I'm sure we will see more of this as the year progresses. Some of our families really enjoy the challenge at Limestone Park on a Saturday morning starting at 7am.

Come on and have a go, its free and our club is now listed for you to be attached.



Liz Melrose

Committee Notes

Our next Monthly committee meeting is on **Tuesday 23rd February 2016** at 7pm. All welcome.

Australia Day Gold Coast Gifts

After attending Australia Day Somerset Awards in in Esk, it was a quick trip to the Gold Coast to see our athletes compete in the various gifts on offer. The weather was overcast but the skies opened up just before the finals with competitors and officials looking a little worse off being so wet.

After running 2nd in her heat of the 120m Ladies Gift sponsored by Stazer Sprint Timing, **Miriam Peni** showed her opposition a clean pair of heels by winning in 13.53 off 8.50m with Michelle Mackey 2nd off 13.25m and Toea Wisil 3rd off scr.



Not to be outdone **Nicholas Grant** ran a gallant 2nd when off 8.50m in the final of the 120m Novice Gift as he was run down by the back marker Bradley Edwards in 12.63 off 2.50m with Aaron Pateman running 3rd off 6.00m.



Nicholas Grant, Bradley Edwards, Aaron Pateman

Liz Melrose running in the heats of the Novice and Ladies Gifts just missed making the finals by a few cms. Can only improve with more racing in front of the handicapper.





 **walkerpendergroup**
LAWYERS



Rotary Club of Ipswich City

IPSWICH & DISTRICT ATHLETICS CLUB

TRIVIA NIGHT

WHEN

**Friday, 4th March 2016
6.00pm – 9.00pm**

WHERE

**Brothers Leagues Club
Willey Street, Raceview**

- **Trivia Prizes for 1st, 2nd, 3rd & last place** •
- **Lucky Door Prizes • Raffles • Money Board** •
- Mini Games • Auction**

Light nibbles will be provided

TICKET PURCHASES

Amy 0413 040 416

Marty 0410 401 909

Tickets also available on training nights at the IDAC counter
7.00pm – 7.30pm (Monday & Wednesday)

ATM Available onsite & Bar will be open

**ALL AGES
EVENT**



**ADVANCE TICKETS
\$15**

Tables of 10 will be allocated or
make your own team of 10

RSVP

Saturday, 27th February

SPONSORS

Some of our sponsors.....

Brothers Leagues Club
TH Massage
CrossFit Electrify
Lifestyle Health Club
Ipswich Jets Leagues Club
The Makeup Room
Nova 106.9FM
River 94.9FM
Photo's by Dee
Adaptit Group
Tomato Brothers

BENEFITTING

Assisting with travel costs
of Ipswich & District
Athletes competing at the
Australian Junior
Athletics Champs in Perth
in March 2016

**AUSTRALIAN
JUNIOR ATHLETICS
CHAMPIONSHIPS**