



P O Box 220, Booval Qld 4304

Ph: 0409 754 884

Website: <http://www.ipswichathletics.org.au>

Newsletter

29th April 2023

President's Message:

Another year has passed and I am really looking forward to the day of the Presentation of Awards. Whilst there has been some outstanding performances, I have been impressed by the number of PB's over the season.

Help in the Canteen is required for the GPS Cross Country on Thursday 18th May 2023.

The AGM is to be held on the 28th May 2023 at Brothers Leagues Club, Ipswich and all positions will become vacant, be sure to get a nomination form at the clubhouse so you may be part of the club committee.

This is the link for the club's FB page, if you are a member or parent of an athlete you will be given acceptance as this is a closed group, here it is; <http://www.facebook.com/groups/ipswichathletics>

Vic

Committee Notes

Our next Monthly committee meeting is on **Tuesday 23rd May 2023** at 7.30pm. All welcome.

Just a Thought'

I've learned to keep looking ahead. There are still so many good books to read, sunsets to see, friends to visit and old dogs to take walks with.

Club Training Nights

Monday nights and Wednesday nights is now **6.15pm to 8.30pm.**

Any other training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

Australian Athletics Championships

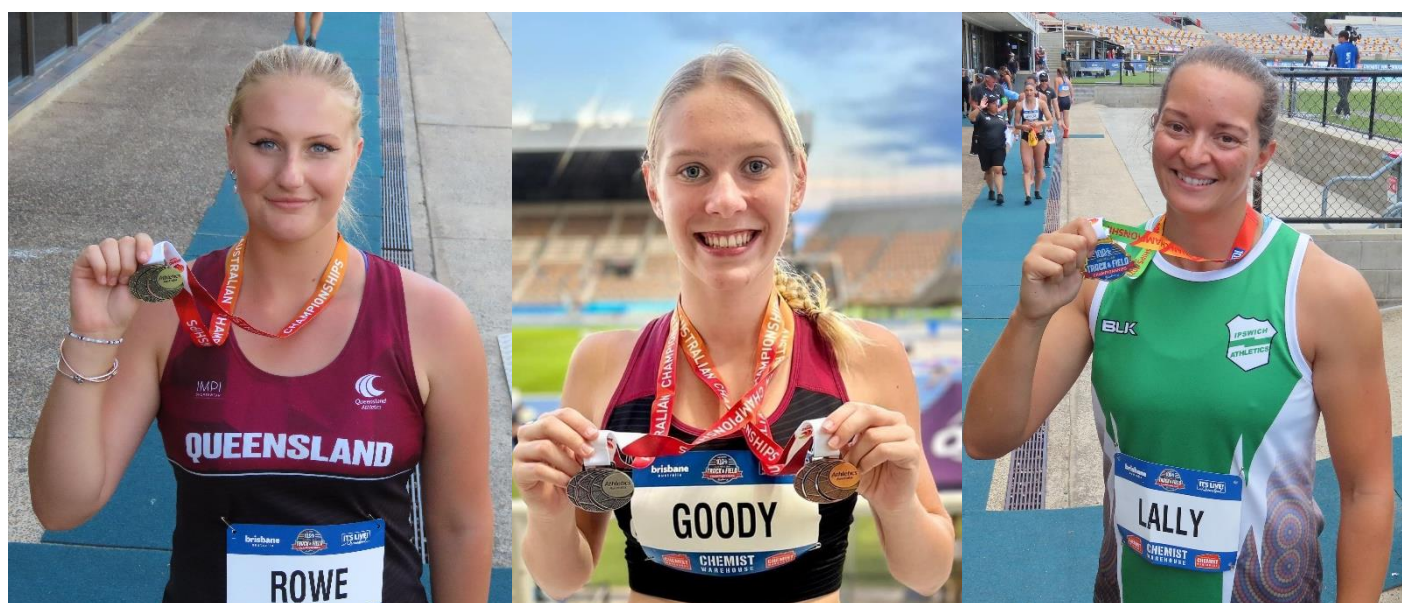
Open & U20 30th March – 2nd April 2023

Overall the club performance was highlighted by our medalists, however everyone else have worked really hard to get to this level and it is an awesome achievement competing against the best in Australia. Coaches Michael Marty Stolberg and Darin Coombs did a great job in producing athletes of this caliber, congratulations to everyone.

Charlize Goody 17yrs	U20	Discus	3 rd	47.91m	
	600g	Javelin	2 nd	44.43m	PB
Jessica Rowe	U20	Hammer	1 st	54.46m	PB
Aldora Tuilaepa	U20	Hammer	15 th	38.22m	
Laylani Va'ai	Open	Discus	16 th	43.41m	
Jade Lally 36yrs	Open	Discus	1 st	60.24m	
Ky Dalby	U20	Discus	15 th	37.54m	
		Decathlon	11 th	2367pts	

Ky was unable to continue after the 7th event due to injury.

Jude Thomas Open 1500 and 5000m did not compete due to injury.



U13 – U18

13th – 16th April 2023

This is an outstanding group of athletes and many will be stars of the future. Plenty of praise must go to their Coaches for getting to produce their best, Mark Sills, Michael Moore, Marty Stolberg, Darin Coombs, Brad Robinson, Ted Ruben, Shaun Crowley and Vic Pascoe.

Abbey Crocker	U13	Discus	1 st	34.28m	
		Shot Put	1 st	11.48m	
		Javelin	1 st	34.16m	
Ka'Mya Duncan	U13	Discus	8 th	22.59m	PB
		Javelin	9 th	18.59m	

Houstand Paea	U13	100m Long Jump	6 th 1st	13.33 4.77m		
Christina Tukuafu	U14	Javelin	15 th	28.85m	PB	
Hayley Windolf	U14	Shot Put Discus Javelin	1st 2nd 10 th	11.60m 34.87m 32.15m	PB	
Ruby Bohen	U14	Shot Put Discus Javelin	8 th 8 th 11 th	10.29m 29.23m 30.82m	PB	PB
Addison Hayne	U14	High Jump	4 th	1.54m		
Leah Leembruggen	U14 U15	80m Hurdles 200m Hurdles	17 th 19 th	13.72 32.35		
Elyse Rolison	U14	200m	26 th	28.67		
Acacia Wohlsen	U15yrs	100m	14 th	12.79		
Addison Farinazzo	U15	100m 200m 200m Hurdles	19 th 17 th 9 th	12.81 26.01 30.17		
Mia Kertesz T/F40	U15	100m 200m Discus	6 th 3rd 3rd	30.41 68.51 5.29m	63.79% 67.48% 20.90%	PB PB
	U17	Shot Put 400m	5 th 9 th	2.44m 2.35.04	26.09% 58.81%	Aust Rec Aust Rec PB
Mackenzie Crowley	U16	Shot Put Hammer Throw	5 th 7 th	12.73m 44.19m		
Indiana Platen	U16	90m Hurdles 200m Hurdles Long Jump Heptathlon	19 th 11 th 14 th 10 th	14.39 31.73 4.99m 4125pts	PB	PB
Olivia Windolf	U16	Shot Put Discus Javelin	12 th 9 th 5 th	11.22m 36.32m 40.09m		
Saskia Josipovic	U16	Javelin Discus Shot Put	10 th 4 th 3rd	34.03m 40.64m 14.11m		PB
	U18	Discus	10 th	41.40m		
Elkle McAuley	U16	800m 2000m Steeplechase	17 th 4 th	2.21.82 7.34.41		PB
Sophie Schutz	U16	800m 2000m Steeplechase	28 th DNF	2.27.01		
Charlotte Parsons	U16	800m	18 th	2.22.55		

Tiana Parsons	U16	800m	22 nd	2.23.03	
Monique Williams	U17	Shot Put Heptathlon	3 rd 2 nd	12.60m 4438pts	PB
Abbie Severinsen	U17	100m Hurdles Heptathlon	12 th 9 th	16.31 3831pts	PB
Hayley Condon	U17	Shot Put Hammer Throw	6 th 5 th	12.31m 45.47m	PB
Allira Takau	U18	Shot Put	2 nd	15.08m	
Toby Stolberg	U18	High Jump	2 nd	1.80m	
Charlize Goody	U18	Discus Javelin	3 rd 2 nd	47.21m 48.40m	PB
Boden Ritchie	U13	90m Hurdles Discus	2 nd 5 th	16.24 19.26m	PB
Conor Mathewson	U13	1500m	5 th	4.33.42	PB
Harsith Rameshkumar	U13	Triple Jump	1 st	10.37m	
Archer Crowley	U14	90m Hurdles Long Jump Shot Put Discus Javelin	8 th 2 nd 8 th 6 th 3 rd	16.11 heat in 13.94 5.45m 11.09m 33.72m 37.04m	PB PB
Joseph Bergin	U15	100m Hurdles 200m Hurdles	14 th 15 th	16.20 30.36	PB PB
Luca Gigliotti	U15	3000m	6 th	9.36.40	
Simeon Anstey	U15	200m 400m	4 th 2 nd	23.49 51.74	PB PB
	U16	4 x 200m Relay	3 rd	130.45	
Daniel Harlow	U16	200m Hurdles Heptathlon	2 nd 6 th	25.95 3961pts	
Dakota Stewart	U16	1500m 2000m Steeplechase	26 th 3 rd	4.22.09 6.11.99	PB
Joel Jakimowicz	U16	100m Hurdles	16 th	14.66	=PB
Sean Majendie	U16	100m 200m 400m	12 th 16 th 12 th	11.44 23.48 53.12	PB PB
	U16	4 x 200m Relay	3 rd	130.45	
Lachlan Wendt	U17	Javelin	3 rd	59.12m	PB

Hayden White T/F38	U17	400m	4 th	63.32	77.90%	PB
		800m	3rd	2.22.97	82.86%	
		1500m	5 th	4.59.41	76.11%	
Ethan Heyward	U17	3000m	11 th	9.04.46		
Kobe Blake	U18	110m Hurdles	18 th	16.58		PB
		400m Hurdles	7 th	57.31	Heat in 56.64	
Cooper Blake	U18	400m Hurdles	13 th	63.98		
Mitchell McNiven	U18	400m	12 th	50.92	=PB	

Watching our Para Athletes Mia Kertesz T/F40 and Hayden White T/F38 doing their events was amazing, outstanding performances against the best in Australia.

This year would have to be our best result on a medal count on record, these achievers are such an awesome group of athletes along with their parents and friends supporting them on each competition day, congratulations and well done to everyone.

2021	3 Gold	2 Silver	3 Bronze medals
2022	7 Gold	6 Silver	2 Bronze medals.
2023	8 Gold	10 Silver	12 Bronze medals





Ted Ruben

Harsith



Houstand



MIA



Boden



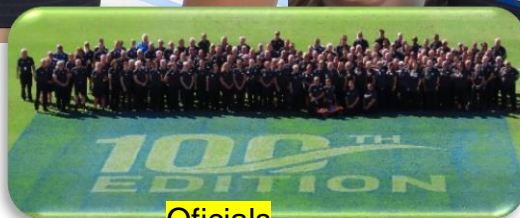
Charlize



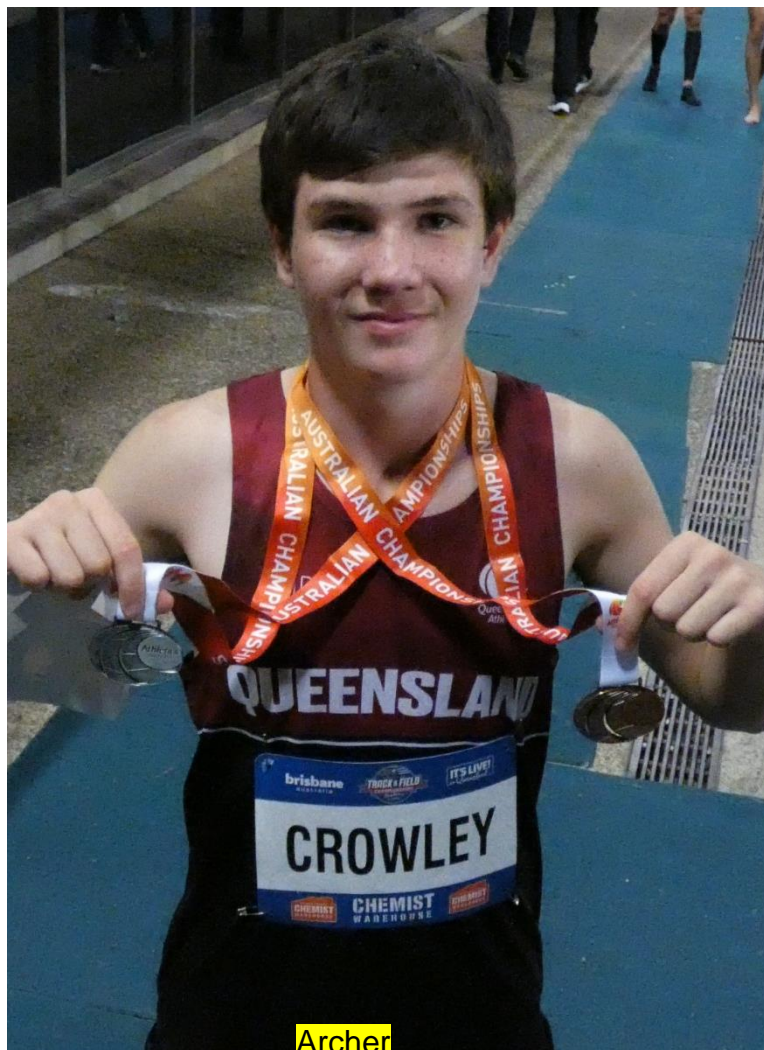
Saskia



Monique



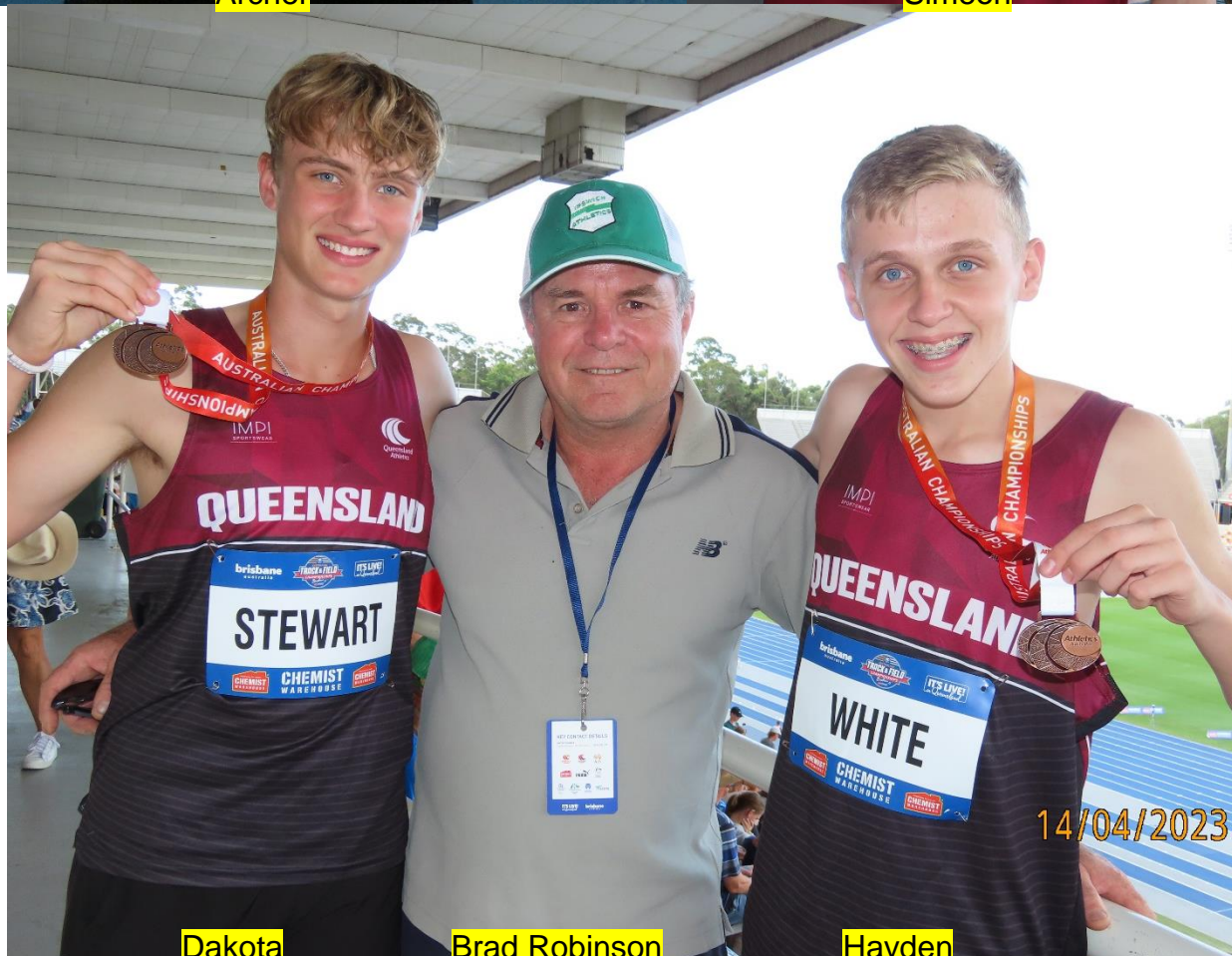
Officials



Archer



Simeon



Dakota

Brad Robinson

Hayden



Daniel



Lachlan



The 4 x 200m Relay U16 Queensland team



Allira



Toby



Abbie



Acacia



Addison



Addison



Charlotte

Elke

Sophie

Tiana

13/04/2023



Conor



Ethan



Cooper



Kobe



Indiana



Joel



Luca



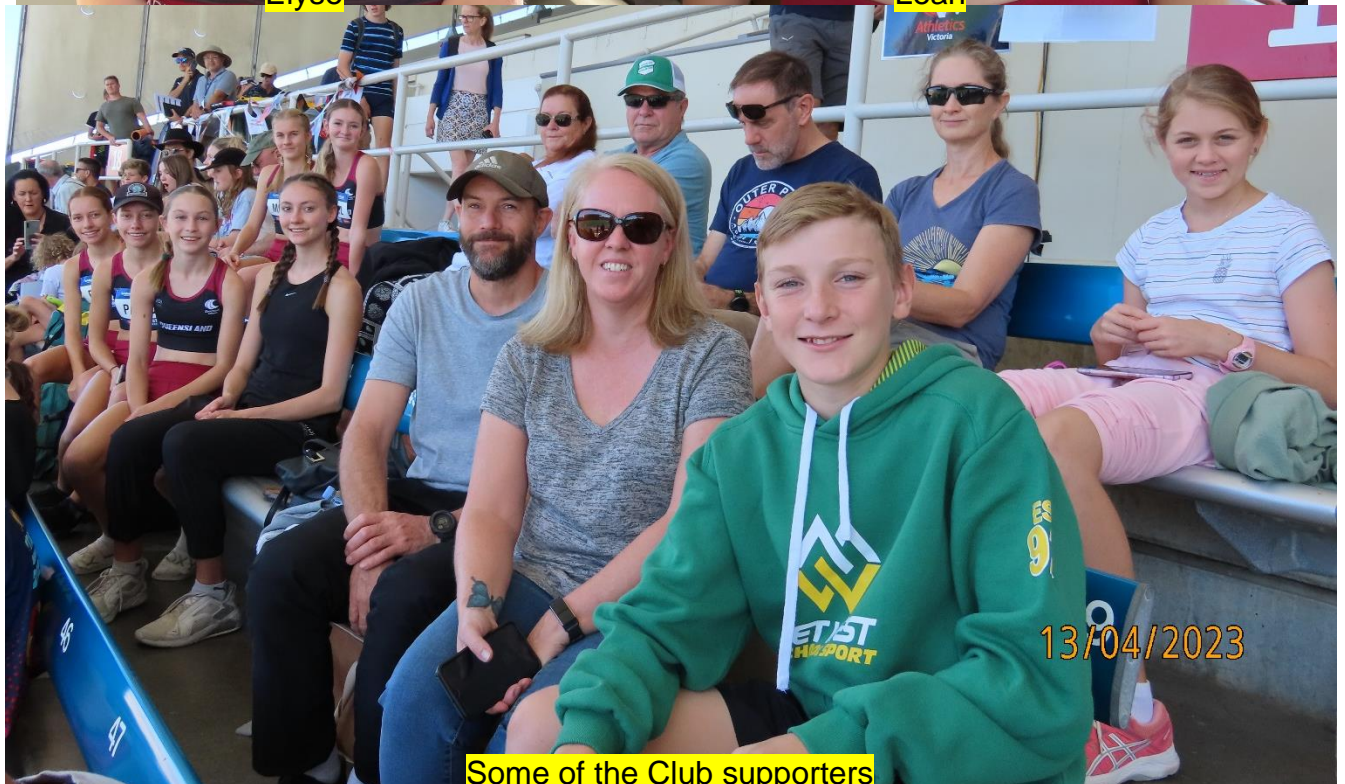
Mackenzie



Elyse



Leah



Some of the Club supporters

13/04/2023

Club Photographers



Jodie-Anne Harlow



Michael Thomas

Club Members, Happy April Birthdays

Theresa (Marty) Stolberg	Xander Paterson	Mackenzie Crowley
Darcy Maguire	Noah Jonker	Hallam Cooper
Teagan Hanlon	Michael Berlin	Tahlia Noon
Lachlan Rolison	Christina Tukuafu	Hayley Wainwright
Layla Hoskin	Tyler Rundell	Sharon Smith

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

The cost of the uniform is as follows:

Ladies Crop Top	\$40.00
Ladies shorts/bike pants	\$40.00
Singlet	\$34.00
Men Shorts	\$52.00
Polo – Short Sleeves	\$57.00
Polo – Long Sleeves	\$62.00
Hoodie no zip	\$50.00
Hoodie with zip	\$77.00
Leggings	\$67.00
Tracksuit Pants	\$75.00
Coach Jacket	\$85.00

Old Stock is on sale at \$5-00 apiece. These can be used for training etc.

Answer to the Question

The winners of the **March** question were *Adelaide Bailey*

The correct answer was: "A Helium Balloon"

A new question is as follows:

Which four consecutive calendar months have an odd number of days in them?

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com

Ipswich Parents and Old Boys

Many thanks to one of our sponsors, the Ipswich Parents and Old Boys for supporting our junior athletes to the tune of \$1,000 who attended the 2023 Junior Australian Athletic Championships, Brisbane.

CLUB BREAKUP

Please note that the Club is to hold its annual **Trophy Breakup** at **10.40am** for an **11.00am start** on **Sunday 28th May 2023** at Brothers Leagues Club, Raceview. Many trophies are given out on this day, so please support all of our members.

I encourage all club members be available on this special day.

Club Champion award.

Achiever of the Year award.

Les Scott Encouragement Award.

Bremer Chiropractic U/20yrs award male & female.

Rookie of the year award male and female.

Most Interclub Participation award.

Club volunteer award.

Highest points for various categories and many more.

It is very **important for all award winners to be present on the day**. It provides inspiration to others as well as to our sponsors.

Our Club's Annual General Meeting will be held and **all positions** are declared vacant and this is your opportunity to become part of the Committee to support this great club.

Nomination forms for positions are available at the Clubhouse.



Les Scott & Associates
A.B.N 34 404 377 930
Australian Credit Licence 385281



Brothers Kindred Club

The committee wants to make all club members and parents be aware that our Club is part of the Brothers Kindred Club. This association encourages juniors in their chosen sports to be acknowledged for their commitment and dedication to their respective sports for a Junior Sports Star award.



The association also likes to encourage juniors for doing their best, helping around the Club and assisting others who may need that little bit of assistance in techniques etc., please advise Vic Pascoe (Club delegate and publicity officer), of any junior you may think needs to be entered for an Junior Sport Star and Encouragement award. **Please phone Vic on 0409 754 884.**



IpswichNewsToday

