



P O Box 220, Booval Qld 4304

Ph: 0409 754 884

Website: <http://www.ipswichathletics.org.au>

Newsletter

31st August 2023

PRESIDENT'S MESSAGE:

Some wonderful achievements by Club members Toby Stolberg (High Jump) and Charlize Goody (Discus) and a great experience on the international stage at the Commonwealth Youth Championships at the Hasely Crawford Stadium in Trinidad have done us all proud, congratulations.

I understand how everyone has been training hard and looking forward to competition at the **North Queensland Track & Field Championships** scheduled for 22nd – 24th September, entries are now open, but close 12th September 2023.

Well done to all the Coaches, Brad, Mick, Mark, Ted, Darin, Theresa (Marty) and Shaun.

The new season events start in October and we have to register on-line. The season currently runs from 1st October 2023 to 30th September 2024. Reregistering is not open yet but will be soon. **A table of membership options will be available soon.**

Please register online at Queensland Athletics website when the portal opens.

Committee Notes

Our next Monthly committee meeting is on **Tuesday 26th September 2023** at 7.30pm. All welcome.

Happy August Birthdays to Club Members

Jack O'Brien Addison Farinazzo Ayla Tierney Beau Reinke
Isla Mawer Stephen Simpson August Smith Austin Beckers
Alex Hoskin Maharu Wickramasinghe Ka'Mya Duncan
Bailey Farrell-Thomas Bantaj singh Khosa Mannmit Sandhu
Axel Anderson Finn Spina Crystal Goulding Hayden Turner
Aidan Tomlins



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Just a Thought'

I've learned that....You might feel worthless to one person, but you are priceless to another!

Don't ever forget that. 🤔

Track & Field

All Track and Field events are now scheduled on the Queensland Athletics website

www.qldathletics.org.au

QAL events to be scheduled on their website www.qal.org.au

North Queensland Track & Field Championships – Mackay

When: Friday 22nd – Sunday 24th September 2023

Entries close: Sunday 12th September 2023.

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

IDAC Uniform Price List

Ladies Crop Top	\$40.00
Bummers / Bike pants	\$40.00
Singlet	\$34.00
Men Shorts	\$52.00
Polo – Short Sleeves	\$57.00
Polo – Long Sleeves	\$62.00
Hoodie no Zip	\$50.00
Hoodie with Zip	\$77.00
Tracksuit Pants	\$75.00
Coach Jacket	\$85.00

Old Stock is on sale at \$10-00 apiece. These can be used for training etc.

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Hair Studio



Club Training Nights

Training nights on Monday and Wednesday nights 6.15pm to 8.30pm.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Commonwealth Youth Championships

4th – 11th August 2023

Lifetime friendships for Toby Stolberg and Charlize Goody along with the experience of being on the International stage at the Port of Spain, Trinidad & Tobago in the Hasely Crawford Stadium can be on top of the memories list that will never be forgotten.

Toby Stolberg won the Gold medal in the High Jump with a leap of 1.78m. A remarkable achievement after recovering from a back injury.

Charlize Goody would be disappointed with her performance when she fouled in the Discus. However knowing Charlize as a fierce competitor she will bounce back better than ever.



Charlize

Toby

Queensland Athletics Seasonal Fees.

This is a reminder that the 2023-2024 Membership will be open soon.

1st October 2023 – 30th September 2024. Just follow the link, so easy.



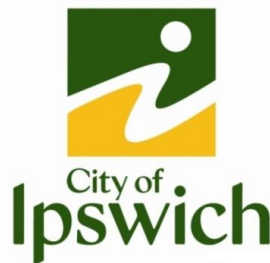
Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.

The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star Encouragement award. **Please phone Vic on 0409 754 884.**

A dinner is planned for Friday 10th November 2023 at Brothers Leagues Club, more information will be updated, watch this space.

Club members **Toby Stolberg** Has been nominated for Kindred Sportstar and **Adelaide Bailey** has been nominated for the Kindred Club Encouragement Award.



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IPSWICH | SPRINGFIELD

Answer to the Question

The winner of the **July** question was **No correct answers.**

The correct answer was: **"The ball in the bucket of 45 degree F water hits the bottom of the bucket first. The water in the 30 degree F bucket is frozen."**

A new question is as follows:

I am a 9 letter word but can contain so many more.
I am left, I am right – I am before the door.
I am written with 2 words but only spoken with 1.
Things hide inside me, most of them are no fun.
I am made of numbers and letters just to confuse you once more.
You will never see me beyond the back door.

What am I?

The first club member to reply by email with the correct answer, wins a prize.

Email: - vgpascoe1@bigpond.com.au

The 40th Winter Carnival was staged on a glorious winter's day on the 20th August 2023 at the Bill Paterson Oval. Some wonderful performances were achieved, this included 9 records in the Field events and 1 in the track events where as in the Gift races saw some great racing, a perfect build up for the athletes going to Regionals and ANQ Championships in a few weeks' time.

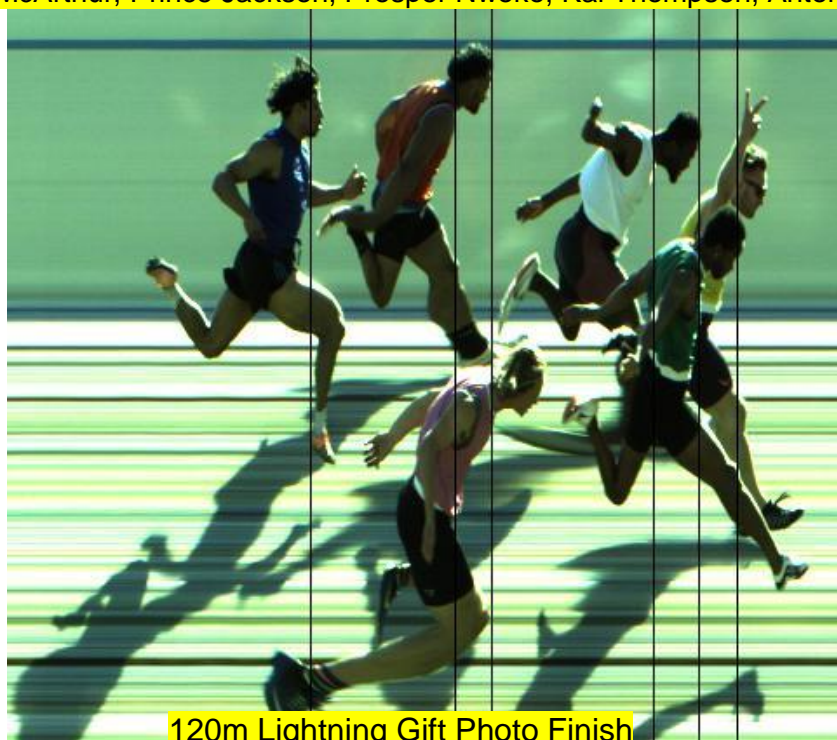
The day was a success with Queensland Athletic officials, Queensland Athletic League officials and Ipswich Little Athletics officials manning the photo finish and our Club members made it an enjoyable Carnival for everyone.

Competitors come as far as the North Coast to the west from Warwick and Toowoomba and Redcliffe on the bay along with Gold Coast was incredible to say the least.

120m Lightning Gift Presentation sponsored by Brothers Leagues Club



Matt Simonov, Sam McArthur, Prince Jackson, Prosper Nwoko, Kai Thompson, Antonio Vaitohi, Mo Smith



120m Lightning Gift Photo Finish

120m Ladies Gift Presentation sponsored by DJ'S Electric Motors and Pump Centre



Elliot Dock, Larissa Chambers, Stephanie Larkin, Denika Murray, Adrine Monagi, Lilianna Hackett Absent & Monique Hanlon



120m Ladies Gift Photo Finish

300m Gift Presentation sponsored by Harvest Markets



Rob Sayle, Zara Richters, Daken Armstrong, Archer Crowley, Stephanie Larkin, Ryan Waters, Josh Fabiani

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300m Gift Photo Finish



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120m Backmarkers Geoff Jones Family Memorial Presentation



Berise Jones, Charlee Vincent, Remi McLellan, Elly Buckholz, Nathan Jason, Josh Fabiani, Nathaniel Scott



120m Backmarkers Photo Finish

expTM Australia

120m U18yrs Girls Gift Presentation Sponsored by Apar Hair Studio



Mark Sills, Karter Tuchock, Elsie Hobbs, Isla Mawer, Jarrah Plumpton, Olivia Lonton (Absent), Tamika Ritichie



120m U18yrs Girls Gift Photo Finish



120m U18yrs Boys Presentation Sponsored by EXP Australia



Rohani Fadzil, Ethan Platen, Alex Hamilton, Mason Plummer, Sahiru Wichramasinghe, James Culley, Joel Jakimowicz



120m U18boys Gift Photo Finish

Australian Cross Country Championships was held at the Stromlo Forest, Canberra 26/08/2023

A hot day on the course made it a real challenge for all athletes', congratulations to everyone on some amazing achievements.

Olive Barrett	10yrs	2km	7 th	7.28mins	3rd for Team QLD
Conor Mathewson	11yrs U14	3km	16 th	9.51mins	2nd for Team QLD
Gilbert Barrett	11yrs U14	3km	32 nd	10.10mins	
Mia Kertesz T/F40	Para 13yrs	3km	1st	24.42mins	PB 1st for Team QLD
Sasha Josipovic	U14rs	3km	50 th	11.34mins	
Ethan Heyward	U18yrs	6km	24 th	20.23mins	

