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Newsletter

27th August 2025

PRESIDENT'S MESSAGE:

I understand how everyone has been training hard and looking forward to competition at the **North Queensland Track & Field Championships** scheduled for 26th – 28th September, entries are now open, but close 14th September 2025.

Well done to all the Coaches, Brad, Mick, Mark, Ted, Darin, Theresa (Marty), Kym and Hans Rotbauer.

The new season events start in September and we have to register on-line. The season currently runs from 1st September 2025 to 30th September 2026. Reregistering is not open yet but will be soon. **A table of membership options will be available soon.**

Please register online at Queensland Athletics website when the portal opens.

It is a great pleasure to announce that Dr. Peter Britton has taken on the role of Club patron, many thanks to the outgoing patron Les Scott for many years of support.

Vic

Committee Notes

Our next Monthly committee meeting is on **Tuesday 23rd September 2025** at 7.30pm.

Happy August Birthdays to Club Members

*Addison Farinazzo Isla Mawer Charles Cass Abigail Christensen
Lachlan Cleary Chace Holt Nina Josipovic Bantaj singh Klosa
Harper Luke Waleed Rane Finn Spina Addison Sullivan
Sophie Lehmann Ka'Mya Duncan Crystal Goulding*



University of
Southern
Queensland



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HARVEST MARKETS
Fresh Fruit & Vegetables



Just a Thought'

I've learned that... At the end of your day, be leaning forward – not falling back.

Track & Field

All Track and Field events are now scheduled on the Queensland Athletics website

www.qldathletics.org.au

QAL events to be scheduled on their website www.qal.org.au

North Queensland Track & Field Championships – Townsville

When: Friday 26th – Sunday 28th September 2025

Entries are now open. From 26th August - \$24 per event and after 17th September - \$20 late fee applies.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

IDAC Uniform Price List



| | | | |
|--------------------|---------|--------------------------|---------|
| Ladies Crop Top | \$45.00 | Ladies shorts/bike pants | \$57.00 |
| Singlet | \$35.00 | Men Shorts | \$52.00 |
| Polo Short Sleeves | \$57.00 | Polo Long Sleeves | \$62.00 |
| Hoodie no zip | \$50.00 | Hoodie with zip | \$77.00 |
| Leggings | \$67.00 | Tracksuit Pants | \$77.00 |
| Coach Jacket | \$82.00 | | |

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Club Training Nights

Training nights on Monday and Wednesday nights 6.15pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Queensland Athletics Seasonal Fees.

This is a reminder that the 2025-2026 Membership will be open soon.

1st September 2025 – 30th September 2026. Just follow the link, so easy.

A portal will open after 1st September 2025 at the QA website.

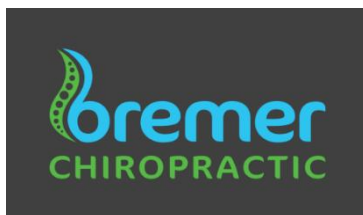


Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**

A dinner is planned for Friday 10th November 2023 at Brothers Leagues Club, more information will be updated, watch this space.



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281

Answer to the Question

The winner of the July question was “Isabelle Heeley”

The correct answer was: “Blue, yellow, green and violet”

A new question is as follows:

There is a town where 10% of all people living in the town have unlisted phone numbers. If you selected 100 names from the phone book, on average, how many of these people would have unlisted phone numbers?

The first club member to reply by email with the correct answer, wins a prize.

Email: - vgpascoe1@bigpond.com.au

QLD Half Marathon Championships – Sunshine Coast 3rd August 2025

Congratulations to **Tamara Carvolth** in winning the Half Marathon by more than 2 minutes in 1 hour 17 minutes and 55 seconds, a marvelous achievement.



UniSC Winter Carnival 2-3 August 2025

| | | | | | |
|-------------------|-------|-------------|-----------------|---------|-----------|
| Jessica Gorham | U12 | 100m | 1 st | 14.91 | PB |
| | | 400m | 1 st | 73.30 | |
| | | 800m | 1 st | 2.47.07 | |
| | | 1500m | 1 st | 5.42.52 | |
| | | 1500m Walk | 4 th | 9.58.34 | |
| | | Long Jump | 2 nd | 3.71m | |
| | | Triple Jump | 1 st | 8.49m | |
| Isla Adams-Wright | U12 | High Jump | 3 rd | 1.20m | |
| | | Shot put | 4 th | 7.16m | |
| | | Discus | 3 rd | 22.77m | |
| | | Javelin | 2 nd | 17.83m | |
| Isabelle Heeley | U14 | High Jump | 4 th | 1.35m | |
| | | Discus | 2 nd | 22.31m | PB |
| Matilda Schodde | U14 | Discus | 2 nd | 29.06m | |
| | | Shot Put | 5 th | 7.12m | PB |
| Jenali Bolden | U18 | Discus | 1 st | 42.61m | PB |
| | | Hammer | 3 rd | 27.34m | |
| Dejsha Elisaia | U20 | Discus | 3 rd | 27.01m | |
| | | Hammer | 3 rd | 25.72m | |
| Helena Coleman | Open | Pole Vault | NH | | |
| Leanne Hilton | 50-59 | Shot Put | 1 st | 9.70m | PB |
| | | Discus | 2 nd | 24.26m | PB |
| | | Javelin | 3 rd | 13.09m | |
| Heath Rotbauer | U14 | Hammer | 2 nd | 13.13m | |
| | | Shot Put | 3 rd | 8.81m | PB |
| | | Discus | 2 nd | 32.71m | |

| | | | | | |
|---------------|-----|--------------|-----------------|--------|-----------|
| Tyson Elisaia | 30+ | Long Jump | 1 st | 4.43m | |
| | | Triple Jump | 2 nd | 9.51m | |
| | | Shot Put | 1 st | 12.00m | |
| | | Discus | 1 st | 36.70m | PB |
| | | Hammer | 1 st | 44.03m | PB |
| | | Weight Throw | 1 st | 13.43m | |
| Andrew McLean | 30+ | Triple Jump | 1 st | 11.22m | |
| | | Long Jump | 1 st | 5.71m | |



Women in Coaching Conference – Runaway Bay High Performance Centre 2-3 August 2025

It was a great way to increase our knowledge on women in athletics. Having Coach Theresa (Marty) Stolberg as one of the presenters made it even more special.

Mark Sills (Head Coach of IDAC), Brad Robinson and Vic Pascoe had an experience they will never forget, a wonderful way of getting like-minded people connected.



Brad Robinson

Vic Pascoe

Marty Stolberg

Mark Sills



QLD 10km Championships, UQ Sport Centre 9th August 2025

Congratulations to the Club members who competed at these championships in the cold conditions, a fabulous achievement by all.

| | | | | |
|-------------------|------------|------|-----------------|----------------------|
| Taylor Hudspith | Open Women | 10km | 1 st | 36.21.71 |
| Connor Whittet | Open Men | 10km | 4 th | 30.58.26 |
| Samuel Fothergill | U20 | 10km | DNF | injured during race. |



Taylor Hudspith



Connor Whittet

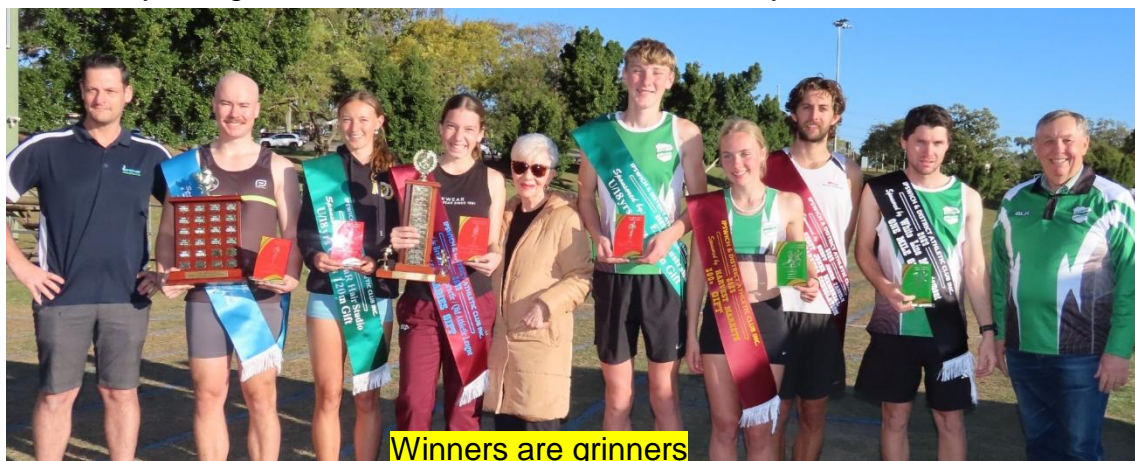
Samuel Fothergill

The 42nd

Winter Carnival was staged on a glorious winter's day on the 17th August 2025 at the Bill Paterson Oval. Some wonderful performances were achieved, this included 18 records in the Field events and one in the track events where, as in the Gift races, we saw some great racing. A perfect build up for the athletes going to Regionals and ANQ Championships in a few weeks' time.

The day was a success with Queensland Athletic officials, Queensland Athletic League officials and Ipswich Little Athletics officials manning the photo finish and our Club members made it an enjoyable Carnival for everyone. **A massive thank you to all of our Sponsors.**

Competitors come as far as the North Coast, to the west from Warwick and Toowoomba and Redcliffe on the bay along with Gold Coast was incredible to say the least.



Winners are grinners



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Dr Peter Britton

Sophie Whitfield



Joel Jakimowicz



Dr Peter Britton

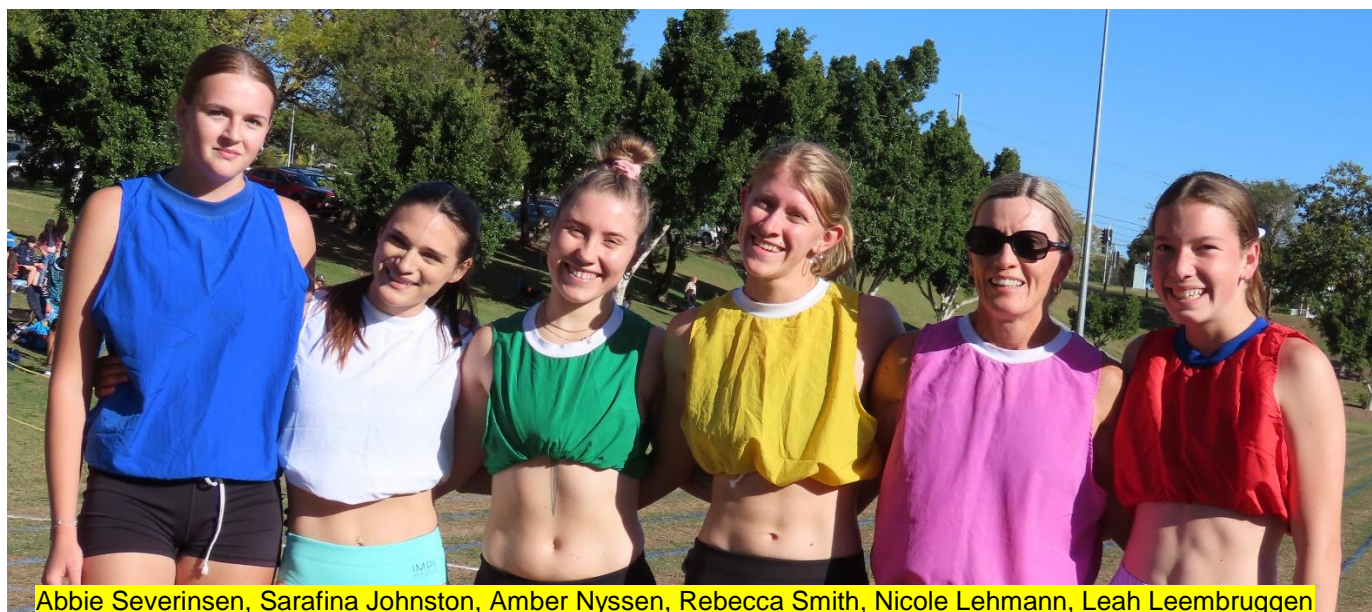
Summer Nielson



Graham Bannister

Ava O'Connell





Abbie Severinsen, Sarafina Johnston, Amber Nyssen, Rebecca Smith, Nicole Lehmann, Leah Leembruggen



Capri Vincent, Zoe Penny, Stephanie Dunnett, Heidi Falvey, Ava O'Connell, Summer Nielson



Charleigh Allen, Loreen Kaliyayti, Pais Wisil, Lara Davis, Valentino Ferrini, Tim Delahunty

The 120m Back Markers race was the Geoff Jones memorial sponsored by the Berise Jones family.



Jonas Hannam, Mikaela Learoyd, Capri Vincent, Joel Jakimowicz, Ethan Lavery, Sophie Whitfield



Michael Olofokhai, Alex Hamilton, Noah Jonker, Alex Epitropakis, James Forrest



Noah Jonker, Christian Kenmon, Daniel Phillips, Daniel Harlow, David Masamba, Joel Jakimowicz

Videos of all the gift races are on Utube with results with many action photos by Jo Harlow on FB.

Australian X-Country & Race Walking Championships

Victoria Park, Ballarat 23-24/08/2025

Being cold did not deter our wonderful athletes when running over a tough course with obstacles such as logs, sand pits and several mud pits with a hill thrown in to make it an interesting course.

Congratulations to everyone, as to make it to this level is an amazing achievement.

| | | | | |
|------------------|------|----------|------------------------|-------|
| Jessica Gorham | U12 | 3km | 25 th of 53 | 12.09 |
| | | 2km Walk | 10 th of 14 | 13.06 |
| Liliana Titley | U13 | 3km | 5 th of 60 | 11.03 |
| Lila Pegg | U13 | 3km | 27 th of 60 | 11.48 |
| Sasha Josipovic | U16 | 4km | 6 th of 57 | 14.54 |
| Tahnee Sparke | U16 | 4km | 31 st of 57 | 16.06 |
| Taylor Hudspith | Open | 10km | 34 th of 48 | 40.31 |
| Zahley Kennedy | Open | 10km | 41 st of 48 | 43.19 |
| Chace Holt | U11 | 2km | 21 st of 56 | 7.41 |
| Frank Hewitt | U12 | 3km | 30 th of 58 | 11.28 |
| Charlie Wellings | U13 | 3km | 13 th of 67 | 10.38 |
| Gilbert Barrett | U15 | 4km | 38 th of 60 | 14.24 |
| Conor Mathewson | U15 | 4km | 60 th of 70 | 15.10 |
| Dakota Stewart | U18 | 6km | 10 th of 58 | 19.38 |
| Joshua Lehmann | U18 | 6km | 55 th of 58 | 26.03 |
| Connor Whittet | Open | 10km | 38 th of 61 | 33.50 |



Lila Pegg Jessica Gorham Tahnee Sparke Dakota Stewart Charlie Wellings Frank Hewitt



Frank Hewitt

Charlie Wellings

Liliana Titley

Jessica Gorham

Lila Pegg

Oceania Masters Championships 6-10th September 2025

Looking forward to seeing many IDAC members having a go on what they do best.





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