



President's Message:

I am really looking forward to the Presentation of Awards. It will be a celebration of a very rewarding year for all in the club. Our athletes have set new standards of achievement, so much so, that there will be a record number of recipients for Awards recognizing their personal performances. It has also been a good year for our finances with successful catering ventures which enables us to support our athletes financially.

It has been a long time since we have brought in a visiting Coach and Peter Lawler did an outstanding job.

We have received funding for Coach and Athlete Development. Just recently the Club reached a milestone of 100 members.

There are many more events still to come in the next couple of months which will be on Notice in the Newsletter. Especially we ask for your assistance on catering days. So please respond even for an hour.

Hoping for big numbers at Brothers for Trophy Day. Stay for Lunch at the Bistro.

Bailey



Congratulations!

Australian Open Track & Field Championships
3 – 6th April 2014
Lakeside Stadium, Albert Park, Melbourne

We can be proud of our athletes from the Melbourne Championships, they have done well.

Ashlee Stieler overall performance has capped off a wonderful achievement after being only placed 9th in the Queensland Heptathlon back in January with a score of 3609.

This massive improvement is attributed doing **PB's** in three events, 100m Hurdles, Shot Put and the Javelin. Training hard and being committed has produced a gold medal. In other words you never give up!

Ashlee Stieler	U/17yrs	Heptathlon	1st	4260
		100m Hurdles	1 st 14.81	862 PB

		High Jump	=1 st	1.58m	712	
		Shot Put	2 nd	10.39m	555	PB
		200m	2 nd	27.38	681	
		Long Jump	4 th	4.82m	511	
		Javelin	5 th	28.03m	439	PB
		800m	7 th	2.46.56	500	
Doug amiss	Open	400m Hurdles	23 rd	55.80		SB
Connor McNamara	Open	3000 Steeplechase	15 th	10.03.34		PB



Committee Notes

Our next Monthly committee meeting is on **Tuesday 27th May 2014** at 7pm. All welcome.

Just a Thought'

I've learned that...to value experiences more than possessions and live without regret.

Track & Field InterClub Competition

All Track and Field events are now scheduled on the **Queensland Athletics website**

www.qldathletics.org.au

Happy April Birthdays

Elizabeth Raeli

Donna Sness

Alexis Berlin

Dina Formanez

Jordyn Sullivan

Leslie Snudrel

Ryan Trace

Clinton Suthers

Ethan Mooney

QAL now has several events scheduled on their website www.qal.org.au

Club Uniform

The Club uniform **must** be worn at all interclub meets, e.g. All comers at St. Lucia and Gold Coast etc. **If the uniform is not worn, no points or performances will be recorded at inter club meets.**

Answer to the Question

The winner of the **March** question was **Amelia Parnell**

The correct answer was: **“Mount Kosciuszko.”**

A new question is as follows: Find at least 17 creatures in this paragraph, Can you name them?

Kneel in the kayak grasping the boat, but don't wrench the bullion or scowl
at the chart. Behind the taped and sealed planter is a benevolent collier.
The foxglove is in the bath.

The **first** club member to reply by email with the correct answer wins a prize.

Email: - vgpascoe1@bigpond.com.au

Club Training Nights

Monday nights and Wednesday nights 7pm to 9pm.

Any other extra training sessions can be arranged with your Coach.

A water bottle, towel and **appropriate warm clothing** are required for all sessions.

CLUB BREAKUP

Please note that the Club will hold its annual **Trophy Breakup** at **9.15am for a 9.30am start on Sunday 18th May 2014**. Many trophies are given out on this day, so please support all our members by attending.

The venue will be the Brothers League Club, Wildley Street Raceview.

Finger food etc. will be provided by the Club. **RSVP** by Monday 13th May 2014 for catering purposes.

Mystery guest speakers will be at the breakup.

It is very important for all award winners to be present on the day. It provides inspiration to others as well as to our sponsors.

Our Club's Annual General Meeting will be held and **all positions** are declared vacant and this is your opportunity to become part of the Committee.

Bailey is resigning from his position of President but will nominate to be on the committee.

Nomination forms for positions are available at the Clubhouse on training nights with the Treasurer/Registrar Greg Parnell. **Ph. 0408 858 551**

GPS CROSS COUNTRY

Date: Wednesday 4th June 2014.

Where: Limestone Park.

The Club is running a canteen for this important event.

Canteen helpers are required between 6am and 12pm midday. If you are able to assist please contact our Canteen Convener Greg Parnell on your availability. **Ph. 0408 858 551**

We need at least 2 people from 6am to 8am and 6 people from 8am to 12pm noon.

Please do not let the Club down, show your support by helping out as all funds raised goes back to the athletes.



Where: Bundamba Racecourse, Ipswich.

Entries close Monday 28th April 2014.

Total \$6,500.00 dollars are up for grabs. Be a part of it and take some home.

An entry form is attached.

"FLASHBACK"



This photo of the Theresa (Marty) Stolberg (nee Martin) & Mark Sills was taken in Townsville 1992 at the Queensland Country Titles. Theresa and Mark were the athletes of the meet.

Both are legends of the sport.

Thanks to Andrew Wheeler providing this memory.

Hopefully there will be future editions of **"Flashback"**.

A Blood Moon not a Blue moon



Did you all see this, if not there is another chance in October 2014.

“Totally Wild”

What a wonderful opportunity to have our Club promoted by having a film crew from *“Totally Wild”* to learn from our committed and dedicated throwers. All were given their chance to demonstrate their stuff in Discus, Shot Put and Javelin. **Alex** of *“Totally Wild”* made it an entertaining event.



Alex

We will advise all when to watch Channel 10 for the episode is on.



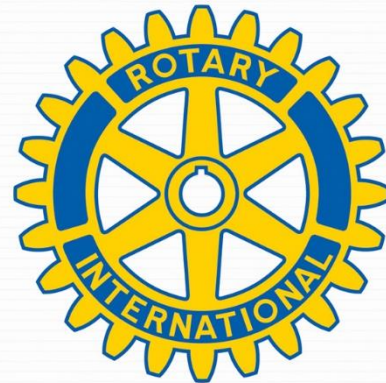
Filoi Aokuso Tori Langton Rochelle Vidler Rhys Carr Zain Carr Maddie Wells

World Junior Track & Field Championships Representatives

Our Club is very proud to have three talented athletes to compete at the Hayward Field, Eugene, Oregon USA from 22-28th July 2014.

The Rotary Club of Ipswich City invited the girls to a breakfast at the Stumps Hotel, 215 Brisbane Street Ipswich. After a presentation on the “myths” of Architecture, President Greg Forster announced on behalf of the Board of Directors a sponsorship deal of \$4,500-00 to assist in the costs of getting to these Championships. It was a wonderful gesture.

Each girl has to raise \$3,500 each for this trip before the end of June 2014 and if you are able to support these wonderful athletes please let me know on **0409 754 884**.



Rotary Club of Ipswich City



Larissa Chambers
100m & 4 x100m Relay

Cassie Purdon
High Jump

Greg Forster

Filoi Aokuso
Discus