



P O Box 220, Booval Qld 4304  
Website: <http://www.ipswichathletics.org.au>

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Newsletter

30<sup>th</sup> April 2025

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## President's Message:

Another year has passed and I am really looking forward to the day of the Presentation of Awards. Whilst there has been some outstanding performances, I have been impressed by the number of PB's over the season.

Help in the Canteen is required for the GPS Cross Country on Thursday 22<sup>nd</sup> May 2025.

South East QLD Cross Country Series 6 is being held in Limestone Park 31<sup>st</sup> May 2025 and we are the hosts, volunteers of 8-10 are needed to assist as course marshals as well as the canteen.

The AGM is to be held on the 25<sup>th</sup> May 2025 at Brothers Leagues Club, Ipswich and all positions will become vacant, be sure to get a nomination form at the clubhouse so you may be part of the club committee.

This is the link for the club's FB page, if you are a member or parent of an athlete you will be given acceptance as this is a closed group, here it is; <http://www.facebook.com/groups/ipswichathletics>

Vic

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## Committee Notes

Our next Monthly committee meeting is on **Tuesday 27<sup>th</sup> May 2025** at 7.30pm.

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*Just a Thought'*

**I've learned ....** Life has many lessons, and  
humility is high on the list.

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## Club Training Nights

Monday nights and Wednesday nights are **6.15pm to 8.30pm.**

**Any other training sessions can be arranged with your Coach.**

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

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# Australian Masters T & F Championships, Adelaide 18 April – 21<sup>st</sup> April 2025

Several Club athletes who ventured to these championships did amazing performances.

Andrew McLean	45-49	Long Jump	1 <sup>st</sup>	6.15m	
		Triple Jump	1 <sup>st</sup>	12.07m	
Janet Webber	50-54	Javelin	1 <sup>st</sup>	31.79m	
		High Jump	1 <sup>st</sup>	1.47m	
		Triple Jump	1 <sup>st</sup>	9.26m	
		Long Jump	4 <sup>th</sup>	4.20m	
		Shot Put	4 <sup>th</sup>	9.80m	
		80m Hurdles	1 <sup>st</sup>	14.62	
		300m Hurdles	1 <sup>st</sup>	54.62	
		4 x 100m Relay	3 <sup>rd</sup>	50.54	
Darrin Norwood (Former Club member)	45-49	Hammer	3 <sup>rd</sup>	41.56m	47.19m
		Pentathlon Hammer	2 <sup>nd</sup>		
		Shot Put	1 <sup>st</sup>	13.83m	
		Javelin	1 <sup>st</sup>	44.58m	
		Discus	2 <sup>nd</sup>	36.47m	
		Weight Throw	2 <sup>nd</sup>	14.85m	

Jo Harlow Official Photographer for the QLD team and others.



Andrew McLean



Janet Webber



Darrin Norwood

# Australian Athletics Championships

4<sup>th</sup> April – 13<sup>th</sup> April 2025

Overall, **the** club performance was highlighted by our medalists, however everyone else have worked really hard to get to this level and it is an awesome achievement competing against the best in Australia. Plenty of praise must go to coaches Michael Moore, Marty Stolberg, Ted Ruben, Darin Coombs, Brad Robinson, Hans Rotbauer and Vic Pascoe doing a great job in producing athletes of this caliber, **congratulations** to everyone. This is an outstanding group of athletes and many will be stars of the future.

Liliana Titley	U13	800m	7 <sup>th</sup>	2.21.87	<b>PB</b>
		1500m	1 <sup>st</sup>	4.45.20	<b>PB</b>
Matilda Schodde	U13	Discus	7 <sup>th</sup>	26.79m	
Mila Josipovic	U14	Shot Put	4 <sup>th</sup>	10.92m	
		Javelin	12 <sup>th</sup>	30.47m	
		Discus	5 <sup>th</sup>	32.02m	
Sophie Allen	U14	80m Hurdles	15 <sup>th</sup>	14.02	
		Long Jump	7 <sup>th</sup>	4.56m	
Sophie Whitfield	U14	100m	6 <sup>th</sup>	12.94	
		200m	6 <sup>th</sup>	26.74	24.73 Heats
		80m Hurdles	12 <sup>th</sup>	13.66	
Sophie McGeehan	U15	Triple Jump	12 <sup>th</sup>	10.36m	
		Long Jump	10 <sup>th</sup>	4.83m	
		High Jump	3 <sup>rd</sup>	1.58m	
Diva Ejembi	U15	High Jump	1 <sup>st</sup>	1.62m	
Emily Bolden	U15	Hammer	6 <sup>th</sup>	29.24m	
Izabella Synman	U15	90m Hurdles	DQ	FS	
Addison Hayne	U16	Long Jump	11 <sup>th</sup>	5.11m	
Christina Tukuafu	U16	Discus	5 <sup>th</sup>	39.24m	
		Shot Put	7 <sup>th</sup>	12.29m	<b>PB</b>
Ruby Bohen	U16	Discus	10 <sup>th</sup>	34.73m	
		Javelin	2 <sup>nd</sup>	46.74m	
		Shot Put	12 <sup>th</sup>	10.22m	
	U18	Javelin	4 <sup>th</sup>	44.86m	
Sasha Josipovic	U16	2000m Steeplechase	7 <sup>th</sup>	7.39.70	
Jenali Bolden	U17	Shot Put	11 <sup>th</sup>	11.47m	
		Discus	4 <sup>th</sup>	39.25m	
Addison Farinazzo	U17	100m Hurdles	4 <sup>th</sup>	13.92	<b>PB</b>
		400m Hurdles	2 <sup>nd</sup>	1.01.13	<b>PB</b>
	U20	400m Hurdles	2 <sup>nd</sup>	1.01.27	<b>PB</b>
	U18	4 x 400m Relay	1 <sup>st</sup>	3.47.30	

Indiana Platen	U18	100m Hurdles Heptathlon Long Jump	20 <sup>th</sup> 13 <sup>th</sup> 16 <sup>th</sup>	17.51 3775pts 4.85m		
Saskia Josipovic	U18	Discus Shot Put	3 <sup>rd</sup> 5 <sup>th</sup>	44.89m 12.75m		
	U20	Discus	4 <sup>th</sup>	46.80m		
Monique Williams	U20	Heptathlon	2 <sup>nd</sup>	5165pts	PB	
Allira Takau	U20	Shot Put	4 <sup>th</sup>	14.32m		
	Open U20	Shot Put Discus	3 <sup>rd</sup> NM	14.59m		
Toby Stolberg	U20	High Jump	3 <sup>rd</sup>	1.75m		
Claire Gouws	Open	Triple Jump	11 <sup>th</sup>	11.75m		
Heath Rotbauer	U13	Discus	6 <sup>th</sup>	34.27m		
Ryder Wilson	U13	High Jump	5 <sup>th</sup>	1.50m	=PB	
Samuel Murray	U14	High Jump	5 <sup>th</sup>	1.60m	PB	
Hudson Severinsen	U14	Shot Put	2 <sup>nd</sup>	14.78m	PB	Chps Record
		Javelin	8 <sup>th</sup>	31.55m		
		Hammer	1 <sup>st</sup>	53.17m		
		Discus	2 <sup>nd</sup>	46.27m		
Jonte Tukuafu	U14	Shot Put	1 <sup>st</sup>	15.64m	PB	
		Discus	3 <sup>rd</sup>	45.07		
Daniel Masunungure	U15	100m	13 <sup>th</sup>	11.88		
		200m	16 <sup>th</sup>	24.65		
Daniel Phillips T/F20	U15	Long Jump	1 <sup>st</sup>	4.82m		PB      Record
		100m	1 <sup>st</sup>	12.52		
		400m	1 <sup>st</sup>	59.47		
		800m	1 <sup>st</sup>	2.17.94		
Conor Mathewson	U15	1500m	12 <sup>th</sup>	4.30.75		
		3000m	8 <sup>th</sup>	9.46.39		
Gilbert Barrett	U15	3000m	10 <sup>th</sup>	10.08.35		
		2000m Steeplechase	8 <sup>th</sup>	6.51.95		
Harsith Rameshkumar	U15	100m Hurdles	15 <sup>th</sup>	16.02		PB
		200m Hurdles	16 <sup>th</sup>	30.39		
Jedidiah Onaga	U16	100m Hurdles	7 <sup>TH</sup>	13.91		PB
		200m Hurdles	15 <sup>th</sup>	28.15		
Cullen Grainger	U18	800m	28 <sup>th</sup>	2.00.45		
		2000m Steeplechase	14 <sup>th</sup>	6.36.13		
Dakota Stewart	U18	800m	5 <sup>th</sup>	1.53.96		
		2000m Steeplechase	5 <sup>th</sup>	6.04.86		



Joel Jakimowicz	U18	110m Hurdles	7 <sup>th</sup>	14.98	<b>PB</b>
Hunter Roadley T/F37	U20	Long Jump	4 <sup>th</sup>	4.68m	
Hayden White T/F37	U20	200m	<b>2<sup>nd</sup></b>	26.11	<b>=PB</b>
		400m	<b>3<sup>rd</sup></b>	59.83	
		800m	6 <sup>th</sup>	2.18.11	
Kobe Blake	U20	400m Hurdles	11 <sup>th</sup>	57.67	
Cooper Blake	U20	400m Hurdles	15 <sup>th</sup>	58.16	
		High Jump	12 <sup>th</sup>	1.85m	
Ky Dalby	Open	Discus	19 <sup>th</sup>	37.41m	
Jude Thomas	Open	1500m	4 <sup>th</sup>	3.35.55	
		5000m	4 <sup>th</sup>	13.51.02	

This year, they are such an awesome group of athletes along with their parents and friends supporting them on each competition day, congratulations and well done to everyone! With the colder climate and windy conditions our athletes performed remarkably.

<b>2024</b>	<b>4 Gold</b>	<b>9 Silver</b>	<b>7 Bronze medals</b>
<b>2025</b>	<b>9 Gold</b>	<b>7 Silver</b>	<b>6 Bronze medals</b>







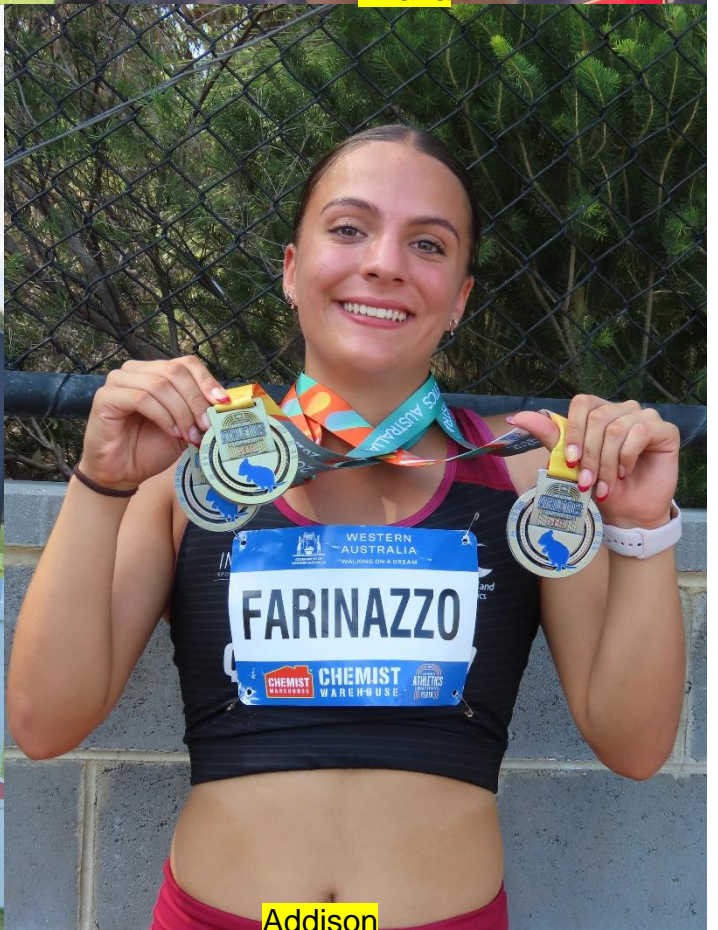
Daniel



Liliana



Monique



Addison





Sophie

Diva



Allira



Toby





Ruby



Saskia



Lisa

Hayden

William

11/04/2025





Emily

Jenali



Cooper

Kobe





Addison



Matilda



Conor

Gilbert

07/04/2025





Harsith



Ryder



Indiana



Sophie





Mila



WESTERN AUSTRALIA  
WALKING ON A DREAM



KY

Tanya

Claire

10/04/2025



## Little Athletics Australian Championships, Adelaide 26-27 April 2025

Some great performances from our club athletes who are the future of our sport, congratulations.

Mila Josipovic	U13	Javelin	6 <sup>th</sup>	30.36m	<b>PB</b>
		Discus	4 <sup>th</sup>	35.21m	
		Shot Put	3 <sup>rd</sup>	11.19m	
Sophie Whitfield	U13	200m Hurdles	6 <sup>th</sup>	30.59	<b>PB</b>
		200m	2 <sup>nd</sup>	26.29	
		100m	2 <sup>nd</sup>	12.88	
		4 x 100m Relay	1 <sup>st</sup>	49.93	
Sophie McGeehan	U14	High Jump	2 <sup>nd</sup>	1.58m	
		Triple Jump	4 <sup>th</sup>	11.02m	
Mia Kertesz T/F40	U15	400m	3 <sup>rd</sup>	2.38.61	57.48%
		Shot Put	2 <sup>nd</sup>	3.18m	34.01%
		Javelin	1 <sup>st</sup>	6.35m	27.16%
Hayley Windolf	U15	Discus	3 <sup>rd</sup>	35.51m	
		Shot Put	3 <sup>rd</sup>	12.35m	
Ruby Bohen	U15	Javelin	1 <sup>st</sup>	44.69m	
Addison Hayne	U15	Triple Jump	6 <sup>th</sup>	10.42m	<b>PB</b>
		Long Jump	2 <sup>nd</sup>	5.19m	
Sasha Josipovic	U15	1500m	3 <sup>rd</sup>	4.57.04	
Cooper Friend	U13	High Jump	5 <sup>th</sup>	1.61m	
Hudson Severinsen	U13	Javelin	3 <sup>rd</sup>	33.15m	<b>PB</b>
		Discus	1 <sup>st</sup>	52.14m	<b>PB</b>
		Shot Put	3 <sup>rd</sup>	14.55m	
Harsith Rameshkumar	U14	4 x 100m Relay	3 <sup>rd</sup>	48.77	<b>PB</b>
		90m Hurdles	1 <sup>st</sup>	13.53	
		Triple Jump	6 <sup>th</sup>	11.60m	
		Long Jump	3 <sup>rd</sup>	5.52m	





Photo supplied by Ipswich Little Athletics.

## Congratulations

**Jude Thomas** is having a marvelous run of success in distance running, the hard work is paying off by running around the Bill Paterson oval in the formative years.




Winning the inaugural Aussie Road Mile Championship in Ballarat on 26/04/2025 adds another feather to his illustrious cap, well done Jude.



**Jude**

**AUS ROAD MILE CHAMPION**

**1ST PLACE | JUDE THOMAS | 4:01:3**





# Club Members, Happy April Birthdays

Theresa (Marty) Stolberg   Ryan Gaunt   Noah Jonker  
Tyler Rundell   Viliami Tuli   Ezekiel Tusa   Teagan Hanlon  
Deanne Kertesz   Holly-Maree Matthew   Benjamin Keen  
Michael Berlin   Tahlia Noon   Christina Tukuafu   Hayley Wainwright

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## Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

### The cost of the uniform is as follows:

Ladies Crop Top	\$45.00	Ladies shorts/bike pants	\$57.00
Singlet	\$35.00	Men Shorts	\$52.00
Polo Short Sleeves	\$57.00	Polo Long Sleeves	\$62.00
Hoodie no zip	\$50.00	Hoodie with zip	\$77.00
Leggings	\$67.00	Tracksuit Pants	\$77.00
Coach Jacket	\$82.00		

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

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## Answer to the Question

The winner of the **March** question were   No Correct Answers.

The correct answer was: "ankle, knee, and wrist"

## A new question is as follows:

What can you spend but not buy?

What am I?

The **first** club member to reply by email with the correct answer wins a prize.

**Email:** - [vgpascoe1@bigpond.com](mailto:vgpascoe1@bigpond.com)

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## CLUB BREAKUP

Please note that the Club is to hold its annual **Trophy Breakup** at **10.40am** for an **11.00am start** on **Sunday 25<sup>th</sup> May 2025** at Brothers Leagues Club, Raceview. Many trophies are given out on this day, so please support all of our members.

I encourage all club members be available on this special day.

Club Champion award.

Achiever of the Year award.

Les Scott Encouragement Award.

Bremer Chiropractic U/20yrs award male & female.

Rookie of the year award male and female.

Most Interclub Participation award.

Club volunteer award.

Highest points for various categories and many more.

It is very important for all award winners to be present on the day. It provides inspiration to others as well as to our sponsors.

Our Club's Annual General Meeting will be held and **all positions** are declared vacant and this is your opportunity to become part of the Committee to support this great club.

Nomination forms for positions are available at the Clubhouse.

## Congratulations

Club Vice President **Theresa (Marty) Stolberg** has been selected for the role of Team Coach for the Australian U23 Team at the Oceania Cup staged in Tonga in October 2025.

An excellent opportunity providing support for athletes and team members, well deserved.



IpswichWestMoretonToday



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## Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



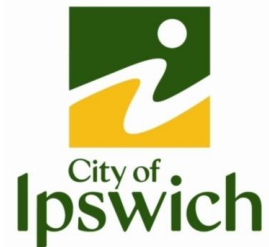
The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star and Encouragement award. **Please phone Vic on 0409 754 884.**

## Congratulations

**Hudson Severinsen** won the nostalgia and history question for March.

**Answer:** Deborah Lovely

apar  
Hair Studio



University of  
Southern  
Queensland

walkerpendergroup  
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