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Website: <http://www.ipswichathletics.org.au>

Newsletter

27th February 2022

President's Message:

On behalf of the committee I wish to thank the Ipswich & District Athletic Club for supporting our juniors who competed at the Australian Junior Combined Events Championships to the tune of \$100 each that was staged in Sydney on 12-13th February 2022. They are tremendous ambassadors to the sport and the city of Ipswich.

It would be even greater if a supporter/sponsor could come on board to assist our athletes who will be competing at the Australian Track and Field Championships during 26th March to 3rd April 2022.

Also planning is underway for the 39th Annual Winter Carnival to be held on Sunday 21st August 2022. We are looking for potential sponsors who may want to support this Carnival. Maybe to sponsor the 120m Lightning Gift or 120m Ladies Gift along with the 70m U18yrs Junior boys and girls gifts along with many Track & Field events. Please advise me on **0409 754 884** as we can provide information as to what's in it for them.

It's been a long time but we have done it by having 150 members within the Club surpassing an all-time record for the Club.

We are on **Facebook**, look for IDAC and Ipswich & District Athletic Club it is for all our athletes, parents and sponsors who are on FB. Just ask to join if not already a member.

Vic.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 22nd March 2022** at 7.30pm. All welcome.

Just a reminder, our **AGM is on May 29th 2022** and all positions are vacant. This is a great opportunity for you put your hand up and be part of the committee. Nomination forms are available on training nights. Please register your name.

The **Awards Presentation** will also be held on this day. A venue is yet to be announced.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. QSAC, All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.** **Have you got pride in our Club?**



Adelaide Invitational Meet – 12/02/2022

Current Club Champion **Jude Thomas** ran one of his best races so far, it was outstanding to watch him on livestream running 7th in the Open 5000m where Jude was the youngest. His time was superbly done smashing his PB by more than 12 seconds to run 13.45.40.



rebel

The **Rebel Sport store** at Riverlink Ipswich supports our Club by way of kickbacks. This works when you purchase something, please let their staff know that you would like the kick back to go to the Ipswich & District Athletic Club.

Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**

The age for both Awards is 11yrs to 17yrs.



IpswichNewsToday

Les Scott & Associates
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Just a Thought'

I have learnt That to call a nursing home or retirement centre and ask for a list of residents who seldom get mail or visitors. Send them a card several times a year. Sign it, "Someone who thinks you are very special".

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

QAL now has several events scheduled on their website www.qal.org.au

Club Members: - Happy February Birthdays

Hayley Condon

Daniel Williams

Ethan Heyward

Sarah Mawer

Jet Nunez

Houstand Paea

Sebastein Sills

Acacia Wohlsen

Angus Dine

Kym Goody

Erin Wright

Michael Moore

Madison Wells

Carter Andrews

Lachlan Skull

Connor Shaw

James Pegg

Roxann Blake

Club Training Nights

Training nights on Monday and Wednesday nights 6.30pm to 8.30m.

\$3.00 for training under lights.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Answer to the Question

The winner of the **January** question was **No correct answers.**

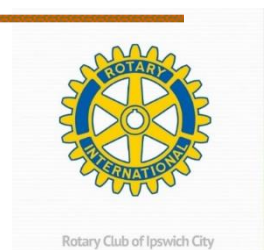
The correct answer was: **"8".**

A new question is as follows:

What is the first number, written in letters that has its letters in alphabetical order?

The **first** club member to reply by **email** with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au



Congratulations

Australian Junior Combined Event Championships were staged in Sydney at Olympic Park on the 12-13th February 2022. Wind and rain thwarted the competition on the first day and then a scorching hot day the last day.

Daniel Harlow led the way finishing in **1st** position with a **PB** in the U15yrs with PB's in Shot Put, Long Jump and Javelin.

Charlize Goody did well to get a **PB** in the U17yrs overall after recovering from the dreaded COVID with a magnificent Javelin **PB**.

Monique Williams finishing 4th and a **PB** in the U16yrs with PB's in 200m, Long Jump, Javelin and 800m.

Dempsey Russell finishing 4th with **PB's** in 100m Hurdles, Shot Put and Long Jump.

Ky Dalby finishing 4th in the U18yrs Decathlon was a feat in its self to have **PB's** in Pole Vault, Javelin and 1500m.

Indiana Platen finished 9th in the U15yrs with a **PB** overall and **PB's** in the 90m Hurdles, High Jump, Shot Put, Javelin and 800m.

Addison Farinazzo finished 13th in the U15yrs with a **PB**, but being the youngest in the field by at least a year managed PB's in Long Jump, Javelin and 800m.

Abbie Severinsen finished 14th in the U16yrs with PB's in the Shot Put, Javelin and 800m. Unfortunately a foot injury did not help.

Isabella Willshire finished 14th in the U15yrs was devastated after the horrible 90m hurdle performance, thus I believe had an effect on her overall events.

Congratulations to all the parents who went and supported, maybe a few nervous moments but a fabulous performance by all of the athletes.

Ky Dalby	U18yrs Decathlon	4 th	3360pts	
Dempsey Russell	U16yrs Heptathlon	4 th	3794pts	
Daniel Harlow	U15yrs Heptathlon	1st	4116pts	PB
Addison Farinazzo	U15yrs Heptathlon	13 th	3415pts	PB (youngest in the field of U15)
Indiana Platen	U15yrs Heptathlon	9 th	3780pts	PB
Isabella Willshire	U15yrs Heptathlon	14 th	2858 pts	
Abbie Severinsen	U16yrs Heptathlon	14 th	3475pts	
Monique Williams	U16yrs Heptathlon	4 th	4496pts	PB
Charlize Goody	U17yrs Heptathlon	3rd	4807pts	PB



Daniel Harlow



Charlize Goody

Congratulations

The Club has done it again with **Jade Lally** winning the Open Women's Discus gold medal at the NSW Athletics Championships on Friday night 18th February 2022 with a great throw of 59.74m beating Sally Shokry of NSW by more than 10m with Sally winning the gold for NSW.

Jade has now qualified for the Commonwealth games to be held in Birmingham during July and August 2022. Her next competition is the QLD Championships 3-6th March 2022 and Australian Championships in Sydney from 26th March to 3rd April 2022.

Jade still has an English passport and will be competing for England at these games, she has won a bronze medal at the 2014 Commonwealth Games and represented Great Britain at the 2016 Rio Olympics.

Jade is a valuable asset to our club by mentoring many of our juniors coming through the grades.

Toby Stolberg won the silver medal in the Open Women's High Jump at the NSW Championships on Friday night 18th February 2022 with a height of 1.79m. Toby was the youngest competitor in the field at 16yrs old, simply amazing.

Toby's Mum is her Coach and was extremely happy when Nicola McDermott's (Olympic Silver medalist) Coach Matthew Horsnell sat with Theresa during the competition helping with some words of encouragement for Toby. He has helped over the years in providing programming on strength training, a wonderful gesture.

It was not an easy road as Toby uncharacteristically missed her warm up heights but being a true champion of the future had to use all 3 attempts to make the 1.75m mark and again at the 1.79m to show lots of competitive spirit and determination when under pressure. She attempted 1.82m which is the qualifying height for the World Junior Championships but not to be on this night, it was so close. Toby has done the qualifying height of 1.82m earlier in the season.

On a lighter note, during competition Toby broke her hair band and had to borrow Mum's to continue with the competition, from that Matthew Horsnell took his hat off to show his lack of hair and said with a chuckle he could not do that with Nicola.

The World Junior Athletics Championships will be staged in Cali, Colombia during August 2022 and hopefully Toby is selected as she has QLD Athletics Championships in the U17yrs and Open High Jump competition in Brisbane during March 3rd- 6th 2022 and Australian Athletics Championships in Sydney 26th March – 3rd April 2022 to show her talent.



Park2park Fun Run

It's time to think about the Park2Park Fun Run being staged in Limestone Park starting and finishing at Bill Paterson Oval on Sunday 31st July 2022.

Entries are now open.

To register, simply go to the website <https://park2park.com.au>



PRESENTED BY



THE IPSWICH TRIBUNE



THE GAMES ARE ON



Check out the website for further information.